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## From the Founder's desk

After poor Ryder Cup performances, seeing Rory McIlroy and Matt Fitzpatrick win again on the PGA and European Tours this weekend is yet another reminder that there is no such thing as consistency in golf. World No.1 John Rahm missed the cut in Europe btw. Golf performance is a constant process, working on improvement or maintenance that will never be static. Keep that in mind and be kind to yourself (or those you support) during the dips in form.

*MJ BALDERSTONE*

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Premier Academy Weekly Medal

## BSI Tournament results

Congratulations to Jordan van Niekerk on his first place finish on Friday 15 October 2021 in the BSI Premier Academy weekly medal with a 68 on Royal Johannesburg & Kensington East Course.



*Jordan van Niekerk*

Congratulations go to Mark Fairley (70) and Cobus Brits (75) for personal bests on the day. Keep up the great work with your coaches and the hard-work on the range.

## | Junior Academy Weekly Medal

Well done to Vuyisani Makama on winning Friday 15 October 2021 BSI Golf Junior Academy Medal with a score of 70 on Royal Johannesburg & Kensington East Course.



*Vuyisani Makama*

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## External Tournaments

Under 15 Quadrangular Regional Series

Congratulations to Grant Labuschagne, Vuyisani Makama and Eric Ncube who represented Central Gauteng in the U15 Quadrangular Regional Tournament beating North West (7-2), Mpumulanga (9-0) and Ekurhuleni (7-2). The three young gentlemen enabled their team to an outright victory over their opponents at Pecanwood over the weekend.

**Results:**

Grant Labuschagne: 6 – 0

Eric Ncube: 5 – 1

Vuyisani: 4 – 2

Lefa Maseng represented North West U15s and had a record of: 5 - 1



*Three BSI students from left: Grant Labuschagne, Eric Ncube & Vuyisani Makama*

Well done to Tawriq Abrahams who also represented Central Gauteng in the Under 17 division and in his singles matches had a result of 2 – 1.

Congratulations to all the boys for firstly being selected by your regions and then for attaining such great results.

Gauteng High Schools 'A' League

Monday 18 October 2021 saw our BSI students of Pieter-Andre van der Merwe, Vuyisani Makama, Tawriq Abrahams and Grant Labuschagne compete in the Gauteng High Schools 'A' league at Randpark Golf Club. Congratulations to the boys who took the win with an impressive 55 points over Dainfern A (47), Trinity House A (42) and KES A (39).

Scores: Tawriq Abrahams (-2); Grant Labuschagne (+1); Vuyisani Makama (+1); Pieter-Andre van der Merwe (+2). A team total of 2 over par. Well done!



*From left: Grant Labuschagne, Vuyisani Makama, Tawriq Abrahams, Pieter-Andre van der Merwe*

Next week 25 October 2021 – BSI vs Trinity House A vs King David VP vs Curro Aurora B at Randpark

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More about Michelle Steyn

## Student Spotlight

In the next series of soon-to-be graduating BSI students, we would like to introduce you to Michelle Steyn a young lady who is completing her PGA

Diploma and about to start her career in the golfing industry. Let's see what she has to say about her time at BSI:

"As a final year student, I can gladly say that my golf has improved tremendously. Not only technique, but also skill levels as my long and short game speaks for itself. My coach, Coenie Stoop never gives up, even when there were times that I wanted to. Whilst I am always trying to improve and work on my game, I can say that I am able to play any course with the ability to set a good score.

Our practice facility gives us the opportunity to work on any aspect of our game. Off the golf course and practice areas, we have the privilege to train with Renée Reinecke inside the gym and also outdoors.

The past three years I've been working with Mark Fairbank on my mental game, on and off the course, which made the complicated situations simpler for me to enjoy the game and have fun. Better course management, target selections, how to stay focused for longer and acceptance has been a result, as I got mentally stronger. I love working with Mark as I get new perspectives after each session and that allows me to go out there with more confidence and a healthier attitude. Mark is a great mentor and I am grateful to work with him.

I take interest in all subjects. I study to learn as much as possible and I put great effort into all my assignments. Moreover, I appreciated all explanations granted to me (no matter how many questions I asked), and to all lecturers and coaches, especially to Mark, who were always willing to go the extra mile to help me prepare for assignments and exams prior to submission.

I am grateful for the relationships I got to build with my coach, trainer, tutors and my mental coach. It took trust, hard work, heavy



trainer, tutors and my mental coach. It took a lot of hard work, many days and patience to get where I am today. I salute my team for helping me become the best version of the golfer I can be.

A great moment for me was when we got our exam results back and I got 100% for Sports Science (I had to double check that!). Receiving an award for the top academic student 2019 and 2020 was great. Moreover, being awarded Female Player of the year 2020 was definitely a memorable moment!

After graduating in December 2021, I will start working the required hours to graduate as a PGA member, I am excited to start my career and to continue playing. A few opportunities have made its way and interviews been done, now it's time to see which door God will open."

Michelle Steyn



# BSI 3rd Year Students Golf Day

BIG SHOUT OUT to our Final Year PGA Diploma students who put together an awesome golf day. It was a very successful day that was well attended and well organised by the team of seven graduates of 2021.

