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## From the Founder's Desk

### BSI Golf

Our Junior Academy students were on fire last week, with 3 wins in national or provincial tournaments, across 3 different provinces. We also had a host of top 5s, top 10s and personal breakthroughs in there too. Congratulations to all the players involved. See details below.

*MJ BALDERSTONE*

## Tournament Results

### Premier Division Medal

Congratulations to **Heinrich Prinsloo** on winning last week's Premier Division Medal with 69 on Royal Johannesburg and Kensington East Course. It's been a while since Heinrich has taken top spot and we hope his form continues going forward.

Well done also to **Jaguar Mosia** (81) who achieved a personal best on the day.



Heinrich Prinsloo

## Junior Academy Medal

Congratulations to **Michael Wallace** on winning last week's Junior Academy Medal with 76 on Royal Johannesburg and Kensington East Course.

Michael has shown great consistency and with his excellent play has kept his Order of Merit position at Number 1 and now has 69 975 points as of 23 August 2021 – an unassailable lead of 30 827 points on the rest of the field – Excellence personified Michael!

Well done to **Ethan Joseph** for his personal best of 77.



Michael Wallace

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## External Tournament Results

Congratulations and applause go to Junior Academy student **Bernard Meyer** on finishing T1 in the KZN Amateur Qualifier at Durban CC with scores of 66 and 68 for 10 under par on the classic layout. Bernard then reached the quarterfinals of the Matchplay section.

With these results, Bernard has reached 32nd position on the Golf RSA national open amateur rankings. His goal for the year was reaching the top 50, so we'll now need to reassess the target.

Bernard is a gentlemen who is truly determined and has the ability to go a long way in the game.



## Results from the North West Golf Union Junior Under 15 Division

Sunday 15th August at Magaliesberg Golf Course

Congratulations to Mojalefa Maseng on winning the NWGU Under 15 division played at Magaliespark GC. Mojalefa (pictured below with his trophy) scored 74 and was the lowest score in all the divisions on the day.



## Results from the Central Gauteng Golf Union Junior Tournament

Thursday 19 August 2021 at Kyalami Golf Course

2nd Place: Jayson Borchers

3rd Place: Vuyisani Makhama

Tied 4th: Michael Wallace

Top 15 finish: Joshua Pretorius, Dean Herbert and Leo Burger

We had a total of six BSI juniors in the top 15 at this tournament. Well done!

Reminder: Central Gauteng Golf Union – Junior Tournaments

The final CCGU 18-hole Junior Tournament in August.

Tuesday 31 August (AM): Parkview

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## SA Kids Golf

Junior Africa Challenge

This week BSI is at the Junior Africa Challenge at San Lameer hosted by SA Kids Golf.

We wish all the entrants Good Luck and hope they have an enjoyable week.

We would like to thank Andrew Wier, CEO of SA Kids Golf, for giving us the chance to support his NPO and to ensure that children are given the opportunity to develop their game and experience such a wonderful occasion in golf and more so in Junior golf.





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## Alumni Spotlight

The spotlight this week is on:

Chalton Steyn

PGA Diploma Graduate 2017

Head Teaching Professional, EOGA Killarney



### Alumni Testimonial

"I got a really good education about the golf industry as well as the business around golf which prepared me a lot for my current job in coaching. The lectures and coaching are good quality. The facilities at Royal J and K are superb. The technology available with FlightScope and K Vest etc.

Excellent staff. I also learned a lot as an intern coach at BSI and it helped me grow as a golf instructor, as well as a human being away from golf.

If you are serious about a career in golf, and want the best PGA Programme, then BSI is fantastic."

