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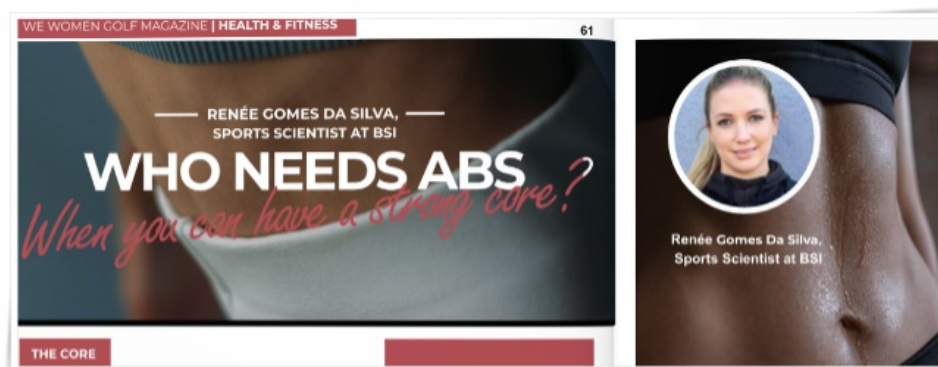
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Performance Tip of the Week

## Women's golf E-magazine

We were recently featured in a new Women's Golf e-magazine called We Women Golf. One of the articles is in the Health & Fitness section, where our very own Renée Gomes da Silva imparted some of her knowledge to how golfers can build a stronger core.



Click on the button below and go to page 61 to follow Renée's tip:

[Read more](#)

## Need some help?

Do you need some help with your game? Click the button and let's help dial in your game.

## BSI Tournament Results

### BSI Junior Academy Medal

Well done to Grant Labuschagne and Eric Ncube on their joint win in the BSI Junior Academy Weekly Medal with scores of 73 at Huddle Park GC on Friday, 4 November. We haven't seen Eric's name on the podium for a few months now, but it's good to see him back with his 7th win for the year. Grant has had a great year with 8 wins so far, and this win being a back-to-back win and pushing for the treble this week. We hope to see a few more wins for both of the boys, with the year closing out soon.

#### Impressive statistic:

Despite torrential rain, a waterlogged course, and a 2-hour delay for lightning and an unplayable golf course, we had 9 of the 13 players shoot impressive sub-80 scores.



*Eric Ncube and Grant Labuschagne*

## Central Gauteng Golf Union Team Announcement

A big shoutout to Vuyisani Makama and Grant Labuschagne who have been selected to represent CCGU at the GolfRSA Junior IPT at Mbombela Golf Club from the 11th-16th of December 2022.

Even more impressive for selection to this U19 team, is that both boys are still only 15 years old. The future is bright. We wish our boys the best of luck and know they will do us proud.



*Vuyisani Makama and Grant Labuschagne*

Bushveld Tour – Teams Championship at Kyalami Country Club  
T9th: Reece Mckain (and partner C Paton)

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 Alumni

## Alps Tour – Bologna Qualify School

Well done to Junior Academy graduate **Titouan Berny** who has made it through the 1st stage of Qualifying School for the Alps Tour in Bologna, Italy, and will now move onto the final stage in Rome.



