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Sunday, April 28, 2024

[Email us](#) | [www.wingateparkcountryclub.co.za](http://www.wingateparkcountryclub.co.za) | **Tel:** 012 997 1312



## Student of the Week

James Landels gets it right

*Biggest Obstacle*

**Pulling his shots to the left**



James' setup with his spine angle leaning forward towards the target made him come into the ball too steep and resulted in him pulling his shots to the left.

Changing his spine angle to lean away from the target allowed him to come into the ball with a shallower angle of attack, which changed his swing path from out-to-in to a much better in-to-out path. He can now hit a nice draw which will make his rounds more enjoyable!

[Improve your golf >](#)

**Grab a plate at the Pub**

Hungry? The Pub is fully operational and open daily from **10am - 19:00pm**.

Join us for some delicious food!



# PUB MENU

OPEN  
HOURS:  
10AM-7PM  
DAILY

## LIGHT EAT'S

**Jalapeno poppers** R74.00

Whole Jalapenos stuffed with cheese and fried, served with chips.

**Chicken Mayonnaise** R98.00

Chicken Mayonnaise With Caramelized Onions

**Chicken Strips with Chips** R76.00

Tender chicken strip served with chips.

**Chicken Quesadilla's** R80.00

Tortilla Wraps, toasted with spicy chicken breast, cheese & caramelized onions.

**Golfers platter** R255.00

(serves 2). 4 mini burgers, 4 BBQ meatballs, 4 jalapeno poppers & 4 chicken strips with a plate of chips.

**Peri Wings** R70.00

8 Grilled Peri-Peri Wings Served With Chips.

## TRAMEZZINI'S

**Cheese & tomato** R65.00

Served with caramelized onions & cheese.

**Chicken mayonnaise** R70.00

Chicken mayonnaise, feta, caramelized onions & cheese.

**Grilled steak** R76.00

Tender steak served with Dijon mustard, caramelized onions, cheese.

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## BURGERS

(SERVED WITH CHIPS ONLY)

**Wingate Burger** R75.00

**Mushroom Burger** R85.00

**Cheese Burger** R85.00

**Cheese & Macon Burger** R100.00

**Crispy Chicken Burger** R83.00

## WRAPS

**Beef, Feta & Sundried tomatoes** R78.00  
served with chips or salad.

**Crispy Chicken** R73.00

Served with sweet creamy peri and chips or salad.

## SAUCES

Cheese  
Pepper  
Mushroom  
Sweet Chilli  
Peri Peri  
Garlic

## Extra's

Side Salad R40.00  
Plate Of Chips R47.00  
Cheese R18.00  
Egg R6.00  
Garlic R5.00  
Macon (Beef Bacon) R30.00

## PIZZA'S

**Garlic & Herb** R65.00

**Margarita** R80.00

Two Cheeses & Herbs.

**Peri Chicken** R98.00

Creamy Peri chicken strips, sliced jalapeno's & caramelized onions.

**BBQ Beef** R98.00

BBQ Tender beef strips, feta, Piquant Bell peppers & caramelized onions.

**Tangy Beef** R98.00

Beef strips, chutney, pickled cucumbers & caramelized onions.

**Chicken Mayonnaise** R98.00

Chicken Mayonnaise With Caramelized Onions

## MAINS

**Creamy pesto chicken breast** R90.00

Served with feta, sundried tomatoes & chips OR salad.

**Hake Fillets** R82.00

To be served grilled or fried with chips or salad.

**Chicken Schnitzel** R80.00

To be served with a sauce of your choice and chips or salad.

**Steak, Egg & Chips** R160.00

To be served with a sauce of your choice and chips or salad.

**Half Chicken Peri** R75.00

Flamed grilled half chicken served with chips or a salad.

# Who was in it to win it?

**Congratulations to all the winners**

*You all played some fantastic golf!*

*30 August 2020*

*Competition Format: Betterball*

**1st** | B. Schuld | 48 pts  
**2nd** | Duan and Mauritz | 47 pts

*29 August 2020*  
*Competition Format: IPS*

***PM***

**1st** | J. Struwig | 42 pts  
**2nd** | D. Munthingh | 41 pts  
**3rd** | D. Laing | 38 pts  
**4th** | A. Ackerman | 37 pts c/o  
**5th** | G. Miles | 37 pts c/o

***PM***

**1st** | H. Mentz | 42 pts  
**2nd** | W. Mouton | 41 pts  
**3rd** | D. van Tonder | 39 pts c/o  
**4th** | S. Pretorius | 39 pts c/o  
**5th** | A. Steynberg | 38 pts c/o

## Results Correction

Here are the corrected results for the Better Ball Stab on the **22nd of August:**

***AM***

**1st** | J. Hamman and W. Miller | 50 pts  
**2nd** | L. Lubbe and E. Meiring | 49 pts  
**3rd** | T. Taylor and U. Reyneke | 48 pts

***PM***

**1st** | A. Kriel and G. Rappery | 47 pts  
**2nd** | **B. Coetzer and D. Coetzer** | 46 c/o  
**3rd** | M. Boersma and T. Appenroth | 46 c/o

