



## From the Founder's Desk

The word is that we are very close to a decision on a return to golf in the near future. Golf RSA, PGA of SA and CMASA have done a great job in preparing and presenting a plan to government on how golfers will be managed safely at all facilities. We can't wait to get back to the fairways and to the practice facilities with our students. Hopefully soon now.

*MJ BALDERSTONE*

## Global Medal

### Matheo Douessy claims gold

With many of our international students currently at home in countries where golf is open for play, we have introduced the BSI Global Medal. The event is taking place each Friday in place of our normal medals at Royal Johannesburg & Kensington GC. Applicable students can play at any course that is open and meets the minimum distance criteria.

The first event was held last week, and was won by Junior Academy student **Matheo Douessy**, with a score of 67 at Golf du Rova in Madagascar, playing alongside BSI graduate Maverick Faber. You can listen to the winner's interview with Matheo below.

## BSI GLOBAL MEDAL

**Rules:**

- To be played anywhere that is open.
- Rounds to be played on Friday mornings.
- Full strokeplay rules apply.
- Cards to be signed by another person.
- Course should be at least 5,500 metres.
- U16s to play off shorter tees as usual.
- If you are competing, notify Jason before Thurs 5pm SA time.
- Picture of scorecard to be posted to Jason by 3pm SA time.
- 1 winner per week across all students.
- Winner will receive a box of 3 Srixon balls.
- No Order of Merit points available.
- Winner to do a recorded Zoom interview.

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Nom et Signature du Marqueur: *[Signature]*  
(Haverick Fuber)

Signature du Joueur: *[Signature]*



## Alumni Profile

### How Yusuf built a career in the golf industry

**Yusuf Raidhan** graduated through our PGA Diploma programme in the recent class of 2019. Even before he graduated, he had already been appointed as Head Teaching Professional at Metropolitan GC/EOGA Golf Academy in Cape Town, where he is doing a great job and learning fast.



**Here's what he had to say about his journey through BSI;**

*"The best thing about BSI, is the constant guidance whenever it's needed without any hesitation, having the luxury of a great team surrounding you and finally the constant feeling of being a part of a family."*

*"How did it prepare me for my career? Well, it just made me realize the value of the exposure you receive from being a part of an environment like BSI. Through its reputation and connection within the golf industry you are able to come across people and get to know individuals that are extremely knowledgeable and pave the way for you to build a career within the industry. I learnt that the opportunities within the golf industry are endless and a playing career isn't the be all and end all. I have fallen in love with teaching this beautiful game."*

*"If you're a young golfer thinking of joining BSI, In simple terms, do it! You won't regret it at all and when you do join BSI, capitalize on every day that you're there. Never take it for granted"*

If you dream of pursuing a career in golf with international opportunities, then the PGA Diploma or Greenkeeping programmes at BSI are the perfect college options for you. Spaces are limited. Contact us to start your journey.

**Your journey starts here >**

# Ask BSI

## Episode 7:

### *Overlap or Interlock Grip. Which is Better?*

BSI Founder and PGA Master Professional Michael Balderstone answers this question from Tony in the Eastern Cape.



## Your questions answered

Fire in your questions to us on training or performance related to golf, fitness, mental game, football (we run a football academy too) or youth development.

[Start a conversation >](#)

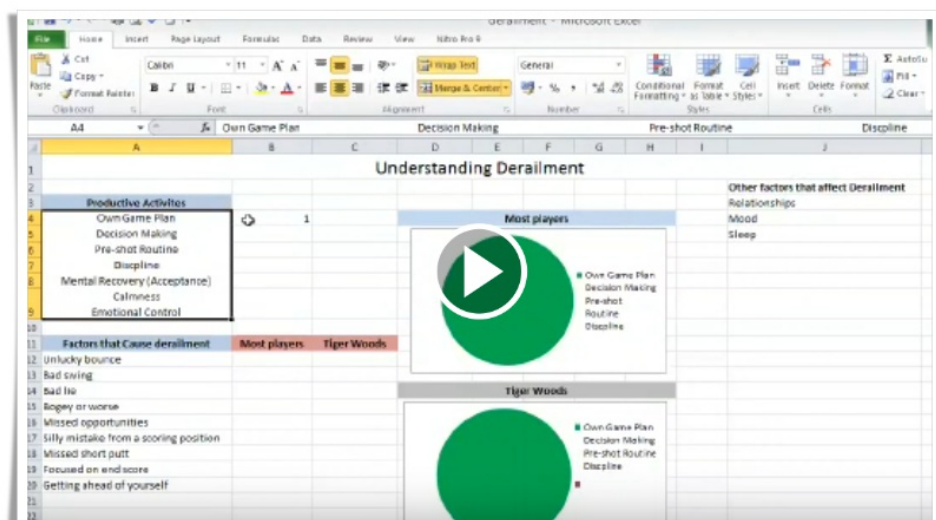
# Performance Tip

## Tiger Woods' Mental Edge.

### *Productive Activities vs Derailment.*

This week BSI Mental Coach, **Mark Fairbank**, talks about Tiger Woods'

mental game, and how he manages pressure and challenges without getting derailed. We hope this will help you improve your own game.



For private mental sessions contact Mark at [markf@bsisports.com](mailto:markf@bsisports.com).

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