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Friday, May 03, 2024

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27 May 2021 | ISSUE 44

THE GOOD LIFE

On the Course | Off the Course



Members and Guests

Please remember that the Covid-19 pandemic is not over.
The virus is still around and it is as dangerous as before.

Please wear your mask to the extent possible.

Please maintain social distancing.

Please protect yourself and others from infection at all times.

Please be sensible.

The Club



Dear Member,

There is no doubt that winter has set in and the game we love changes during this period. Not only do we see changes on the courses, but this also means that we must change the way we play the courses. Winter golf is still great. It just requires a bit of savvy and some thoughtful preparation. I have added six tips to playing through the cold and icy winter.

Walk, don't ride

If you really want to feel the wind-chill factor, hop onto a golf cart and whip

around the course. If, on the other hand, you'd rather play 18 without contracting frostbite, it's pretty simple: you ought to hoof it. It keeps the movement going, the blood flowing, and your body is warmed by the beating of your heart.

Layer up

Don't make like a mummy or the Michelin Man. But do try to think in terms of light, warm layers; clothes that keep the chill off without restricting your silky swing. Have you heard of those golf jackets with battery-powered heaters? Yep. They make them.

Rain gloves and hand warmers

Of all the parts of your body you'll want to keep warm, your hands are probably the most important. Lose the feeling in them, and you'll never find your swing.

A proper lid

Remember how your parents used to tell you that half your body heat is lost through your head? Apparently, that's bunk, at least according to a study by the British Medical Journal, which found that the heat-loss number is more like 7 to 10 percent. But why give away even that modest amount? Ditch the standard golf hat and wear a woollen beanie. It's a smarter choice – 100 percent.

Keep your golf balls warm

That a warm golf ball flies further than a cold one is no urban legend. It's fact. The rule of thumb is that for every five degrees by which the temperature drops, a golf ball will carry nine metres shorter. Clearly then, there's a premium for keeping your golf balls as toasty as possible. One of the easiest ways of doing this is to keep it in your pocket from green to tee and whilst it has been marked.

Take advantage of winter

The ball runs further but the greens are firmer. You will have opportunities to hit bigger drives and have shorter approach shots or you can use the lay of the land to get you a little bit closer. It comes down to local knowledge. Attacking the pin this time of the year is never a good idea!

Happy golfing

Francois

We always encourage communication between our members and the Club. If you have any comments or questions, please don't hesitate to either contact our CEO, Francois Swart at ceo@randpark.co.za or our Club Captain, Derek McGowan at captainslog@randpark.co.za.



World Golf Awards

We are proud to have once again been nominated for SA's Best Golf Course 2021 in the World Golf Awards! World Golf Awards™ serves to celebrate and reward excellence in golf tourism, world-class courses, and golf destinations. Please [click here](#) to vote for your Club.



Join the WhatsApp Group

Receive Randpark news updates via WhatsApp in two easy steps:

1. Add Randpark as a contact on your phone **082 052 4767**
2. WhatsApp us your first and last name. If you ever want to stop receiving event news, simply send us a WhatsApp with the message "STOP".



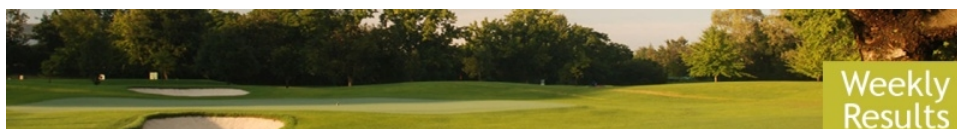
Caddie League

The second round of the Caddie League took place on Monday at Kyalami Country Club. Our four players, Michael Mtheshi, Andile Nzelu, Walter Leroke, and Edward Ramatlhodi did us very proud. Two of the players were not able to make the fixture due to personal reasons, but Edward managed to have the two reserves ready on the day. They did not have the greatest of outings on Kyalami and finished with 42 points out of a possible 100. They really do love representing Randpark and we wish them the best of luck for the remaining two games of the season.



Are you struggling with the par-3's at Randpark?

Over the next few weeks, we will be sharing a few Course Management videos that could be of great value when you tee-off next time. This week we are featuring Bushwillow – Hole 15.



