



From the Founder's Desk

Another week and more fantastic results from our students from junior to professional. See news below. We've still been receiving applications for all our programmes and our academy has reached a record number of full-time students. It seems that our combination of sports training and education is becoming more popular as the world goes through a major shift in focus and priorities.

With matric results coming out shortly, we are still keeping our PGA Diploma enrolment open until the end of February. SA's most popular golf college programme provides the chance the study, train and compete for three years in preparation for a career in golf.

MJ BALDERSTONE

BSI Tournament Results

In the winner's circle

Reece Mckain won last week's Premier Medal with a score of 70 on the West Course at Royal Johannesburg & Kensington GC. We also had personal bests from **Jonathan Williams, Mark Fairley, Titouan Tregouet, Kyle Ferreira, Mangezi Maswanganyi, Armand Muller, Julia Jacobs** and

Keagan Rollinson.



Reece Mckain

Well done to **Josh Karantonis** on winning last week's Junior Medal with a score of 71 at Huddle Park. **Bernard Meyer, Tawriq Abrahams** and **Ethan Joseph** also beat their personal bests.



Josh Karantonis

The BSI name is flying high

Congratulations to BSI graduate **Mohit Mediratta** on claiming his first professional title in the Kenyan Safari Tour event at Muthaiga Golf CC, with rounds of 69, 72, 69, 71. Mohit came through our PGA Diploma programme.



Mohit Mediratta

Congratulations to Junior Academy student **Vuyisani Makama** for winning the Boys 14 category in the SA Kids Golf world qualifier at Huddle Park, with scores of 70 and 78 for a 3 shot victory.

Fellow Junior Academy students **Dean Herbert** (77,73) and **Tawriq Abrahams** (79,71) placed 3rd and 4th respectively in the Boys 15-18 category.



Vuyisani Makama

Daniel Nduva finished in T21st place in the African Amateur Strokeplay Championship held at Glendower GC last week. He has now moved up to 28th in the SA national rankings.

Heinrich Prinsloo and **Reece Mckain** both qualified for the SA Amateur Matchplay Championship by finishing in the top 64 in the 36-hole Stroke Play qualifier.

Sometimes the progress of a player is not reflected in final results, but rather in smaller victories and breakthroughs. One such forward step happened last week, when Sunshine Tour player **Allister de Kock** led after the first round in the IGT Pro Challenge Tour event at Modderfontein with a 6 under par 66.



Allister de Kock

It ended up as the low round of the event and he also tied for the most birdies in the event, which aligns with his goal of becoming more aggressive in his play. Although he finished in T12 place, the progress is no less significant.

Not only golf

Our students are making waves outside the golfing world

As we operate across multiple sports, I thought I'd add a "Not only golf" section to the newsletter for those interested in the other sports that we cater for. We are delighted to welcome **Lerato Ramokhabi** and **Laylah-Blue Lipchick** as full-time students in the BSI Cambridge Study Centre.

Lerato plays centre-back for JVW Girls Football and has joined BSI for the academic component of a high-performance girls' academy. We have partnered with JVW in line with this component. Lerato also plays basketball at Wanderers Sports Club. One of her goals is to go to college in USA on a football scholarship and hopefully pursue a professional career in football after that.

Laylah-Blue has SA colours for Karate and is also an eager athlete at many disciplines including sprinting, long distance running, duathlons and triathlons. She will be doing sprint training with BSI athletics coach and former Olympian, Geraldine Pillay. Laylah-Blue's goal is to go to college in Hawaii and pursue a career in sports, health and fitness.



Lerato Ramokhabi



Laylah-Blue Lipchick

The BSI Study Centre is open to any sports-focused youngsters from grades 8 to 12. The Cambridge curriculum provides a highly respected and widely recognised international qualification. Our academic system allows more time and flexibility for youth-athletes to train and compete in their chosen sports.

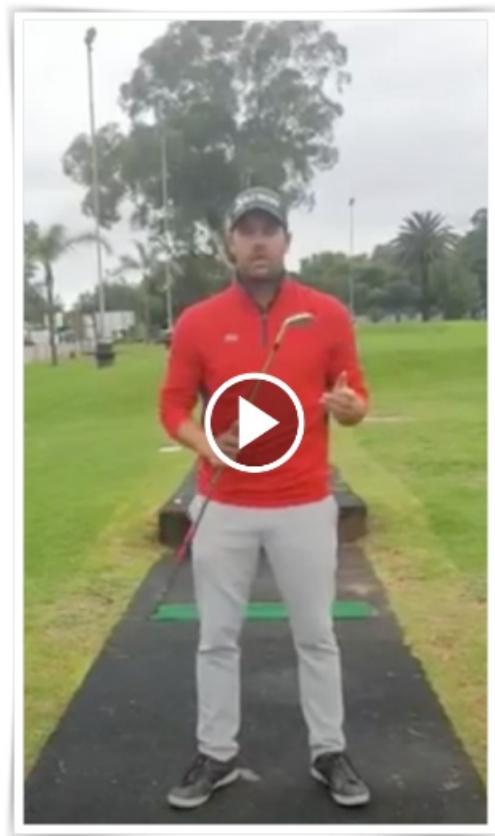
All of the athletes in our Junior Golf Academy and U19 Football Academy are enrolled in the study centre. We also currently have students who specialise in tennis, karate, athletics and basketball.

Performance tip

Difference in grip gives different ball flight

The best players in the world are constantly keeping a check on their basics, such as posture, grip, and alignment (P.G.A to help you remember). So, it's a no-brainer that all golfers should be doing the same. In this video,

BSI **Coach Chris Wright** talks about the different grip positions and their potential effect on your ball flight.



Coach Chris Wright

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