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Monday, July 14, 2025

[Book an assessment](#) | www.metgolfshop.co.za | **Tel:** 021 430 6015



We love making our members happy

Together with Sanlam Private Wealth, Brad and De Waal treated a few of our members that have shown their support in our Wednesday Competition to a game of golf on Friday afternoon at Pearl Valley.





The guys were surprised out on the course when head coach, Yusuf Raidhan, appeared to give them each a swing analysis.



Thank you to all of our members and visitors for your continued support in our Wednesday Competition.

Remember to purchase your 100 Club Ticket in the pro shop for a chance to win BIG on Wednesday, the 30th of June!

What's in the bag?



Met member, Debbie, with her **NEW Callaway Epic Max 3-Wood!**
Watch out for Debbie out on the course as she is now guaranteed to
launch the ball faster, longer, and straighter than ever before.

In the market for a new set of clubs?
We have something for everyone!

[Let us know >](#)

Metropolitan Ladies



Eight of our Met ladies participated in the Wilkinson Greensomes Competition at Somerset West on Monday afternoon. We didn't bring home any trophies, but it was fantastic to see so many of our ladies supporting the club and participating in the Western Province event.

Keep it up, girls!



EOGA Weekly Tip

with Derik Ferreira (EOGA Dainfern)

Keep track of your golf stats for better scores

If you want to improve your scores, you need to know what to work on. Keeping track of your stats will help you see which parts of your game

need work.

Many golfers never improve because they don't work on the parts that are holding them back. You should spend 80% of your golfing time on the practice area working on improving your weaknesses.

Here are some key stats to keep during a round of golf:

- 1. Fairways hit**
- 2. Greens in regulation**
- 3. Scrambling**
- 4. Putts per round**
- 5. Sand saves**

This chart illustrates the average golfer's statistics according to their scores:

	70's	80's	90's and above
Fairways Hit	61-81%	36-56%	5-31%
Greens in Regulation	8-12	3-7	0-3
Putts per round	31 and lower	32-35	36 and higher
Scrambling	60-77%	17-46%	0-15%
Sand saves	31-51%	10-30%	0-10%

After your next couple of rounds compare your stats with these averages to see what you need to work on to lower your scores.

Should you seek more personalised help or assistance with your golf, contact your closest EOGA professional.

E: info@eoga.co.za

P: 021 712 1346

Contact us >

All for Assessments
When do you want to achieve it by?

In the previous article, we asked you to think about what improvement you would like to achieve in your golf. In case you missed that one,

[Read it now >](#)



Putting a time frame on your target is the next step. It gives you motivation and something to look forward to. But the time must be appropriate for you. Once we've gone through your assessment, we'll be able to structure a perfect plan for you.

[Book an assessment >](#)

It's only a matter of time

As far as we're concerned, it's not about "if" you could achieve a better playing experience, but "when". And an assessment is the all-important first step to getting you there. If 'better' involves any of the following for you, then please book an assessment with us as soon as possible:



*Longer drives that give
you shorter approach
shots so you get onto
the green more often.*



*Feeling in complete
control of wedge shots
inside 40 yards.*



*Putting out on every
hole before picking up.*

Don't delay better

An assessment enables us to identify your unique opportunities and lay out a plan that's going to help you improve your playing experience in a set amount of time.

Book now >

Looks can be deceiving



It may not look it, but the new Srixon ZX4 Iron is all about forgiving distance and making the game easier for you.

[Find out more >](#)

The gift of “we” time

We want to help you enjoy some really social, enjoyable, fun time together.

We also want to create a movement encouraging more people to experience golf.



If you have a non-playing partner, we want to help you introduce them to golf. With some coaching and fun-playing formats, we want to have them able to join you out on the golf course. This isn't about competitive golf. It's about having social fun and enjoyment. Creating connections. Being healthy. Having "we" time.



Get in touch

And, once the world opens up again, golf offers tremendous opportunity

Call to 021 430 6015 or the [Contact us](#) link. Visit our website [Visit us](#) or [Read our golf tips](#) | [Book a lesson](#) | [Book a fitting](#) | [Book a round](#) | [Leave a review](#)

A perfect gift for someone

We're starting a fun, social programme to ease people into the game, out onto the golf course, and into a place full of new social connections and enjoyment. Why not gift a place   programme, to someone special in your life. Want to learn more?

Contact us >

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