The best of luck to all our BOS teams for Round 3 this coming Saturday!

Round 3 - 29 May

BYES	Musketeers	vs	Mixed Crabs	08:22 & 08:30
Legs	Future Dad Bods	vs	Ruff Ryders	12:10 & 12:18
Shags 1	The Divas	vs	Snakepit	11:54 & 12:02
	King Crabs	vs	Kwaggas	08:06 & 08:14
	SADS	vs	Kianga	12:42 & 12:50
	Swart Mambas	vs	Tiger Crabs	12:26 & 12:34
	LGA	vs	BAGS	07:18 & 07:26
	Ratpack	vs	Trojans	11:22 & 11:30
	Cheetahs	vs	Klein Vuisies	07:50 & 07:58
	Nags	vs	Shags 2	11:38 & 11:46

Scratch League

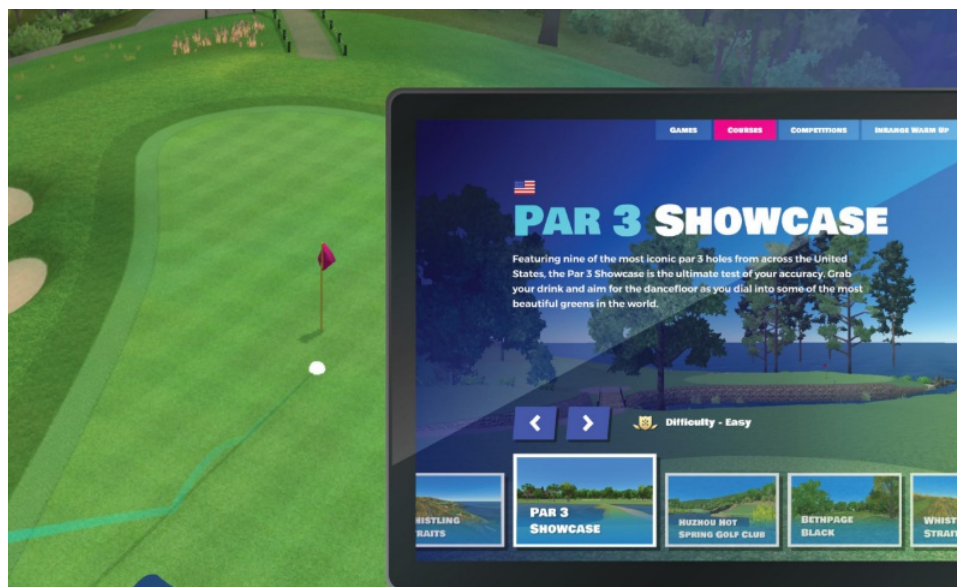
The Scratch League season will get underway this coming Sunday. With the assistants of our team managers, Kevin du Preez (A-side), Derek McGowan (B-Side), and Gere Coghlan (C-Side), the teams have been selected. It was probably the hardest and longest selection process as we do have a lot of great golfers to select from. As per the meeting, we had with our players on Friday each-and-every player will play their part in this year's league.

Randpark A vs Eagle Canyon - Home game on Firethorn

Randpark B vs Modderfontein A - Away game

Randpark C vs C.M.B B - Home game on Bushwillow

Good luck to all our players!



inrange⁺courses
with **aboutGOLF**



It's time to hit the course

**Join us for our Member Demo Day
Friday, 28 May 09:30 to 19:30**

Inrange+ Courses are now live and available at Randpark. You can enjoy a quick 9-holes over your lunch break or get out to the range with friends and play a full round, without ever leaving your bay.

Our virtual courses are part of the multiplayer range experience and include a selection of stunning 18-hole courses as well as a Par 3 Challenge.



