



From the Founder's Desk

It is great to have our students back in action at the academy again this week. Even though our academics are currently being conducted online, our golf training and tournaments are back to a fairly normal schedule and the students are motivated for a great 2nd half of the year.

BSI Tournament Results

Who's in the winner's cycle?

We're catching up a few medals that were missed due to Covid regulations last cycle. Congratulations to **Reece Mckain** on winning last week's Premier Medal with 69 on Royal Johannesburg & Kensington West Course.

Reece was in the winner's cycle again in yesterday's catch-up medal, alongside PGA Diploma student, **Mangezi Maswanganyi** after rounds of 74 in cold and windy conditions on the East Course at Royal Johannesburg & Kensington GC. We also had a personal best from Keagan Rollinson in T3 place with 75.

With these performances, Reece moves to the top of the Premier Order of Merit. Massive thanks to Srixon Golf SA for the continued sponsorship of our weekly medal prizes.



Reece Mckain



*Reece Mckain and Mangezi
Maswanganyi*

Congratulations to **Bernard Meyer** on winning yesterday's Junior Academy Medal with a 2 under par round of 70 at Huddle Park. We also had personal bests from Lefa Maseng (74) and Josh Clark (80).



Bernard Meyer

Student Feedback

A shout-out to the coaching team

Here is a nice message from one of our Junior Academy students to his coaching team of Mark Fairbank (Mental Coach), Chris Wright (Golf Coach) and Renée Reinecke (Strength & Conditioning Trainer).

"A big thank you has to go out to Mark, Chris and Renée for always believing in me and helping me. You guys have played a big part in all this through my injuries and everything. You guys have kept me positive, now I must just carry it on."

Performance Tip

Putt like Tiger

with PGA Master Professional, Michael Balderstone

Here is a simple technique used by Tiger Woods throughout his career, which will help you simplify your putting stroke and reduce the moving parts that can cause inconsistency.

1. Maintain your spine angle throughout your stroke and hold it in the finish position while the ball is rolling.
2. Hold the putter at the finish of the stroke. Don't rebound it back or move it around.
3. From this position, simply turn your head to watch the ball track towards the hole, while still maintaining your posture.

Here is the technique demonstrated to good effect by Junior Academy student, Bernard Meyer.



Not Just Golf

Growing our next generation of footballers

We're really excited to launch our Soccer School for 6-13 year olds at our new football training facility in Modderfontein.

Our expert coaches will provide age-specific training to build a love of the game and a solid platform for future success by laying the foundations of skill, technique and physical literacy.

The initial program will start on Saturday mornings from the 11th of September, and will extend to midweek afternoon sessions from next year.

Limited spaces available. Please book at football@bsisports.com.

**First
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