



## From the Founder's Desk

It's been another busy week at BSI Golf. We're hitting the golf courses as much as we can with the students at the moment to get rid of the lockdown rust. While the students were able to make some fantastic technical changes with our remote coaching during lockdown, the skill and feel elements of playing the game are best honed on the golf course. So, we're having two tournament rounds per week and also getting out there for plenty of course strategy and short game focused sessions. It's a nice reminder that we play and train golf, not golf swing.

*MJ BALDERSTONE*

## BSI Medals

### Congratulations to the following winners!

In our Premier section, PGA Diploma student, **Ryan Estment**, won with a score of 75 on Royal Johannesburg & Kensington East Course on Wednesday 8th July.

On Friday 10th July, PGA Diploma student, **Franco Rabe**, tied with Academy Player, **Jules Helary**, with a score of 72 on the West Course. We also had a personal best of 75 from Eddie Jacobs.



*Ryan Estment*

*Jules Helary & Franco Rabe*

In our Junior Academy section, **Bernard Meyer** won on Friday 10th July with a score of 72 on the West Course at Royal Johannesburg & Kensington GC.

Bernard Meyer was back in the winner's circle again on Tuesday 14th July, alongside **Regan Gay**, after they both shot level par 72 in bitterly cold and windy conditions at Huddle Park.



*Bernard Meyer*

*Regan Gay and Bernard Meyer*

## Alumni Profile

### A message from Phil Minkley

International student, **Phil Minkley**, graduated through our PGA Diploma

programme in the class of 2016. On the performance side, Phil represented Mauritius numerous times during his time with us, and as a professional has played in the European Tour's Mauritius Open.

Phil is currently the Head Professional at Tee Off Golf School and Driving Range in Mauritius. Later this year, he will be heading to the Middle East to fulfil his new position as a Head Professional. He has previously worked as Teaching Professional and Golf Operations Assistant at Avalon Golf Estate.

**Here's what Phil had to say about his experience at BSI:**

*"The staff are always there for the students. The medal events and four day tournaments were great, but the best for me was the matchplay each week and annual Team Challenge matches were a great atmosphere. Young golfers can have so much fun and still progress within those three years."*

*"Everything I went through at BSI was a preparation for what was to come. Not just on the golf course, but our interaction with the staff and coaches helped me to do better when I started my career."*



If you dream of pursuing a career in golf with international opportunities, then the PGA Diploma or Greenkeeping programmes at BSI are the perfect college options for you. Spaces are limited. Contact us to start your journey.

[Your journey starts here >](#)

## Play with a Pro Experience

### Enjoy a social 18-holes with your favourite Pro

The Play with a Pro Experience allows you to play a round of golf with a Sunshine Tour player. Golfers can choose from our growing portfolio of Sunshine Tour and Ladies Sunshine Tour players and book a social 18 holes with them. We have 10 Pros available already, with more being added. A portion of the fees goes to the **Golf RSA COVID-19 Caddie Relief Fund**.

It's a great experience for you and your buddies, or ideal for a small and intimate corporate event with key clients or staff. You'll also be helping our players during this enforced break from tournaments. It's a fantastic time to catch them without having to wait for a break in their schedule.

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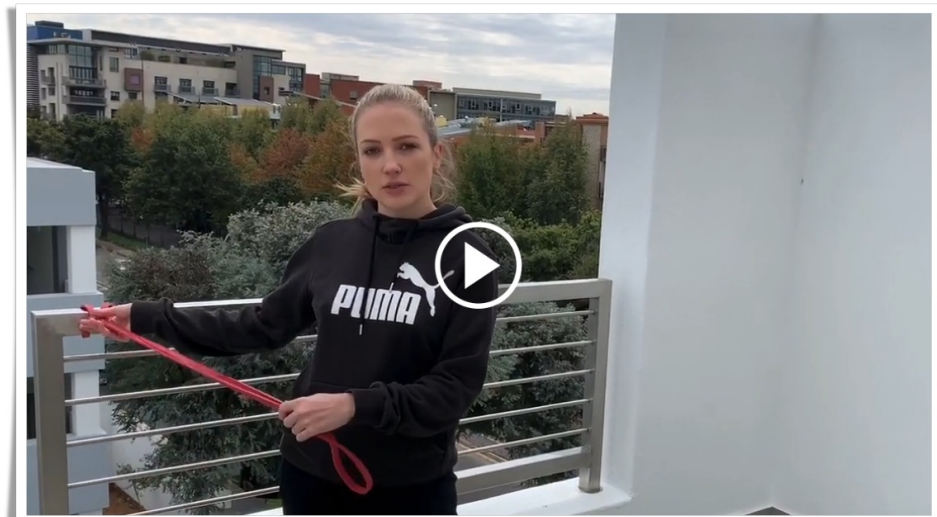
[www.bsisports.com](http://www.bsisports.com)

## Performance Tip

### Improve your golf with these three simple exercises

BSI Sports Scientist, **Renee Reinecke**, demonstrates three exercises that you can do anywhere to develop shoulder strength for improved golf performance.





For more tips on how you can improve your golf performance,

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