**DUST OFF THOSE CLUBS, IT'S TIME TO PLAY
SOME REAL, VIRTUAL, GOLF!**

Golf Department - Weekly Competition Schedule							
BUSHWILLOW COURSE							
COURSES & COMPETITION FORMAT MAY VARY							
Day	Date	Activity - AM	Cost	Comp Fee	Activity - PM	Cost	Comp Fee
Mon	31-May	Course Closed			Course Closed		
Tue	01-Jun	Senior Comp TBC	Std fees apply	R 25	Social	Std fees apply	N/A
Wed	02-Jun	LADIES COMP	Std fees apply		Club Comp Betterball Stableford	Std fees apply	R 60
Thu	03-Jun	Social	Std fees apply	N/A	Social	Std fees apply	N/A
Fri	04-Jun	Social	Std fees apply	N/A	Social	Std fees apply	N/A
Sat	05-Jun	Club Comp - WINDHOEK CHALLENGE Betterball Stableford	Std fees apply	R 100	Club Comp - WINDHOEK CHALLENGE Betterball Stableford	Std fees apply	R 100
Sun	06-Jun	Club Comp I.P.S	Std fees apply	R 35	Junior League	Std fees apply	N/A

FIRETHORN COURSE							
Day	Date	Activity - AM	Cost	Comp Fee	Activity - PM	Cost	Comp Fee
Mon	31-May	Social	Std fees apply	N/A	Social	Std fees apply	N/A
Tue	01-Jun	GOLF DAY			GOLF DAY		
Wed	02-Jun	Social	Std fees apply	N/A	Social	Std fees apply	N/A
Thu	03-Jun	Social	Std fees apply	N/A	GOLF GROUP - MAGNUM		
Fri	04-Jun	Social	Std fees apply	N/A	Social	Std fees apply	N/A
Sat	05-Jun	Club Comp - WINDHOEK CHALLENGE Betterball Stableford	Std fees apply	R 100	Club Comp - WINDHOEK CHALLENGE Betterball Stableford	Std fees apply	R 100
Sun	06-Jun	Club Comp I.P.S	Std fees apply	R 35	Junior League	Std fees apply	N/A



We are delighted to announce that **Darren Quirk** will be joining the Randpark Golf Shop. Darren is currently studying Financial Accounting through Unisa. He was a sports coach for four years and has been playing

amateur golf for three out of those four years. Playing golf for +-10 years has given him a deeper insight into the game. He is also the current Club Champion 2021 and looks forward to working with the Golf Shop team and Randpark members.

THE SERIOUS GOLF PROMOTION

22 APRIL - 30 MAY

THESE DEALS ARE NO JOKE

WE ARE EXCITED TO ANNOUNCE

THAT THE FIRST THE PRO SHOP EXPRESS SALE

WILL BE RUNNING AT YOUR ON-COURSE GOLF SHOP

 **CLICK HERE** TO VIEW OUR PROMOTIONS ON OFFER 

OVER 70 DIFFERENT PROMOTIONS ON OFFER! DON'T MISS OUT ON THESE GREAT OFFERS.

Have you visited the Randpark Golf Shop? Now would be a great opportunity to take advantage of the sale that ends on Sunday, 30th of May. Make your way down to the Randpark Golf Shop to see what specials we have!

Orange the World
End Violence Against Women & Girls

RANDPARK CLUB CHARITY OPEN
25 JULY 2021

TEE TIMES FROM 11:14
FIRETHORN & BUSHWILLOW

R500/person or R2000/fourball
(incl. Golf & Prize Giving Dinner)

BOOKINGS and/or SPONSORSHIP ENQUIRIES:
Debbie Gillings 082 327 1725 | Jeanne de Power 083 391 3910

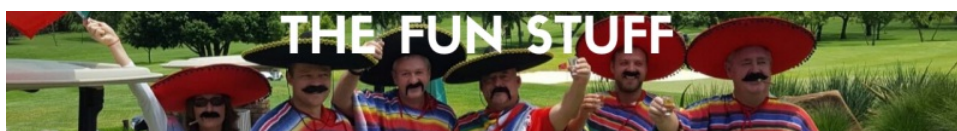
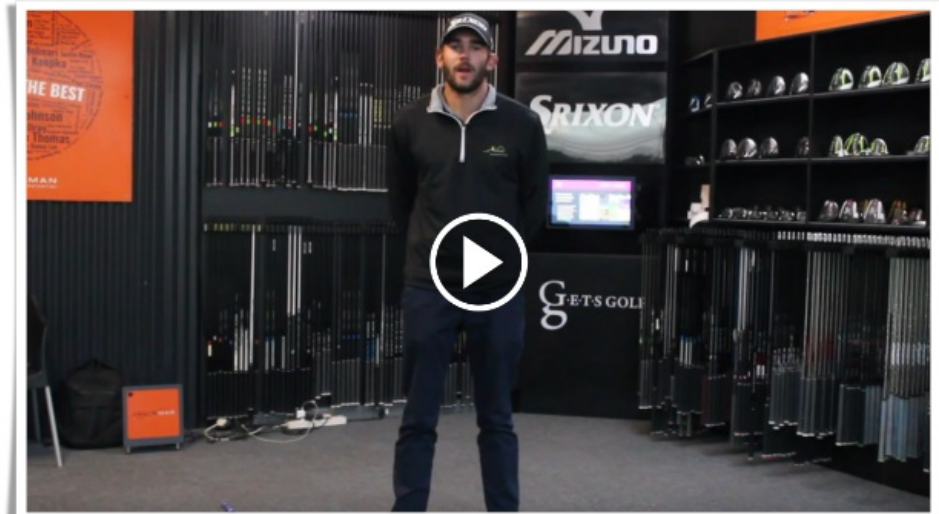


