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Hip rotation drill for better ball striking

Performance Tip of the Week

Brought to you by Chris Wright, BSI Coach

Watch this simple drill to ensure better rotation of the hips for a more solid strike:



Better your ball striking

If you are looking to improve your ball striking, or if there's another aspect of your game that you would like to fine-tune, speak to us.

[Get in touch](#)

BSI Tournament Results

BSI Junior Academy 18-hole Medal

Congratulations to **Mogale Baas** and **Dowoo Kim** on their joint win in our Junior Academy Medal on **Friday, 3 June 2022**, with scores of 78 on the East Course at Royal Johannesburg & Kensington GC.

This was Mogale's first win in a BSI event and his hard work and processes with his coach, Chris Wright, has certainly payed dividends.

Dowoo took his second win for the year and is starting to show more consistent form. We look forward to seeing these two young gentlemen more regularly on the leaderboard.



External Tournaments Results & News

Ladies European Tour - Italian Open

Congratulations to Mark Fairbank's mental training client, **Casandra Alexander** for her T4 place at the Ladies European Tour – Italian Open. Casandra was only 1 shot off the eventual 1st place play-off winner.

You can view the final scoreboard below:

[Final scoreboard](#)



Casandra Alexander

Celebrating our junior golfers

June is Youth Month

16 June is a very emotive and important day in the history of South African education as it is our time to commemorate the Soweto Youth Uprising and what we know today as Youth Day. This day now provides the opportunity to celebrate our youth for what they are doing and look ahead to their bright futures. In the next few months, we will be highlighting our high school students and getting to know them a little better. This week we hear from last month's Junior Academy Player of the Month, **Eric Ncube**, as well as one of our youngest students, **Connor Olfson**.

Read on to see how Eric Ncube feels about BSI as a 15-year-old:

"My parents told me about BSI, and they thought it is a good school for me and whereby I can focus on my golf. I am now in grade 9, doing the Cambridge curriculum. BSI has helped me a lot because we get access to all the facilities I didn't have before, and I get to practise more. The coaches have helped me in my golf, and they are also supportive.

I have improved my mental game a lot with the help of Mark Fairbank and my coach Chris Wright and the other coaches encouraging me with what I do as a player. I have been handling my studies well, knowing how to balance them with my golf.

The Study Centre facilitators have helped me a lot as they make sure we do the work and we are up-to-date, and the tutors have been helping a lot when we struggle with our schoolwork, so I am very grateful to have them.

I feel supported at BSI. Everybody is looking after each other well, and there is also a connection with the tutors and coaches. I am having fun at BSI. They look after us, make sure we are alright and have made a huge impact on my golf game. I, also as a player, can say that I have improved."



Eric Ncube

Young Connor Olfson describes his BSI experience:

"I joined BSI as I was looking for a school where I could play more golf. I am in year 7 in the Cambridge curriculum.

The coaches have always been there to help with golf, and the facilities are really helping me improve. Everyone here in BSI has made me comfortable, and I enjoy coming here every day. I am mentally and physically better in my golf game than ever before, and I am more confident in myself.

With regards to my schoolwork, I always make sure to do more than I need to do, so if I am sick or have a tournament, I don't need to worry about work. When I have a question, the tutors are there to help me understand.

I have a lot more friends that play golf, and the coaches are a lot of fun to practise with. We all get along and have fun together.

I am always having fun, and I love how this school helps us with our education and has time to focus on our sports. I wouldn't be the person I am today without BSI."



Student testimonial

Catching up with Bernard Meyer

We recently had the opportunity of interviewing past high school student, **Bernard Meyer** as he took some time from his busy tournament schedule to come back to BSI to work on a few drills with his coach, **Chris Wright**.

Watch the video below to catch up with Bernard and to see how his time here has been, and what he is looking forward to before taking up his scholarship at Columbus State University in August:



Cameron Borchers appointed as Pro Shop Manager

Congratulations to PGA Diploma graduate **Cameron Borchers** on his recent appointment as Pro Shop Manager at Mbombela GC.

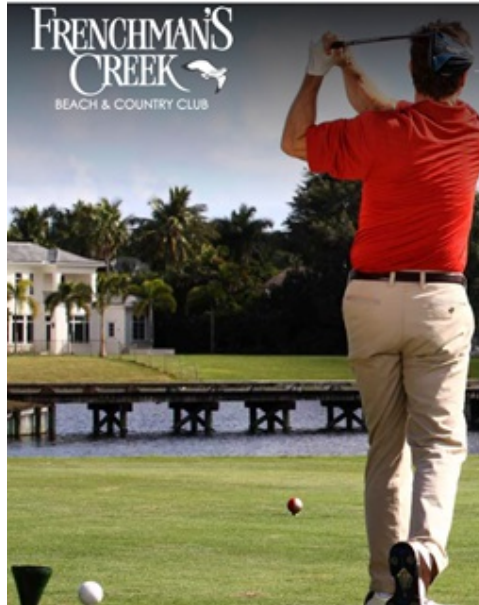
Cameron coaches and is also responsible for club fitting and golf operations, including carts, caddie management, and golf days at the club.

Our PGA Diploma programme provides training in all aspects of the golf industry, and Cameron uses that training to great effect in this role.



Cameron Borchert

Annual Frenchman's Creek visit



We had the privilege of our annual visit from the top management at Frenchman's Creek Beach and Country Club, a high-end residents-only private club based in South Florida, USA. Our PGA Diploma students, once graduated, are offered the chance to work at this exclusive resort and the opportunity to gain amazing experience as a young person in the service industry. Many BSI graduates have taken up the offer to work at Frenchman's Creek, leading to a number of them staying in the USA permanently. For all who have taken this opportunity, it has opened up other doors around the world. The demand is strong over there for our graduates. This is just one more reason to choose BSI as your route into the global golf industry.



Not just golf

The Centre Circle



Read our latest edition of The Centre Circle. Please click on the link below and enjoy the read.

[The Centre Circle](#)

Let's recap

Catch up on our previous newsletters and re-familiarise with our performance tips:

[Recap](#)

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Sharpen your short game

With sharper, deeper grooves, the new Cleveland CBX ZipCore Wedges make it easier to control your wedge shots.

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