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Friday, May 03, 2024

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A Happy Golfer

Always nice to hear ...

"Good morning Steve,

I had a great round yesterday and even made a birdie! I was chuffed.

I am hooked and can't believe how my game has improved since our lessons. You are stuck with me. Thank you so so much for the great improvement in my golf - it's a lot more fun now and I can hold my own in a round".

- Stacy Preston

Is better golf a New Year's resolution?

Get ready to tick that one off

How is your game holding up? All the teachers at our Academy have kept their tuition prices unchanged from 2019, so see if there is a course of lessons that might help improve your golf!

IMPACT COURSE 1

With Steve Cottingham

A COURSE DESIGNED FOR ANY GOLFER WISHING TO KICK START THEIR IMPROVEMENT

This course will give you a far better understanding of the "cause points" in the swing & how to achieve a far better "impact" with the ball, allowing you to improve your distance & consistency.

INCLUDES:

- 6 hours of individual tuition
- Video analysis
- Golf equipment evaluation
- Range balls

R3250 per Individual

 **PGA Teacher of the year** 

IMPACT COURSE 2

A COURSE DESIGNED FOR ANY GOLFER WISHING TO KICK START THEIR IMPROVEMENT, LEARNING TO BALANCE WORK ON THE RANGE & PLAYING ON THE COURSE

This course goes into some detail & will give you a better understanding of the "cause points" in the swing & how to achieve a far better "impact", allowing you to improve your distance, accuracy & consistency.

With Steve Cottingham
R4250 per Individual

INCLUDES:

- 6 hours of individual tuition
- 9 hole playing lesson
- Video analysis
- Golf equipment evaluation
- Range balls & green fees

 **PGA Teacher of the year** 

INTENSIVE COURSE

Suited to all golfers looking for a sound understanding of the golf swing & how to apply this understanding on the golf course.

It will include not only a sound understanding of the mechanics of the swing but also how to: Improve ball flight, handle difficult lies & situations, preparing for tournaments & the mental aspects of playing better golf.


With Steve Cottingham
R8000 per Individual

INCLUDES:

- 12 hours of individual tuition
- 2 x 9 hole playing lesson
- Video analysis
- Golf equipment evaluation
- Range balls


 **PGA Teacher of the year** 


SHARPEN UP YOUR SHORT GAME


 **PGA**

THIS 4 LESSON PROGRAM IS DESIGNED TO IMPROVE YOUR CHIPPING, PITCHING, BUNKER PLAY AND APPROACH SHOTS (40M AND IN)

ONLY R2150

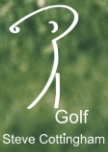
 **PGA**





MOUNT EDGECOMBE
COUNTRY CLUB ESTATE
DRIVING RANGE

SHARPEN UP YOUR SHORT GAME

**THIS 4 LESSON PROGRAM IS DESIGNED
TO IMPROVE YOUR CHIPPING, PITCHING,
BUNKER PLAY AND APPROACH SHOTS
(40M AND IN)**


Golf
Steve Cottingham


PGA

ONLY R2150

[Speak to Steve >](#)

Junior Golf -
Putting the FUN into the Fundamentals

Let's all have a great year of golf and let's achieve those goals. I started coaching last week so if you are looking for a lesson please [contact me](#).

Please have a look at the posters below for more information on what's happening.



Book your spot >

Kindest regards,

Martin

Driving Range Operating Hours

We would like to thank all our loyal customers for your patience with our reduced operating hours and the building works that are on-going after the storm of New Year's Eve. Thankfully, we are able to revert back to more regular operating hours from Monday, 1st February.

Mondays:

09h00 to 19h00

Week days:

07h00 to 19h00

Weekends:

07h00 to 18h00

The roof of our annex building is repaired and the interior and electrical work will be done next week. Hopefully, we should be back in business in by mid-Feb.

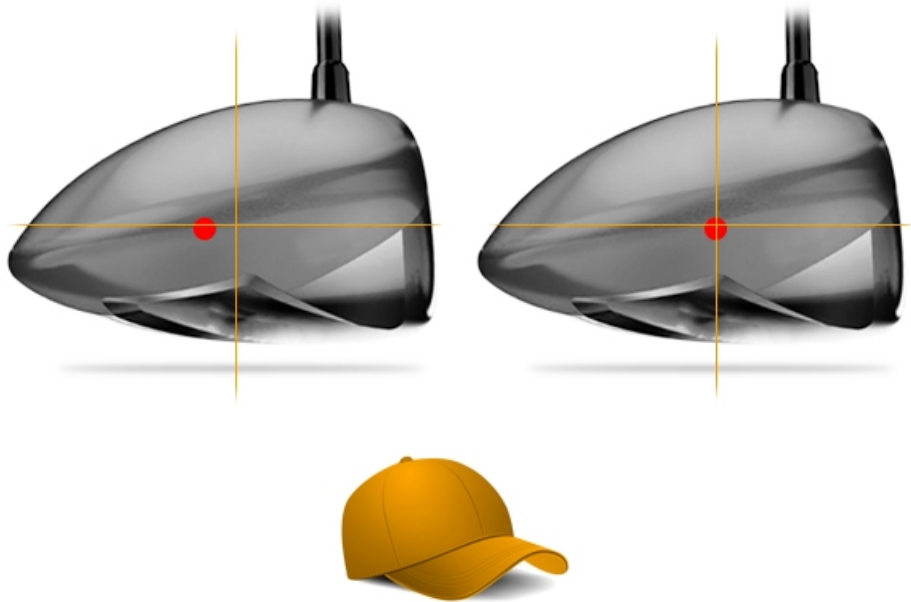


It's more than loft

You might have read an article that suggests you should be playing with "more loft" if you have a regular or more modest swing speed. Please beware of that generalisation.

These drivers all have the exact same loft, but they won't create the same launch angle (or the same spin rate) because their CoG is located in different places.





"The position of the CoG inside the driver's head will significantly impact the launch angle and the spin rate. That's why the first question is, what do you need most? It's an important question because for some golfers taking 500rpm off of spin adds 15 metres of distance. For others adding 2° of launch angle, adds 15 metres of distance."

Get your DNA measured

There's a driver DNA – ball speed, launch angle, and spin rate. We need to match those when fitting you for a driver. How close is your match? Do you have 20 metres or more of extra performance in the right DNA? Come and see us. Let's unlock your potential to thrill.

Contact us >

A game for all

Introduce her to golf

Women account for just a quarter of golfers worldwide. But the positive benefits of golf apply to everyone, regardless of gender, age, or ability.



Health and wellness

A single round is at least 10,000 steps out in the fresh air. You're getting movement and stress relief in one.



Social connection

Golf is a great way to make new friends or strengthen existing relationships, or both. And there's also lots of opportunities to network.



Personal growth

Golf may be a challenging game, but overcoming obstacles during a round builds confidence and helps you achieve self-actualization.

Get her involved


Share






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