- Chalton Steyn

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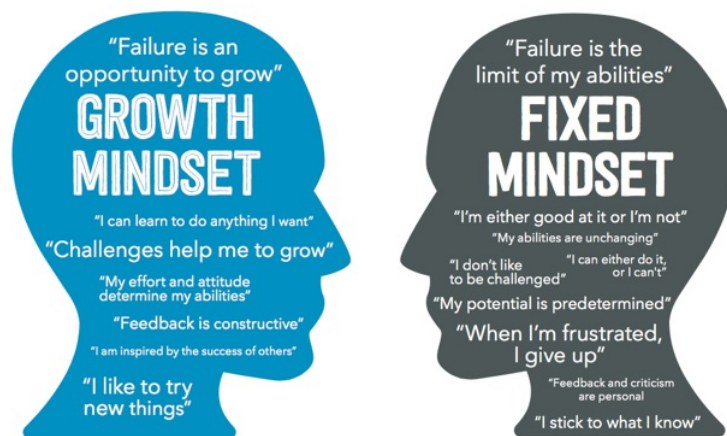
## Performance Tip

Performance Tip of the Week is brought to you by  
**Mark Fairbank** – BSI Head of Performance Golf – Mental Coach

## The Importance of a Growth Mindset

During my time working with elite athletes I regularly find players say things like, "I can't putt", or "I always start badly" or "I always choke under pressure". I've experienced parents and students from the classroom perspective saying, "I can't do maths" or "my child is not an academic". These quotes are examples of a Fixed Mindset. This is the belief that one's skills and qualities are carved in stone, that we are born a certain way, and with certain talents that predetermine how good we will become. These individuals, talented or not, almost always do not realise their potential.

We rather need to instill a Growth Mindset into all individuals and athletes. This is the belief that all skills, qualities and abilities are trainable and can be cultivated through our own efforts in training. A great example is a Rubik's cube, these are often seen as mythical objects that only geniuses can solve, majority of individuals wouldn't even try because their Fixed Mindset beliefs prevent them from doing so and indoctrinate the belief that they are not smart enough. The reality is that you can just download an app that shows you exactly how to make each movement, and with enough time, you just need to memorise these movements and you are able to complete a Rubik's cube and look like a genius.





We must move away from using words like “She’s just talented” or “They are gifted” and rather encourage ourselves and our children to understand that everything is the culmination of hard work and the effort put in over time - Growth Mindset. No matter what it is, it can always be achieved with the right effort, motivation and intensity.

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## Online Shop

BSI Red Mask



Go to our online shop to view and purchase your BSI gear.

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## Not Just Golf

## Happy Women's Month

As in our two previous newsletters, we believe that just one day cannot encompass the spirit of womanhood and we have dedicated the month of August to all women, so in continued celebration of Women's Month, we would like to applaud and give recognition to two of our own BSI study centre students, **Layla Blue** and **Cara van Deventer**.

### *Layla Blue*

Layla is a top achiever in track and field and currently holds ten gold and two silver medals across various disciplines, which she has received at numerous competitions. She is also an avid long-distance runner and participated in several events, with her achieving a personal best time of 18 minutes over 5kms. She is a two-time South African colours recipient in karate and has also been awarded provincial colours four times.

One would think that with Layla's commitment to her sports, that her academics would come second, but quite contrary to that, she has shown great passion, commitment and dedication to her studies. In her recent Cambridge exams she achieved an 'A' aggregate across all her subjects.

Well done Layla, you exemplify what true top achievers at BSI are always striving for – Excellence in all that they take on.

"BSI has been a great opportunity for me to balance my school work and sport life. It challenges me in certain areas of my life and helps me to be a better person."

- Layla Blue



## *Cara van Deventer*

From a young age, Cara found a strong passion and enjoyment for tennis and has chosen to pursue her devotion for the game. By solely concentrating on playing tennis, has resulted in Cara achieving incredible feats for her age group. In 2019 and 2020 she came second with the most points won through serving Aces and in 2021 took the honour of 1st place.

Cara has committed herself to practice and improve her game and every day she takes to the court, she strives to make her progress up the rankings.

Despite her pushing for top honours on the tennis court, she is still able focus on her schooling and to maintain a high academic record.

Keep it going, Ace!

"BSI means a lot to me, it has helped me with my academics, given me the time to focus on my tennis and I have made some great friends."

- Cara van Deventer



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