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From the Founder's Desk

It was wonderful to welcome our new PGA Diploma 1st year students to the Academy on Monday, and it looks like we have a great group of young aspiring players and future golf industry leaders.

In my introduction to them, I reflected on my own journey, to provide some insight into what lies ahead for them. I told them I commenced my PGA college course in the UK, 29 years ago (crikey!!), and that it provided the foundation for a successful career, which has taken me around the world. I promised them that those opportunities will be theirs too. I also promised them that they have enrolled into one of the best golf college programmes in the world, that the time will go quickly, and that they will make friends for life.

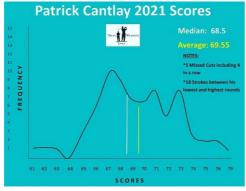
The students are now in the middle of an intensive week of golf assessments. Late enrolment is still open for a limited time and a limited number. Reply to this email to apply.

MIBALDERSTONE



The reality of golf This Week's Performance Tip

Presented by Michael Balderstone, BSI Founder and PGA Master Professional



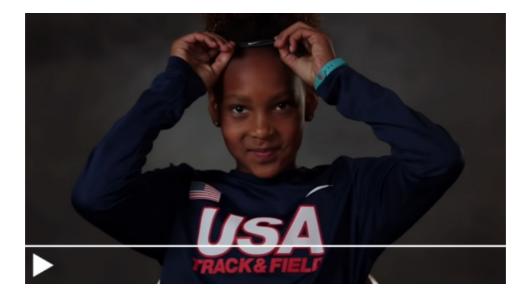
Click on the graph to enlarge

Here is a graph showing the tournament scores for the 2021 PGA Tour Player of the Year, Patrick Cantlay. Despite an amazing season, his season included five missed cuts, including four in a row. There were 18 shots between his lowest and highest scores. Consistency in golf doesn't exist. Parents, please be kind and supportive, and show unconditional love after every tournament round, no matter the score.

Encourage learning from each experience, and a focus on the process and effort.

The truth about sport parents ...

Click on the YouTube link below to watch an amusing, yet honest reflection of what children feel about their parents.



Who's on the winner's list? Tournament Results

BSI Junior Academy Medal

Congratulations to Pieter-Andre van der Merwe, for winning the Junior Academy Medal played on Friday, 21 January, with a -1 (71) at Huddle Park GC, which was also a personal best for him. Well done Pieter-Andre, and may you continue to put your name on the winner's list.



Other PBs: Tawriq Abrahams – 73, Eric Ncube – 76, Pranay Kapur – 77, Connor Olfsen – 88, and Tylah James – 88.

Look who's geared up for victories on the course External Tournament Results

SA Amateur Pre-Qs

Well done to the following BSI players, who successfully qualified for the SA Amateur at the recent Pre-Qs: Vuyisani Makama, Grant Labuschagne, David Harrold, Sean Paxton, Titouan Tregouet and Harry Llewellyn.

They join **Bernard Meyer**, **Reece Mckain** and **Jules Helary**, who are already in the draw from their national rankings.

Good luck to all the players for the tournament, which starts on Sunday, 6 February 2022 at Royal Johannesburg & Kensington GC.

Sunshine Tour Qualifying School



Congratulations to **Reece McKain**, who successfully qualified through Stage 1 of the Sunshine Tour Qualifying School in TI9 place on -1. We would like to wish Reece the best of luck in Stage 2, and in the upcoming events this year.

Free State Open

Academy player, **Jules Helary**, placed T32, and Junior Academy student, **Grant Labuschagne**, placed T57 at the Free State Open held at the Heron Banks Golf Course.

Junior CGGU Invitational

Well done to Junior Academy students, **Tawriq Abrahams** (2nd) and **Eric Ncube** (T3), for their strong finishes in the Junior CGGU Invitational on Sunday at Royal Johannesburg & Kensington GC.

Gauteng High School League

Well done to the team of Eric Ncube, Grant Labuschagne, Pieter-Andre van der Merwe, and Vuyisani Makama for their impressive performance, scoring 50 points as a team on Monday, 24 January 2022, as they beat Helpmekaar (47), Curro Aurora (45) and King David VP (35).



Team BSI: Eric, Vuyisani, Grant and Pieter-Andre

It all starts here! Student Spotlight

This week we would like to welcome our 1st Year PGA Diploma students to BSI, and wish them a happy and fulfilling time over the next three years. We look forward to joining you on your journey, and to seeing many personal achievements along the way.

