#### View online for a better experience

#### <u>Unsubscribe</u>

Download a printer friendly copy

Tuesday, July 15, 2025

#### Visit our website | www.bsisports.com | Tel: 082 448 0753



## From the Founder's Desk

It's exam week for our PGA Diploma students, with both written exams and practical assessments taking place to ensure 'real-world' competence. We'll run a feature on the practical elements next week. A number of our 3rd year students have already gained employment, as a result of their abilities and the reputation of BSI graduates in the industry. There is still time to book for our Open Day this coming Saturday to gain more insight into the programme and start your journey to a career in golf. See details below.



## **BSI Tournament Results**

# Heinrich and Regan add yet another victory to their names

Congratulations to **Heinrich Prinsloo**, who won our Premier Medal last week with a score of 69 on the East Course at Royal Johannesburg & Kensington GC. Heinrich was also voted Player of the Month for October. During the month he won four BSI Medals averaging 69.00, and finished T8 in the Bushveld Tour event at Glendower GC.

In our Junior Academy section, Regan Gay won the BSI Junior Medal with

a score of 74 on the East Course at Royal Johannesburg & Kensington GC. Regan was voted as Junior Player of the Month for October, having won two BSI Junior Medals and averaging 71.00 throughout.



Heinrich Prinsloo

Regan Gay

#### Milestones worth bragging about

A personal best on Friday was achieved by Ethan Joseph with 87.

# Champions of the Mental Game

### Who's in it to win it?

Congratulations to BSI client, **Casandra Hall** on winning the Investec Royal Swazi Ladies Open on the Sunshine Ladies Tour, which was held this year at Sun City due to travel restrictions. Casandra works with BSI Mental Coach, Mark Fairbank.

Congratulations to BSI clients, **Kyra van Kan** and **Saul Moss** for winning their respective Club Championships at Glendower GC last week. Both Kyra and Saul work with our resident Mental Coach, Mark Fairbank. Saul also spent three years in our full-time Junior Academy, winning the order of merit in 2018. Kyra also won the U16 Girls Section of the Faldo Series event held last week at Serengeti Golf Estate, which qualifies her for the Asia Grand Final next year in Vietnam.







Kyra van Kan and Saul Moss

# **Alumni Testimonial**

### Your dream career in golf is possible, ask Yusuf!

Here's another video testimonial, this time from PGA Diploma graduate **Yusuf Raidhan** (now Head Teaching Professional at Metropolitan GC in Cape Town), talking about his experience at BSI and what the PGA Diploma has done for his career so far.



Contact **info@bsisports.com** to apply for this prestigious post-matric programme. Limited spaces available for January 2021 enrolment.

## **BSI College Open Day**

### PGA Diploma and Greenkeeping

Your journey starts here

This is the final call for our Open Day coming up on **Saturday, 7th November** for our PGA Diploma and Greenkeeping programmes at the BSI Campus at Huddle Park. Both courses offer a gateway to an international career in the golf business, as well as providing elite performance training to get you to your full potential and a chance of a playing career. Limited spaces are open for enrolment. If you can't make the Open Day, you can still apply.



To join us on the day, meet the team, find out more about the programmes and hear directly from the students, please contact **info@bsisports.com** to RSVP. Limited spaces available.

## **Performance Tip**

### Common sense habits

Here's a few simple common-sense habits that can help you play better golf;

1. Always use a tee-peg on a par 3. It gives you more margin for error on your bad swings.

2. Don't select a club based on the distance of your perfect strike every time. Ignore your ego, take one more club and swing at 70-80%. That's what the Pros do.

3. Identify where the major danger is on a hole, and strategize to avoid it.

4. If you hit into trouble, play safe and get back into play. Don't follow a bad shot with a stupid decision.

5. When chipping, you want the ball running on the ground as soon as possible. So practice with multiple clubs, so you have more options than just your lob wedge.

6. Following on from point 5, if you can putt from off the green, do it.

7. If you're not playing your best golf on a particular day, go more conservative with your strategy. Smart golf can beat good ball striking.



# Join our community

Follow us on social media



## Thank you to our sponsors!



#### Get in touch

#### Call 082 448 0753 | Contact us | Visit our website | Visit us | Apply now



This mail was sent to {{contact.contact\_email}} by Michael Balderstone and is provided as a service for the members and guests of Balderstone Sports Institute and has been supported and sponsored by advertisers in this email and our partner suppliers. For any queries contact us on 082 448 0753.

Sent on behalf of Balderstone Sports Institute by RetailTribe: Unit 8 | Blaauwklip Office Park | Stellenbosch | 7600 | 021 880 2693

Trouble viewing this newsletter? <u>View it online</u> | <u>Download a printer friendly copy</u> <u>Unsubscribe here</u>