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From the Founder's desk

We're excited to be back in action and very grateful to be able to keep all our programmes operating in full. Our Junior Academy opened again last week, and this Monday saw our PGA Diploma and Greenkeeping students return to campus. Thankfully, it's been our busiest start to any year, and we've been inundated with late enquiries. There's still plenty of time to enroll on any of our full-time programmes. See below.

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Evaluation week

We start each year with evaluation week, assessing the students in all aspects of their performance development. Here are some of our juniors in action under the watchful eye of our coaching staff.



BSI Tournament Results

Congratulations to **Dean Herbert** on winning the first Junior Medal for 2021 with a round of 71 on Royal Johannesburg & Kensington West Course.



Not too late to join

With schools having to close their doors and colleges starting very late this year, we've had our busiest ever start to the year in terms of enquiries and applications. Here's a recap of the full-time golf programmes that we offer that you can still join;

Junior Golf Academy

A full-time programme for grades 8 to 12, including high-performance golf training and academics in our Cambridge Study Centre. With smaller student numbers than a traditional school we are able to comply comfortably with COVID safety guidelines, therefore have remained safely open. The Cambridge curriculum provides an internationally recognised qualification, delivered in a modern, fully personalised learning environment, allowing more time and flexibility for golf training. We open up multiple pathways for graduates, including scholarship opportunities at US college or moving onto our own college programmes.

PGA Golf Diploma

Our PGA Diploma has been the most successful college golf programme in South Africa over the last 12 years. Learners receive 3-years of high-performance training, whilst studying golf-focused subject streams such as business, coaching, sports science, events, equipment and much more. Our students play tournaments at Royal Johannesburg & Kensington GC every week, and have the flexibility in schedule to compete in national events and pro mini tours. As well as providing an amazing experience and world class training, the programme offers an internationally recognised qualification. Our alumni have spread successfully across the globe working in the multi-billion dollar business of golf.

Greenkeeping

For those who seek a career in the outdoors, this 1-year programme provides extensive practical experience on the golf course alongside the theory component of the qualification. The entry requirement is a completed grade 11, so you don't even have to worry about the matric results you may be waiting for. In addition, this career pathway can be one of the highest paid in the golf industry.

Academy Programme

For aspiring professionals who wish to concentrate on training and playing without academics, we can custom make a high-performance training programme to suit all budgets and goals. Our highly qualified and experienced coaching staff can provide a one-stop shop for technical, skills, mental, fitness and tactical training.

Contact info@bsisports.com to apply for any of the above programmes.

Gibbs joins BSI coaching team

We're delighted to welcome BSI graduate, **Tyrone Gibb** to the BSI Golf

Coaching Team. Tyrone excelled as a player, winning our Premier Order of Merit in 2014 as well as representing Central Gauteng. Since turning Professional and joining the PGA of South Africa, Tyrone has gained valuable coaching experience in South Africa and USA. He will initially be working with our full-time Junior Academy students and offering private lessons for all ages and abilities.



Performance Tip: Goal setting

Now is a great time to set some performance goals for the year ahead. Here are some guidelines that we use with our students.

Gap Analysis

Before setting goals it's important to understand where the performance gaps are that prevent you from getting to the next level or two. A dedicated support team of coaches and advisors can help you to identify these areas of opportunity as we do with our students.

What, How & Why

To give structure to 'What' the goals are, we use the SMARTER system. A goal must be; Specific, Measurable, Achievable, Relevant, Time Bound, Exciting and Recorded.

For 'How', we add an action plan to each goal, driven by the student but guided by the coaching staff.

To aid motivation, it's important to understand 'Why' you want to achieve the set goals. For short term (3 months) and medium term (1 year) goals this will usually stem from the performance gaps that have been identified. Long term goals such as making it to the PGA Tour usually need deeper reflection, and your why will also change as you grow.

Let us know if we can assist you with your goal setting for the year ahead.

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