The drainage project at the 5th hole on Bushwillow is now nearing completion. Stone and pipes are being installed and then the clean-up will begin. The area has already improved with the water draining into the open trenches. The amount of water running into the trenches is unbelievable and has shown no signs of slowing up. Progress has been slower than expected as the clay is very difficult to work with especially being so wet.

We have also had a small team cleaning out the natural "koppie" left of the 10th hole on Firethorn. We are removing invader plants like Chinese privets and other weeds that invade these areas. It is important to maintain these areas as they are assets to the course with some beautiful indigenous trees and shrubs, while also being a habitat for birds and mammals.



The 2021 Randpark Men's and Ladies Club Champions, Darren Quirk and Cara Ford. Taught by Darren Witter and Stuart Blackie - *"Seeing our students reach their goals is rewarding and we look forward to future success."*



Tonight's CURRY specials to choose from:

- Lamb Rogan Josh, of the Kashmir origin with a variety of spices - **R140**

- Butter Chicken Curry marinated in plain yoghurt, red onions and Indian spices, with a tomato cream sauce - **R90**
- Mild & Spicy Cape Malay vegetable curry - **R65**

All curries are served with basmati rice, traditional sambals, and condiments including chutney, mango achar, and spiced tomato chutney.



STEAK & SYRAH
perfectly paired

WRITE YOUR CONTACT NUMBER & EMAIL ADDRESS ON THE SLIP AND PLACE IN ENTRY BOX. DRAW WILL TAKE PLACE ON 25 JUNE 2021.

TS & CS
WHILE STOCKS LAST

BUY A BOTTLE OF
CAPE OF GOOD HOPE
RIEBEEKSRIVIER SYRAH
AND STAND A CHANCE TO WIN A
SET OF LAGUIOLE STEAK KNIVES
AND A HAMPER
BOTTLE R240 • GLASS R60

PERFECTLY PAIRED WITH
SELECTED STEAKS ON THE MENU

RUMP 250G	R135
T-BONE 350G	R140
RIB EYE 250G	R155
BEEF FILLET 200G	R165

R256.50 Members | R285 Visitors
Children: Under 12 – ½ Price | Under 5 – No Charge

Starters For The Table
Assorted Artisan Bread, Bread Sticks & Cheese Straws served with homemade Dips
Greek Salad with Olives & Danish Feta, served with a mild Vinaigrette

Main Course
250g Marinated Rib Eye Steak topped with a Jalapeno Popper stuffed Mushroom,
served with Cajun Potato Wedges accompanied by a Béarnaise Sauce

Dessert
Trio of Ice Cream, Vanilla, Cappuccino & Amarula, served with Hot Chocolate Sauce
Or
Cape Brandy Pudding served with Warm Custard

Price includes
4 People - 1 Bottle | 2 People - 2 Glasses

CAPE OF GOOD HOPE
Riebeeksrivier Syrah

Book & Pay online : <https://bit.ly/2Vf0bu3>
To Book Contact Leanne or Tracy on 011 215 8600
clubevents@randpark.co.za or functions@randpark.co.za

Father's Day Lunch

Sunday, 20 June 12h00



Have a great weekend
Stay Safe, Healthy & Happy!
The Randpark Team



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