Thanks to all the sponsors who got involved and a big thank you to all the players who dug deep into their pockets to ensure that our charity is well supported.







For more pictures, click the button below.

[View the pictures](#)

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A new member to our Junior Academy

## Welcome to Tylah James

BSI would like to welcome Tylah James to our Junior Academy. We will be guiding Tylah towards her goal of achieving a golf scholarship to US College in the next two years. Tylah has chosen to study using the American GED curriculum at our International Study Centre. We wish her all the best in her studies and many happy golf swings.



*Tylah James*

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# Alumni News

Congratulations to BSI PGA Diploma 2015 graduate **Ginger Delacrétaz** on her recent appointment as Custom Fitter for Precision Golf in Dubai.

Another example of how the PGA Diploma at BSI, combined with our post-graduate support system, provides our alumni with global opportunities in the business of golf.



*Ginger Delacrétaz*

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Practice with a Purpose with Alignment Sticks

## Performance Tip

The Performance Tip of the Week is brought to you by **Tyrone Gibb** – BSI Coach.



Alignment sticks are one of the most under-rated training aids to add purpose to your practice and provide much needed feedback. Here are a few examples of how alignment sticks can be used for:

## 1. Alignment

Use alignment sticks to show where your body lines up and where your club face aligns. Matching these up can help tremendously on finding your correct alignment for your intended target.



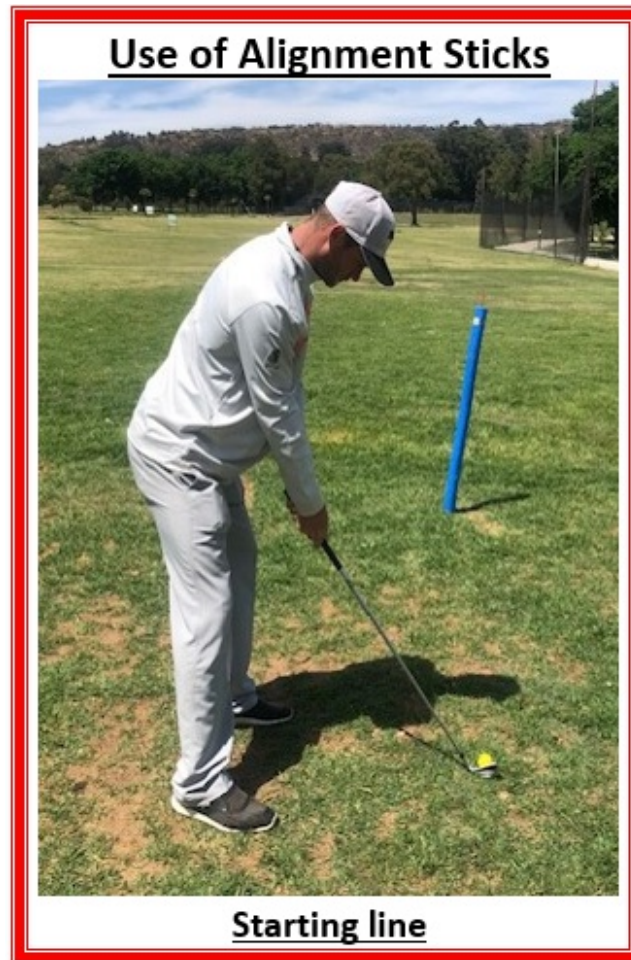
## 2. Swing path

Use them to find your swing path/ plane, matching the alignment stick with your shaft address will allow you to see if you are on plane on the backswing and the downswing. This helping you find a consistent swing plane.



### 3. Swing line/ target-line

Put the alignment stick exactly in the path of your intended target about 3 metres in front of you. Using a pool noodle to put over the alignment stick will help not break your alignment stick if the ball is hit straight at it. This will help with start line, if you want to hit a fade, start the ball left of the alignment stick, and if you want to hit a draw, start the ball right of your target. This will also help you understand face control and swing path.



### 4. Gate for putting

Use the alignment sticks to create a gate, lay them down in the width of your putter, creating a lane or alley, this will give visual feedback on how you are manipulating the putter head through your stroke, giving you feedback as to what type of stroke you have. Thus, also helping in getting fitted for the correct putter.

Use these basic drills with alignment sticks to help you get more out of your practice and not just hitting balls at the range without purpose or meaning.

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## ■ Not just golf

We are proud to announce that BSI Football Technical Director **Zeca Marques** has made a return to professional football in South Africa after signing a two-year deal with GladAfrica Championship side Tshakhuma Tsha Madzivhandila. He remains a committed shareholder and Technical Director at the BSI Football Academy and we are excited for his new chapter in professional football.

A few words from Zeca on his new position:

“Thank you for all your kind wishes. The fact that I am going back to Professional Football changes absolutely nothing at BSI. In fact, I know that this will only be beneficial for our youngsters. This will open doors for our youngsters, being in touch with other coaches and club chairs, will allow to promote some youngsters. I believe that this was a blessing in disguise as we are now able to engage with the real decision makers. I am still in regular touch with Eurico and the Coaches. The academy is in good hands. My role is now to promote our Boys.”





*Zeca Marques*

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