



From the Founder's Desk

It's been wonderful to see so many of our students finding innovative ways to continue to practise during lockdown. Many have put up makeshift nets in their gardens or yards, and have found ways to practise their short game, including one student putting in the bathtub. Talk about a slick putt!

Our coaches have been putting together personalised practice plans for each student and providing remote coaching through our digital coaching platforms. Remote coaching and fitness training are available to private clients too. [Let me know](#) if you want to give it a try.

You can also check out the 'Lockdown Lessons' on our social media platforms. The response has been fantastic, with a number of coaches asking if they can share the drills with their own clients. Check out one of the drills later in the newsletter.

Stay safe and healthy everyone. Take this time to do positive things you don't normally have time for.

MJ BALDERSTONE

Student Spotlight

The future is bright for Tawriq!

Tawriq Abraham joined our full-time Junior Academy in January 2019 as a grade 8 student. Steady and consistent hard work from Tawriq since then has seen his game transformed beyond recognition. As you can see from his key statistics below, he has improved tremendously in all departments, resulting in an almost 10-shot improvement in stroke average this year to last. He has also won two of our Junior Medals so far this year at Royal Johannesburg & Kensington GC, breaking 70 in one of them.

Guess who was the player who was putting in the bathtub? Young Tawriq finding a way to keep the process going. Beyond all this, he never stops smiling!

Well done Tawriq. Keep working hard, the future is bright.



Tawriq Abraham

<i>Tawriq Abrahams</i>	<i>Cycle 1 2019</i>	<i>Cycle 1 2020</i>
Stroke Average	86.38	76.70
Drives in Play	40.97%	65.00%
Greens in Regulation	24.31%	52.78%

Putts per Round	32.00	30.59
Scrambling	19.27%	30.59%
Low Round	82	69

Parents; If you want to provide the same opportunity for growth for your own young golfer that Tawriq has, then contact us to learn more about our Junior Academy.

[Contact us >](#)

Alumni Profile

Growing a passion for golf

One of our many international students, **Jeremy d'Argent** graduated from our PGA Diploma Class of 2014. Competitive performance highlights during his time with us, included representing Mauritius in the 2014 Zone VI Tournament in Cape Town.

After graduation, he was selected for our internship programme to complete his practical hours. Through our international network, he gained international employment in the Golf Operations department at Frenchman's Creek Beach & Country Club, an upmarket golf community in Palm Beach Gardens, Florida, USA. After two years in USA, Jeremy returned home to Mauritius to take up his current position as Head Golf Professional at Mont Choisy Le Parc, which is a new golf estate near Grand Baie.



Jeremy d'Argent

Here's what Jeremy had to say about his BSI journey;

"I enrolled in the PGA Programme with BSI in 2012. I spent 4 years at the academy and I must say it was probably the best years of my life. Being able to wake in the morning, say to myself I'm off to learn and specialize in my passion was something very special to me. The academy was at the heart of all my learning and life experiences as a young high school graduate. A true melting pot of cultures, ethnicities, and most importantly sporting talents..."

BSI's PGA programme was the perfect balance between academics, practical learning and golf training. We were taught and cared for by respected professionals in the industry which played in significant part in our personal developments. The programme offered a broad number of subjects which touched all aspects of the golf industry."

If you dream of pursuing a career in golf with international opportunities, then the PGA Diploma or Greenkeeping programmes at BSI are the perfect college options for you. Contact us to start your journey.

Your journey starts here >

Performance Tip

Lockdown Lessons

Improve your golf from home

We've been putting together a series of **Lockdown Lessons** to help you continue your golf training at home during isolation. This time at home provides a great opportunity to work on your set-up, swing positions and body motions without the usual fear of hitting bad shots.

Check out our social media feeds (under the profiles: BSI Golf, Balderstone Sports Institute & Michael Balderstone) for plenty of these.

Here's a great one to avoid the dreaded hip sway on the backswing, that just needs a tennis ball and a wall. Enjoy.



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