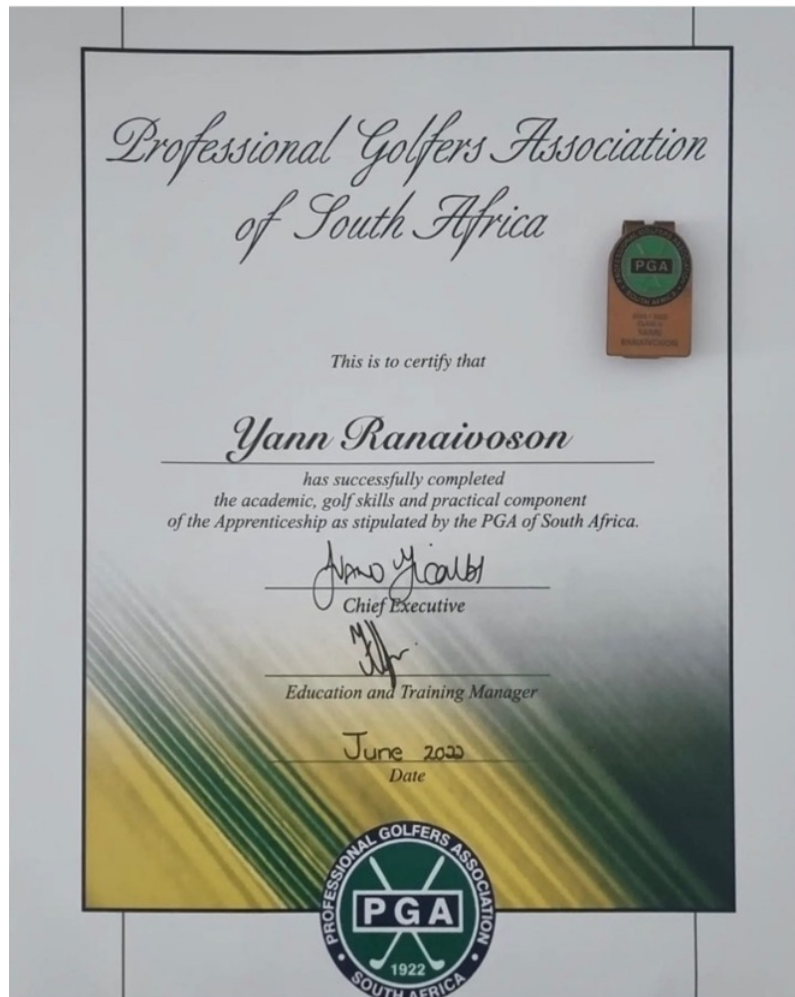
*Titouan Berny*

## PGA of South Africa Graduation 2022

Congratulations to the following BSI PGA Diploma graduates who have completed their requisite post-graduate industry hours with the PGA and have been inducted as full members of the PGA of South Africa:

1. Muhammad Warraich
2. Matthew Higinio
3. Reynardt Olivier
4. Franco Rabe
5. Yann Ranaivoson
6. Cameron Borchers
7. Jose Da Mota
8. David Lamprecht
9. Matthew Murphy
10. Neo Mokgatle
11. Lynette Fourie

Muhammad also won the coveted PGA Post-Graduate Award for 2022.



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## Final Year PGA Student Spotlight

We caught up with final year PGA Diploma student Sean Paxton to learn about his time at BSI. Sean is presently leading our Order of Merit and is also in the semi-finals of our Matchplay Knock-out.

BSI: How did you find out about BSI?

SP: I found out about BSI through my dad who told me about it.

BSI: How has BSI as a Sports Academy helped your golf game and future goals?

years.

*SP: In my golf swing I had major improvements and have gotten stronger physically in the gym. Chris Wright and I have formed a great system over the years and understand each other well. Mark Fairbank has shifted the way I think in golf, but also in life, and treating my life as a Professional would.*

BSI: In which areas have you improved the most over the past few years?

*SP: The biggest change I've had is definitely my swing. It is now way more efficient and consistent. This was through a lot of drills done with Chris.*

*Along with this, I have had to aim to be more confident within these changes and believe I can get around the golf course while not swinging it my best.*

BSI: Any strong friendship bonds built and a sense of family amongst peers, tutors and coaches?

*SP: Yes, there are many bonds and friendships I have built. Two definitely stand out that I will 100% have at my wedding and that is Mangezi and Mark Fairley. We like to encourage and be real with each other in order to help each other grow better in life.*

BSI: Where too after graduation?

*SP: I will be attending BSI in 2023 for the Elite Academy Programme. I will also be going to Sunshine Tour Q-school next year.*

BSI: Most memorable moments/ fun times at BSI?

*SP: I have shot a 64 on Royal Johannesburg & Kensington East course with a hole-in-one and a chip-in eagle. Going 5-under on East making 5*

*birdies from holes 14 to 18, and also achieving the same on the West.*

*Finishing birdie - eagle in Matchplay to get into a play-off against Heinrich Prinsloo. Going 4-under in my last 6 holes in a 4-day to get into a play-off against Bernard Meyer.*

Prior to joining BSI in 2020, Sean was a winner in a BSI Srixon Junior Tour



event in KZN back in 2019. Click on the button below to watch Sean's interview when he won the event:

[Watch interview](#)



*Sean Paxton*

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## What else has BSI Golf been up to?