# Swing back into action

Create more magical moments on the course

## Swing Video analysis

**R100  
Per  
Analysis**

**Send me  
your  
swing**

**Whatsapp  
082 410 2471**

**Email  
In2golf18@gmail.  
com**

**Philip du Preez  
PGA Professional**

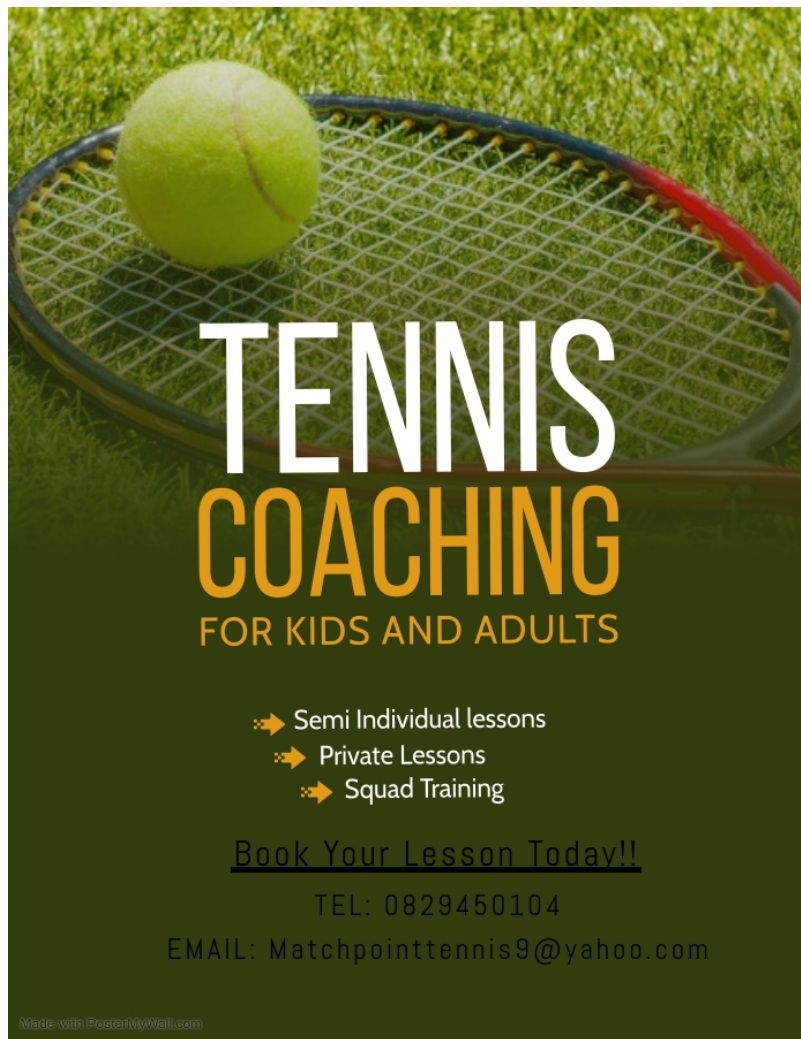
## Hit em' with your best shot

### Get back into the swing of things

*We've got something for everyone*

We believe that tennis can be so much more than just a sport that you play. We are passionate about providing quality tennis lessons, within a comfortable and welcoming environment where you can learn a new skill, improve your fitness and build new friendships.





Give it your best shot >

**Welcome to the family**

**To many happy moments at the Club**

We would like to welcome our new members to the Club – it is such an honour to have you as part of our community.



# **WELCOME NEW MEMBERS**

~Ronald Stanton  
~Bruce Manning  
~Michael Behm  
~Armand Brand  
~Werner De Swardt  
~Hernus Groenewald  
~Jared Immelman  
~Jacques Jansen Van Rensburg  
~Ruben Liebenberg  
~Wessel Meyer  
~Namulinda Nyamupachitu  
~Peter Pienaar  
~Handre Pretorius  
~Pieter Senekal  
~Ronald Santon  
~Zander Thirion  
~Charles Thomas  
~Daniel Van der Merwe  
~Mercedes Van Staden  
~Paul Van Staden

Made with PosterMyWall.com

**Practice with purpose**

Wingate Park Driving Range

**Wingate Park  
Driving range**

Prices from 1 July 2020

**Per Bucket  
R 40 for 50 balls**





Vouchers available

Buy 20 Buckets for  
R 700  
(save R 100)

## Your scoring zone

*Where the magic happens*

Between 50 and 60% of your shots are from 100 metres in. The secret to playing better golf and having more fun is here.





But well over 80% of golfers are playing with scoring clubs that don't improve their short game. They're playing blades instead of cavity backs. They've got the wrong lofts. The wrong bounce and grind. They're making scoring more difficult than it should be.



“

*Many golfers avoid getting a fitting because they think they aren't good enough. This is a massive myth. In fact, it's the less experienced and skilled golfers who stand to benefit most from a fitting!*



## Master this range

One of the easiest ways to improve in your scoring zone is to get fitted with the right wedges. We want this to become one of the most enjoyable parts of your game.

[Start now >](#)

## Find your truth Before you can let the club do the work



We want you to hit better golf shots with every iron in your bag. Besides the design of the head, the next most important aspect is your lie angle. When your lie angle matches your swing, your irons work better for you.



*If you're struggling with hooked iron shots, your lie angle could be too upright.*



*If your iron shots are going right, there's a good chance your lie angle is too flat.*



*Many brands try and solve the problems they think each golfer might have at different handicap levels by creating off-the-shelf irons with a specific lie angle. But that might not be right for you.*

### **We're here to help you hit better approach shots**

Hitting more accurate approach shots transforms your playing experience.

If you're unsure about your lie angle, when we next see you, let's talk about it, or

[Start a conversation now >](#)

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