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Performance Tip

Awkward lies – How to play a ball below your feet

By Christopher Wright, BSI Golf Coach

Click on the link below to learn how to play a ball below your feet.



| Make the lies less awkward

Unfortunately a golf course isn't flat, so your lies can be awkward.

Get in touch with us to find out how to conquer them.

Let us help

BSI Tournament Results

BSI Premier 18-Hole Medal

Well done to **Hilton Bailey** for winning the BSI Premier 18-Hole Medal with a score of 4-under (68) on Friday 3 February 2023 played at Royal Johannesburg and Kensington GC West Course. This is Hilton's second win and both times he has scored sub 70 rounds, which is really impressive and we hope we see him more regularly on the winner's podium with more low rounds.

Personal Bests:

Keagan Rollinson 69

Fred Njoroge 71

Pranay Kapur 72

Myles Harel 75

Karl-Heinz Meinke 76

Jordan Mathias 77

Langelihle Bulose 85

Yaone Mokgatle 88



Hilton Bailey



*Yaone Mokgatle, Karl-Heinz Meinke, Jordan Mathias, Pranay Kapur,
Langelihle Bulose,
Myles Harel, Fred Njoroge & Keagan Rollinson*

BSI Junior Academy 18-Hole Medal

Congratulations to **Connor Olfson**, on winning the BSI Junior Academy 18-Hole Medal played at Royal Johannesburg and Kensington GC West Course on Friday, 3 February 2023. This is Connor's second win for the year and it's 2 out of 4, which pushes Connor to the top of our Junior Academy Order of Merit with 15 500. Order of Merit with 15 500 points. Connor has also shown some great form whilst representing BSI in the Gauteng High School's Super League. Keep up the hardwork young man.

Personal Bests:

Connor Olfson 70

Dowoo Kim 72

Kaiden Chetty 75

Antoni Theron 76

Ryan Croucamp 85

Thomo Mokgatle 86

Bryce Mogridge 89



Connor Olfson



*Bryce Mogridge, Ryan Croucamp, Thomo Mokgatle, Kaiden Chetty,
Dowoo Kim, Antoni Theron & Connor Olfen*

External Results

Sunshine Ladies Tour's SuperSport Ladies Challenge – Gary Player GC., Sun City (1 – 3 Feb 2023)

Congratulations to BSI Mental client, **Casandra Alexander** in her emphatic win in the Sunshine Ladies Tour's season-opener, of the SuperSport Ladies Challenge played on the Gary Player GC, Sun City from 1st to 3rd February 2023. Casandra went into the 3rd and final round with 4-shot lead and extended her winning score with an unassailable 6-shot victory. Well done.



Casandra Alexander (image courtesy of Ladies Sunshine Tour)

Bushveld Tour Race to Q-School #3 – Modderfontein Golf Course (30 Jan to 1 Feb 2023)

Well done to BSI client, **Jules Helary** who finished tied-34th and final year PGA Diploma student, **George Mawere** who came in 47th at the Bushveld Tour Race to Q-School #3 played at the Modderfontein Golf Course from 30 January to 1 February 2023.

Welcome

We would like to extend a warm welcome to Botswana National Team members **Maru** and **Loapi Chokwe** to our full-time Junior Academy. Last year the two sisters joined us for an intensive one-week training programme and from that moment, chose to further their golfing ambitions at our Academy. We look forward to walking their development journey with them.



Maru and Loapi Chokwe

Online shop

Go to our online shop to view and purchase your BSI gear.

[Buy now](#)

Junior Academy Academic Results

Well done to matriculate Joshua Paisley from our full-time Junior Golf Academy.



Balderstone
Sports Institute
International Study Centre

Congratulations

JOSHUA PAISLEY
GED MATRICULANT

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Science ✓

Math ✓

Not Just Golf

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Let's recap

Catch up on our previous newsletters and re-familiarise yourself with our performance tips.

[Recap](#)

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**WHEN FEEL
MATTERS
MOST**



The new Srixon Soft Feel has a soft yet high-speed core and ultra-low compression. Great feel is a given, but what this combination also does is cause a higher moment of inertia for consistent carry and accuracy. So if feel matters most to you but you don't want that to compromise your distance and accuracy, then you should try the new Srixon Soft Feel Golf Ball.



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