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Tuesday, July 08, 2025

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San Lameer
Country Club



Results

5th of May 2021
Wednesday Competition
Betterball Stableford

Medal

Place	Name	Handicap	Points
1st	Piet	19	47
	Jaco	20	
2nd	Bheki Mavundla	8	45
	Robert Mavundla	+1	
3rd	W Swindon	8	44 c/i
	J Slabbert	17	

Nearest to the pin
Hole #9: *Anton Hauptfleisch*
Hole #14: *Kobus De Lange*

Style down the fairway

Urban Supply Sunglasses

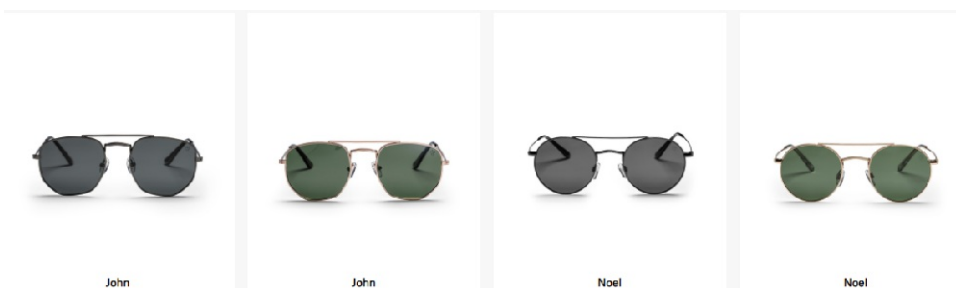
For sunny days and hungover afternoons!

We have just unpacked the latest range of Urban Sunglasses. These striking sunnies will let you stand out in the crowd and take your style to the next level.



Available in a broad assortment of colours and styles, we have the perfect fit for you.

These awesome looking lifestyle sunglasses are not just for show. They come with UV400 lenses as well as the option to be polarized.



All of this form and function is available at only **R399**.

Stocks are limited – so don't miss out on getting a pair!

See the fairway a bit differently and have a protected view with these sunglasses. Click the button below to reserve your pair and style up your outfit.

[Get your pair >](#)

Let them play

First impressions last

Children are much more likely to take up golf when their first impression of the game is enjoyable. But make things too complicated too early, and they could end up seeing golf as nothing more than difficult and unpleasant.



Formal lessons should either start when your child asks for them or at about 6 years old. And even then, it's about a fun approach to the game. We want to avoid using complicated terminology about swing mechanics.

0 - 6 years
"ACTIVE START"

When coaching young children starting in golf, we focus on developing their movement ABCs, Agility, Balance, Coordination, and Speed, to prepare them for later golf-specific coaching.

Your child can have it all

Golf helps your child develop physically and mentally. It's safe, healthy, and fun. Let them play.

[Ask about junior golf >](#)

3 Steps to better par 3s **Become a master of the par 3**



It's a single shot to the flag. You can tee your ball up and give yourself a perfect lie. This should be an opportunity to hit the green and a birdie putt. But for so many of us, par 3s are where it all goes wrong. Let's change that.



Over the next few weeks, we're going to give you three simple yet effective steps to improve your par 3 performance.

Step 1

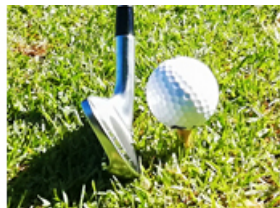
Club selection



Coming up short is a common problem. But when you change your club selection and aiming strategy, you can go the distance.

Step 2

Tee height



Teeing the ball up too high and not using the tee box properly might not seem like a big deal, but it often leads to missed greens.

Step 3

Game management



Many golfers fall into the traps set by course designers when they go flag hunting. But there's a way to stay safe while still creating scoring opportunities.

Improve your par 3 performance

What area of your game could we improve to help you lower your average score on par 3s?

Let's find out >

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