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Parenting a golfer ... Performance Tip

Golf parenting: focus on process, not results

By Mark Fairbank – Mental Coach and Head of Performance at BSI Golf



Click on the link below to read what Mark has to say with regards to parenting an aspiring young golfer.

Read here

Who claimed the winning title? BSI Tournament Result



Congratulations to Jonathan Williams on winning the BSI Golf Premier Medal last week, with a score of 69 on Royal Johannesburg and Kensington East Course. Jonathan has won three of the last five weekly medals, and with this last win, he has made his way into the Top 5 in the Order of Merit. Great stuff Jonathan.

Well done to Langelihle Bulose, who shot his personal best with an 87.



Well done to **Vuyisani Makama** for his win in last week's Junior Academy Medal, with a score of 73 on Royal Johannesburg & Kensington East Course. What a nice way to spend a birthday weekend! Our students are putting their game to the test! External Tournaments

Bobby Locke Invitational

Well done to all the BSI students who competed in the Bobby Locke Invitational held at Parkview GC from 16 to 18 November 2021. BSI's young men took on the challenging conditions, with some respectable placing and scores.

$\Box 8-$ Jordan van Niekerk & Bernard Meyer

T30 – Reece Mckain

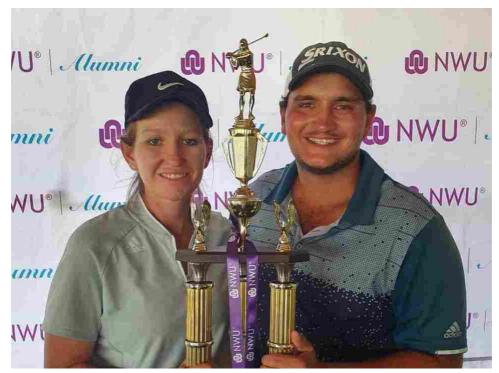
T36 – Mark Fairley & Vuyisani Makama

(Vuyisani was also one of the youngest players competing in the Invitational)

In total, BSI had seven players finishing in the top 45.

Our girls are doing GREAT!

Well done to PGA Diploma student Michelle Steyn on winning the NWU Alumni Ladies Championship this weekend at Potchefstroom GC.



Michelle Steyn and her caddie, Jose

Junior girls rise to the top! One, two (three, four)



Well done to Stacey-Lee van Gent (3rd) and Tylah James (4th) on their finishes in the Mpumalanga Women's Championship Silver Division at Sabie River Sun GC this weekend. Stacey-Lee also placed 1st and Tylah 2nd in the Junior Girls Silver Division.

Keeping up with our old boys Alumni News

A BIG shout-out to BSI Greenkeeping student, Thebe Jacobs, who has been officially contracted as the Assistant Greenkeeper at Kempton Park GC. We arranged for Thebe to do the practical element of the Greenkeeping Programme at Kempton Park, and he impressed them so much that they have hired him full-time. Thebe will be graduating with his qualification at our end-of-year prize-giving ceremony in early December. He has previously graduated with our PGA Diploma qualification, so now has fantastic allround knowledge, qualification, and experience for a successful career in the golf industry.



Thebe Jacobs



Congratulations to BSI PGA Diploma Graduate 2020, **Franco Rabe**, for having recently won the Gauteng North PGA Pro-Am at Pretoria GC with a score of 71.

The future of golf starts here

Enrol in South Africa's Premier College Golf Programme

The PGA Diploma at BSI has been the premier golf college programme in South Africa for more than a decade.

The golf programme includes:

- · Three years of high-performance golf training
- Unlimited coaching
- Unlimited fitness training
- · Unlimited mental sessions
- Membership at Royal Johannesburg & Kensington GC
- \cdot Unlimited rounds of golf
- Range membership
- Weekly 18-hole Strokeplay Tournaments
- · Quarterly 72-hole Championships
- $\cdot\, \text{Order}$ of Merit and statistics record
- Matchplay Championship
- Fantastic prizes from Srixon
- · Clothing pack from Puma
- \cdot Use of state-of-the-art technology

The academic programme includes:

- \cdot Business Studies
- Sport Science
- Coaching
- · Club Management
- Retailing
- Equipment Technology
- Custom Fitting
- \cdot Event Organisation
- \cdot Rules of Golf
- · Career Development
- \cdot Hundreds of hours of practical experience
- · Post-graduate career assistance
- \cdot PGA accreditation
- \cdot Worldwide career opportunities

70% of spaces for 2022 are already taken, with more applicants already in the enrollment process.



