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Use your towel to improve your golf

This week's performance tip

Brought to you by Tyrone Gibb, BSI Coach:

Watch part 2 of Tyrone's tip on Youtube on how to use your towel as a training aid.



Start your journey to better

If there's an aspect of your game that you would like to fine-tune, or that we can help with, contact us.



Well done to all our golfers

BSI Tournament Results

BSI Junior Academy Medal

Congratulations to **Eric Ncube** and **Vuyisani Makama** on their joint first-place finish in the BSI Junior Academy medal with scores of 72 on Royal Johannesburg and Kensington West Course on Friday 18 February 2022. Excellent effort by these two young men as they continue their consistent performances enabled through their process and training with their instructors.

Personal bests from last week's BSI Golf Junior Academy Medal:

Lefa Maseng 73



Vuyisani Makama and Eric Ncube

BSI Premier Medal

Well done to **Mangezi Maswanganyi** on winning the BSI Golf Premier Medal played on Friday 18 February 2022, with a score of 67 on Royal Johannesburg & Kensington West Course. His round of 5-under (67) was also a personal best for him for this year and pushes him up to the top of the leaderboard for the Premier Order of Merit 2022. Keep up the great work you are doing in the gym, on the range and with your coaches Mangezi.

Personal bests from the BSI Golf Premier Medal:

Sean Paxton 69

Cobus Brits 71

Seamus Leech 72

Keagan Rollinson 75

JD Ungerer 75

Johan Botha 76

George Mawere 79



Mangezi Maswanganyi

Best of luck to the BSI Team!

Pirie Cup

We would like to wish the team of Pieter-Andre van der Merwe, Lefa Maseng, Pranay Kapur and Tylah James all the best as they represent Balderstone Sports Institute in the Pirie Cup, hosted by Pecanwood College later this week at Pecanwood Golf Estate. We have won this team schools event 3 of the last 4 times the tournament was played.



Team BSI 2020



Student achievements

External Tournament Results

African Amateur Strokeplay Championship

Well done to **Bernard Meyer** on his tied 25th place finish in the African Amateur Strokeplay Championship played at Leopard Creek. **Jules Helary** placed T63 and **Reece Mckain** 79th.

Sunshine Ladies Tour

Congratulations to BSI client, **Casandra Alexander** for her 2nd place in the Sunshine Ladies Tour SuperSport Challenge played at the Gary Player Country Club in Sun City, last week. Mark Fairbank has been Casandra's mental coach for the past two years.

Celebrating our PGA Diploma graduates

Alumni Spotlight

Let's meet **Keegan Dix**, PGA Diploma Graduate 2021 and read below what his experience at BSI has been and some of his favourite times:

"The academy has helped my game drastically. I'm a completely different player. The facilities are of world-class standards, as well as the coaching team and staff.



My mental game as well as my golf IQ has been the most significant improvement this past year. Talking to my coach about the game and how to play and still score when I'm having an off day technically has been very valuable to me.

I have great friendships not only with people in my year but also in the academy as a whole. It's been great that I know when I come back in the future, I'll still have the friendship bonds. After graduation I'll be doing my apprenticeship.

The team challenge has been memorable to me. Waking up early on a Friday morning to play a competitive round of golf with all the excitement will be something I definitely will miss!"

Alumni News - New job posting

We would like to congratulate **Armand Muller**, PGA Diploma graduate 2021 for his new role as apprentice Pro Shop Manager at ERPM golf course.

PGA Diploma Graduate

Parents' Testimonial

Let's hear from Giel Steyn, father of Michelle Steyn, PGA Diploma graduate class of 2021, as he reflects on her journey with BSI. Watch the video below:



Your future in golf starts here

It's not too late to apply for our PGA Diploma Course, Greenkeeping course and our 1-year Sports Management Course. For more information on any of the three courses, please [email us](#).

Apply now

Need to update your gear?

Online Shop

Visit our online shop to view and purchase your BSI gear and services.

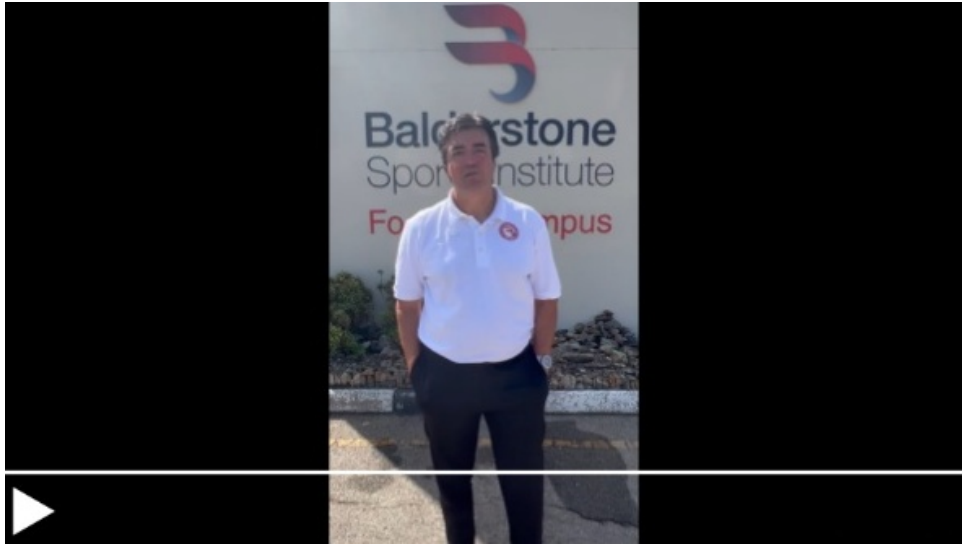
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Not just golf

International Soccer Camp

The exciting International Soccer Camp week is finally here and everyone at the BSI Football Campus is abuzz with anticipation for the arrival of the coaches and chief scout from SC Farense in Portugal.

Catch our interview below with BSI Football Technical Director **Zeca Marques**, as he looks ahead to this week's International Soccer Camp, explaining what players can expect from the experience and the opportunities that may come.



| Last chance to book

There is still time to sign up for the open camp starting on Friday. Forms and payment need to be received by Thursday at the latest. The cost is R3,000 per person.

Contact.football@bsisports.com for details. It's not too late to be part of this memorable experience and potentially life-changing footballing event.

Book now

| Let's recap

Catch up on our previous newsletters and re-familiarise with our performance tips.

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