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Chipping practice using the flamingo drill

Performance Tip of the Week

Brought to you by Michelle Steyn, BSI Coach

Click on the video below to watch Michelle explain and demonstrate the flamingo drill for us:



Improve your game in the scoring zone

If you would like to become a wizard with your wedge, we can help. Click on the button below and get in touch with our coaches.

Hit better chip shots

Our students are making us proud

BSI Tournament Results

BSI Cycle 2 72-Hole Premier Championship

Well done to BSI Academy Player **Bernard Meyer** for his win in our Cycle 2 72-Hole Premier Championship after a cold, wet and windy week competing on Royal Johannesburg & Kensington GC East Course. Bernard posted scores of 76, 72, 70 and 70 to end level par after the 4 days, and entered a play-off with PGA Diploma student **Sean Paxton** (70,75,70,73).

The quality of golf from both players was superb considering the course and the conditions, with both players finishing 14 shots ahead of 3rd place. Bernard then managed to birdie the 1st play-off hole to win his first BSI Premier 4-Day Championship. This will be Bernard's last major event at BSI as he flies out to the USA in August to take up a scholarship at Columbus State University. We wish Bernard all the best and hope to see him in one or two more of our weekly medals before he goes.

Personal bests:

Chang Sung Nam 74 (Round 1)

Jayson Borchers 74 (Round 1)

Alexander Mornau 76 (Round 3)



Bernard Meyer sinking the winning putt

BSI Junior Academy 36-Hole Championship – Cycle 2

Congratulations to **Vuyisani Makama** on his emphatic win in our Junior Academy Cycle 2 36-hole Championship last week, with a score of 144 (Even par) on Royal Johannesburg & Kensington GC East Course, under very tough winter conditions. Despite the cold rain and blustering wind, Vuyisani managed to play two days of solid golf and recorded an 8-shot victory. Vuyisani now joins up with the Golf RSA National Squad to compete in the SA Boys U17 Championship at Bloemfontein GC.

Personal bests:

Tawriq Abrahams 69



Vuyisani Makama

More achievements unlocked

External Tournaments - Results & News

IGT Road to #5 Akasia Golf Club

Outstanding effort by **Jules Helary** as he took second place in the IGT Road to #5 Akasia Golf Club, played from Monday 20 to Wednesday, 22 June 2022 at Akasia GC. Jules led after round 1 and under very tough conditions in round 2, kept it tight and finished off with a nice solid even-par round on the last day. Shoutout also goes to **Reece Mckain** for his 10th place finish a few shots adrift of Jules. Keep up the intensity and great play gentlemen as we look forward to see you going onto greater things.

IGT Road to #5 Akasia - Final Result		
Pos	Players(s)	Nat.
1	Danielle Du Toit (AM)	
2	Jules Helary (AM) 	
3	Eben Spangenberg (AM)	
	Morne Buys	
5	Conner Mackenzie (AM)	
	Eric Nel	
	Matthew Rossouw (AM)	
8	Andrej Skrbinsek (AM)	
9	Rees Emanuel (AM)	
10	Reece Mc Kain (AM) 	

Celebrating our BSI youth

Youth Month

Youth spotlight this week is dedicated to two individuals who have continuously showed a great willingness to improve themselves on the golf course and in the classroom and have shown some remarkable improvements these past few months in their game. We get to hear from two young men who are taking the game in their own hands and who are really progressing nicely.

Meet Grant Labuschagne and Mogale Baas:

Grant Labuschagne

Gr 9 Cambridge

The journey at BSI is so special to me. There are no words to describe my journey. I have made amazing friends here. Yes, I am having the most fun at BSI.

The coaches and I have a great relationship. The coaches have helped me in my confidence in my sport and I have improved in all areas, but most is my mental game which has improved. BSI in the physical environment helped me a lot toward strength and fitness.

The Study Centre has helped me in my academics and learning, they give me more time to learn. The Cambridge system is tough but the Study Centre helped me with tutor lessons so I can learn the concepts in my work.



Grant Labuschagne

Mogale Baas

GED

BSI has helped me make time for golf so that I can practise and get better. I love the environment and facilities. It has everything I need to get better. The coaches are great, they all help and motivate me every day. The facilitators are amazing, creating a nice, calm environment.

I feel I have improved mostly with my mental game with Mark Fairbank. I feel I have built a good relationship with my mental and golf coaches. I have learnt to think differently on the golf course and how to train effectively.

Personally, I find the balance between sports and academics very easy. It helps me separate the two lives, so that when I am practising, I don't have anything else on my mind. I couldn't ask for better academic facilitators. They are very friendly, easy to talk to, very supportive and always helpful.



