

[View online](#) for a better experience

[Unsubscribe](#)

[Download a printer friendly copy](#)

Wednesday, April 24, 2024

[Visit our website](#) | www.bsisports.com | Tel: 082 448 0753



From the Founder's Desk

Yesterday, we celebrated our Founder's Day, having been in operation for 17 years. It's been an amazing journey, having started as 'SA Golf School of Excellence' in February 2004 with seven students at the Verwey Driving Range in Fourways. We now have 150+ students across multiple sports and two campuses. Hundreds more students from all over the world have come through our doors on their own journeys to success.

MJ BALDERSTONE

BSI Tournament Results

Keeping up with the winners

Congratulations to PGA Diploma student, **Heinrich Prinsloo** on winning back-to-back Premier Medals with a score of 74 on the East Course at Royal Johannesburg & Kensington GC in very wet conditions.



Heinrich Prinsloo

Congratulations to **Michael Wallace** on winning another Junior Medal; this time with a solid round of 74 in continuous rain on the West Course at Royal Johannesburg & Kensington GC.



Michael Wallace

External Tournament Results

**Our Pros show us how
it's done**

Ryan Estment placed T5 in a strong field of Professionals in last week's Bushveld Tour event at Benoni CC.

Royal Experience

What an honour!

We are proud to call Royal Johannesburg & Kensington GC our home Club since 2007. In the recently published SA Top 100 Golf Courses rankings, the East Course ranked 6th and the West Course ranked 31st.

We are grateful to be able to develop our players as tournament competitors on two such fantastic courses in outstanding condition all year round. Congratulations to the entire staff at 'Royal' for this recognition.



Performance Tip

Three drills for better impact

BSI Coach and PGA Master Professional, **Martin Briede** shows his three favourite drills to help you achieve the correct body, arm and club motions through impact. Martin is the current PGA of South Africa Teaching Professional of the Year.



Thank you to our sponsors



Share



This mail was sent to {{contact.contact_email}} by Michael Balderstone and is provided as a service for the members and guests of Balderstone Sports Institute and has been supported and sponsored by advertisers in this email and our partner suppliers. For any queries contact us on 082 448 0753.

*Sent on behalf of Balderstone Sports Institute by
RetailTribe: Unit 8 | Blaauwklip Office Park | Stellenbosch | 7600 | 021 880 2693*

Trouble viewing this newsletter? [View it online](#) | [Download a printer friendly copy](#)
[Unsubscribe here](#)