Kickstart a career in golf

If you have a passion for golf and want a career as either a player, or in the international business of golf, then don't delay. Secure your space for 2022 while still available. For more information, email <u>info@bsisports.com</u> or visit our website in the link below.

Discover more

Successes worth celebrating Student Spotlight

Our Student Spotlight this week is on PGA Elite Academy student, Harry Llewellyn. Harry has been at BSI since the start of 2021, refining and honing his skills to prepare himself to take on the European circuits. Read below how Harry began his journey to BSI:

"Back in the UK, I was stuck at home with the golf courses closed because of COVID-19 lockdowns. My dad and I started the hunt to get me to play golf somewhere around the globe. With the current golfing talent emerging from South Africa, it was a no brainer that South Africa would be the best choice for my development. My dad has some business partners in Johannesburg. They recommended Balderstone Sports Institute as a great place to go for both the structure they have in place, with at least two competitive rounds each week, along with mental coaching, golf specific physical training and technical golf coaching, along with the fantastic training facilities and the world-class Royal Johannesburg and Kensington GC. After a few phone calls back and forth, I was on a plane headed down to Joburg.

Once I arrived, the warm welcome that I received from all of the staff

at BSI made my transition to South Africa all the more easier. Everyone was there to help me out with anything that I needed. For the first few weeks my game was a little rusty to say the least, but with all the help from the coaching team, I soon started posting some scores that I was more than happy with. Just the amount of golf that is available to the BSI athletes makes it impossible not to improve.

My mental game is by far the area that I have most improved on. Mark Fairbank and I have been doing some great work and gradually ironing out the creases in my game. The exercises and the continuous support that Mark provides is priceless. When I arrived at BSI, my handicap was 4.2 and now closing out the year, I am a +3, which by far exceeded my expectations coming into the year.

Through the year, I have made some great friendships with a lot of the other players that are on the same path as I am. It is easier to make friends and bond with each other when you all have a common goal and all have the same mindset.

This year has been great, I have played more golf than I could have ever imagined, it really has been a blast. Next year, I will be returning to BSI for the first couple of months in the year and working heavily with Mark Fairbank in preparation for the Euro Pro and Challenge Tour Q schools later in the year. BSI has been the most ideal place to get me settled in and comfortable here in South Africa, enabling me to play my best possible golf this past year. I have come on in leaps and bounds as a player on and off the course. Gaining more experience as a golfer and as a person. I thank all the staff at BSI for everything that they have done for me this year and I cannot wait to hit the ground running when I return next year."



Harry Llewellyn

Kids Holiday Golf Camp – 7 to 9 December 2021

Say yes to more greens and less screens this holiday

Bring your kids to come join us during their school holidays for a fun 3-day golf camp. Adult supervision in a safe and healthy, sun-filled, fun-filled environment.

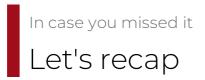
Sign your child up



Professional Football Trials



We would like to wish our BSI Elite Development players, **Resego Mogatusi** and **Francis Mponda** all the best for their one-week evaluation at DSTV Premiership side, Stellenbosch FC. The five-day intensive trials will see the players training with the Premiership team, and provide the players with the opportunity to showcase their talents and experience a professional football environment. Good luck guys, we wish you all the best in the selection process!



Catch up on our previous newsletters and re-familiarise with our performance tips.

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Koepka joins Srixon and Cleveland Golf After several years as an equipment-free agent, four-time major winner, Brooks Koepka, has chosen to play only Srixon-Cleveland equipment on Tour. He joins fellow major winner Hideki Matsuyama as part of Srixon-Cleveland's Tour Staff.



The best iron I have played on Tour

– Koepka on the Srixon ZX7 Iron

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