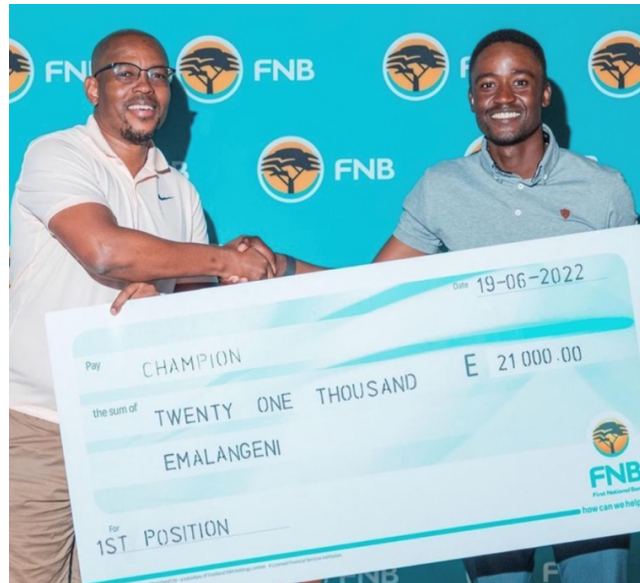
Mogale Baas

Keeping up with our alumni

Alumni News

FNB Nkonyeni Golf Challenge, eSwatini

Congratulations to BSI PGA Diploma graduate, **Mandla MJ Dlamini** on winning the inaugural FNB Nkonyeni Golf Challenge hosted by the eSwatini Professional Golfers Association last week. MJ took home the winning cheque and took first place in the Challenger's Pre-Qualifier. We wish him many more top-of-the-podium placings.



MJ Dlamini

What and when?

Upcoming events

BSI Junior Tour 2022

A reminder of the BSI Srixon Junior Tour 2022 event on Wednesday, 6 July at Umhlali Country Club in conjunction with the KwaZulu-Natal Golf Union.

If you are at Umhlali for the KZN leg, please go say “hello” to our Academy Manager, Jason Joel and Head of Golf Performance, Mark Fairbank who will be helping with the running of the tournament. Please feel free to ask them any questions with regards to our programmes.

A huge thanks to our partners Srixon Golf for their continued support in sponsoring and promoting junior golf in South Africa.

Our next BSI Srixon Junior Tour will be co-hosted with the Ekurhuleni Golf Union and played at Glendower Golf Club on Sunday, 7 August 2022, so register now.

Balderstone Sports Institute

IN PARTNERSHIP WITH
SRIXON
DEDICATED TO IMPROVING YOUR GAME™

BSI JUNIOR TOUR

KWAZULU NATAL GOLF UNION
WEDNESDAY 6TH OF JULY 2022
UMHLALI COUNTRY CLUB

EKHURHULENI GOLF UNION
SUNDAY 7TH OF AUGUST 2022
GLENDOWER GOLF CLUB

CENTRAL GAUTENG GOLF UNION
SUNDAY 30TH OCTOBER 2022
ROYAL JOHANNESBURG &
KENSINGTON GOLF CLUB

NORTH WEST GOLF UNION
TBC

WWW.BSISPORTS.COM

Not just golf

International Study Centre – Youth month

This week we highlight two young gentlemen in our Study Centre who are both very talented sportsmen and initially joined our football programme, but are now focusing more on their studies in their final year. We hear from Christian Rieb and Jonah Jagers, two young men creating career paths through our learning facilities.

Christian Rieb

My dream was always to go to a sports school. I am in grade 12 and started golf and I am developing a passion for it.

The environment is beautiful and a warming place to be. Everybody is so friendly and welcoming, even the staff are outstanding people. The facilities are neat and organised. Coach Tyrone Gibb, wow, what an amazing man. He is the best coach I have ever had.

I have just recently started golf and I am already developing the concept of hitting the ball dead straight. My confidence has risen to its fullest. Love every moment of it, from the minute it starts and to the last bit of it ending is the best time of my life. I feel like I'm home surrounded by family. My day is not hard nor easy, it's sometimes challenging and I love it that way. I manage just about right. All my work is handed in on time and my teachers are thrilled with my performance I put out.

I have strong friendship bonds, as I said, I feel like a family here and that's the whole point. BSI has always helped me when I am down and out. They have picked me up and put me on my feet again, and that's what I love about them.

I really and truly love everything about BSI. They have done so much for me. My most memorable moments are getting those outstanding marks and I could have not done it without the facilitators, they are my heroes. Yes, I am having an amazing time and experience at BSI.



Christian Reib

Jonah Jagers

I found BSI on the internet, my sport is football, I am studying Cambridge IGCSEs.

The environment is refreshing and good. They have mentally prepared me.

I have improved the most with having more discipline and having more focus on what I want in life.

I am handling my academics well, as it is not easy, but I am capable of balancing it out.

The people here are nice people and I have made friendship bonds. The most special moment was when I was in the boarding house and had a lot of fun with my friends.



Jonah Jagers

Let's recap

Catch up on our previous newsletters and re-familiarise yourself with our performance tips:

[Recap](#)

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