A special warm welcome to our overseas students. May your time in South Africa be fruitful, and your experiences be happy and memorable.



Part 5: In conversation with Mark Fairbank Staff Spotlight and Value Pillars

This week Mark Fairbank, BSI Mental Coach and Head of Performance, is in our staff spotlight. Mark shares his thoughts about BSI's value pillar of *Positive Energy*, and how it is important to have a positive mindset to achieve your goals.



Watch Mark's video below as he describes his beginnings at BSI, and how he has taken his degree in psychology through to his mental coaching practices.



Hard work pays off, just ask Michelle! Graduate Testimonial



"Our practice facility allows for full swings, chipping and putting, which give us the opportunity to work on any aspect of our game. I am grateful for the relationships I got to build with my coach, trainer, tutors, and my mental coach. It took trust, hard work, heavy days, and patience to get where I am today. I salute my team for helping me become the best version of the golfer I can be."

- Michelle Steyn, PGA Diploma Graduate 2021

Kick-start your golf journey

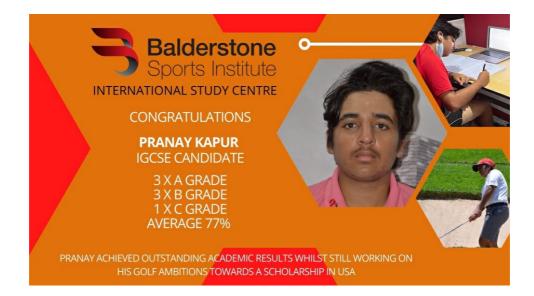
Admissions are still open for our PGA Diploma Course, Green-keeping course, and our one-year Sports Management Course. For more information on any of the three courses, please email: <u>info@bsisports.com</u>.

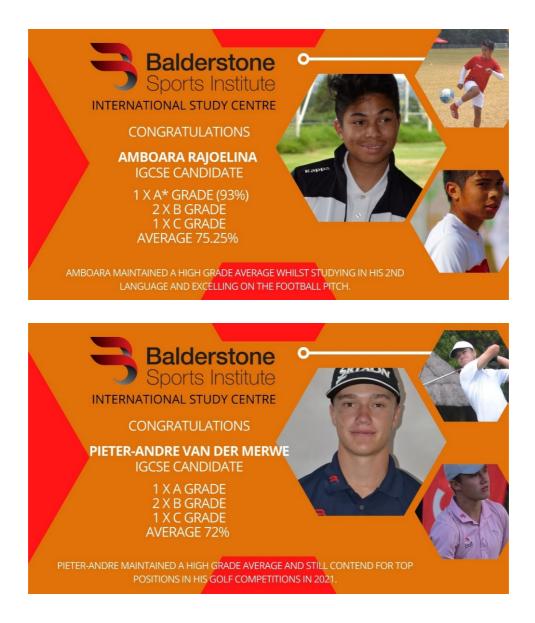
Celebrating our A-team! Study Centre Results

We had a pleasing set of recent exam results, and are very proud of the achievements of our students, particularly as they all have extensive sporting schedules. In fact, eight out of the 24 students who took IGCSE and AS levels exams achieved at least one A grade.

The overall set of results from the Cambridge October/November exams was the best we have had since opening the Study Centre in 2014. Our GED students also did tremendously well.

Here are some of our best academic performers:





Congratulations to these students and all the others who achieved their goal results or better. We will keep you posted about any further graduate news through our various media platforms, as and when we hear about it.

We love our new football home! Not Just Golf

Welcome to the BSI Football Academy Campus Modderfontein

We welcomed our 2022 Football Academy intake to our brand-new campus over the last two weeks. The campus includes two full-size grass pitches, a half-size grass training pitch, two x 5-aside courts, a fitness and medical centre, an academic study centre, changing rooms, canteen and more. Our boys are loving the environment, and when you add our amazing coaching team to the equation, it is exciting times ahead.







International Camp

Players who cannot join our full-time programmes will be able to experience our facilities and train with European Coaches at our upcoming International Camp.

Balderstone Sports Institute Football Academy and Sporting Club, Farense from Portugal, are excited to announce the date for our latest International Soccer Camp, hosted at our exclusive BSI Football Campus in Modderfontein, Johannesburg.

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The international camp will take place from Friday, 25 February to Sunday,

27 February 2022. Contact <u>football@bsisports.com</u> to secure your place.

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