### SA Kids Golf Annual Prize-giving

BSI were honoured to be part of the SA Kids Golf annual prizegiving. We ran a putting activation for the players with our 1st Year Diploma students who also had the opportunity to meet Pro Golfer **Hennie du Plessis** who is a team member of the 'Stingers' in the LIV Golf Invitational Series.

BSI will be supporting SA Kids again in 2023 with our sponsorship and assistance at events. Well done to SA Kids Golf for another successful year.





## WE WOMEN GOLF

Thank you to Charlene Thomson, for the opportunity to be featured in her new e-magazine We Women Golf. The magazine is produced locally by Charlene, who is an avid golfer, mother and energetic businesswomen who is truly passionate about golf and women in golf.

The latest edition showcases our academy, includes a golf-fitness article by BSI Sports Scientist Renée Gomes Da Silva, and also features BSI PGA Diploma graduate Carmen Taljaard who works for Srixon Golf SA.

Please click on the button below to read our articles and engage with Charlene's dreams and vision in this magazine. You will find our articles on pages 1 through 8.

[Read articles](#)



#### BSI GOLF ACADEMY WHAT DO THEY DO?

BALDERSTONE SPORTS INSTITUTE GOLF ACADEMY TRAINS, NURTURES, DEVELOPS, AND EDUCATES YOUNG GOLFERS TO PERFORM IN THE SPORTING ARENA, TO EXCEL IN THE CLASSROOM, AND TO BECOME LEADERS IN BUSINESS AND LIFE.

The golf academy offers world-class high-performance training alongside high-quality education from high school to diploma level, while developing key life skills for success.

Modern day youth sport demands an extensive competitive and practice schedule, which is not catered for in traditional schooling.



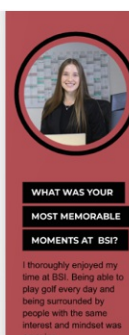
#### WE WOMEN GOLF MAGAZINE | GOLF DEVELOPMENT



BALDERSTONE SPORTS INSTITUTE

Q&A with CARMEN TALJAARD

I love playing tournament golf.  
The adrenaline boost you get before hitting your first shot is incredible.  
I definitely see myself playing more tournament golf in the future.



#### WHAT WAS YOUR MOST MEMORABLE MOMENTS AT BSI?

I thoroughly enjoyed my time at BSI. Being able to play golf every day and being surrounded by people with the same interest and mindset was amazing.

## Online shop

Go to our online shop to view and purchase your BSI gear.

[Buy now](#)

## Not Just Golf

We are hosting a training camp and scouting opportunity with European coaches from Sporting Clube Farense in Portugal.

*"Come and join us for an authentic and unique European football experience."*

Zeca Marques - BSI Football Academy Technical Director.

Don't wait until the last minute, register now and book your spot. For more information contact [footballadmin@bsisports.com](mailto:footballadmin@bsisports.com).

A promotional poster for the SC Farense Soccer Camp. The background features a stylized map of Portugal with green and red splashes. At the top left is the SCF logo, and at the top center is the Portuguese national crest. To the right is a circular logo for Balderstone Sports Institute Football. The main text reads "SC FARENSE SOCCER CAMP 5-7 DEC. 22". Below this, it asks "ARE YOU GOOD ENOUGH TO PLAY IN PORTUGAL?" and "TALENT IDENTIFICATION (2004-2007)". The price "R1900.00" is written in a large, stylized font. At the bottom, it says "REGISTER WITH FOOTBALLADMIN@BSISPORTS.COM". A red speech bubble with a megaphone icon says "REGISTER NOW".

**SC FARENSE  
SOCCER CAMP  
5-7 DEC. 22**

ARE YOU GOOD ENOUGH TO PLAY IN PORTUGAL?  
**TALENT IDENTIFICATION  
(2004-2007)**

**R1900.00**

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**FOOTBALLADMIN@BSISPORTS.COM**

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Let's recap

Catch up on our previous newsletters and re-familiarise yourself with our performance tips:

[Recap](#)

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