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Sunday, July 13, 2025

[Email us](#) | www.whangareigolfclub.co.nz | **Tel:** +64 9-437 0775



What's been happening?

Eagles vs Juniors

Our club was proud to host the Eagles vs Juniors this year with the Juniors winning the day 6.5 to 5.5.



Lucky Putt a big hit!

At the last Black Tee Day, Matt ran a Lucky Putt Contest which was won by **Peter McTaggart**. The boys all got behind it with plenty of banter and a

mixed bag of putting skills on display.

Thanks to Jack Broom and the Men's Committee for organising the prizes with the proceeds going back into the Club.

FootJoy Shoe Fitting

Our recent shoe fitting day went well with 10 pairs of shoes being fit and sold to our members. A big thank you to FootJoy's Andrew Horan for making the day possible!



Volunteers going well!

Our Shop and on course volunteers have been doing us all very proud, their help has been invaluable.

We welcomed **Carlton Stanley-Hunt** to the team working with our greens staff this week. Welcome and thank you, Carl!

We have an open invitation to any other members wanting to volunteer

their time in any area of the Club, [please let the Shop staff know](#).

Upcoming Events

Reminder for Norm's appreciation Day

Format: 9-hole Ambrose Tournament

Date: Sunday 18th August

Time: 10am

Cost: \$10

Followed by a pot luck lunch (please take lunch contributions upstairs before play. There are facilities to heat food if necessary).

This invite is extended to all members, please come and join us to say farewell to Norman.

9-Hole Strokeplay Championship

Dates:

(Saturday group) 17th & 24th August

(Wednesday Group) 21st & 28th August

Start time **9am** playing in cap order off the 1st Tee.

Divisions:

DIV 1: 0-29.9

DIV 2: 30-37.9

DIV 3: 38 +

*Divisions set by NorthGolf (formerly Golf Northland)

18 Hole Men's Strokeplay

Rd 1 14/09/19

Rd 2 21/09/19

Good to see some names registered already but lets keep it up we want to

see a strong field in this years events.

[Register with the Shop.](#)

Northpower conference

FYI we are hosting Northpower for a huge conference on the 19th so expect a full carpark that day.

Matt's ball striking clinic

Tuesday 2pm

\$20 per head

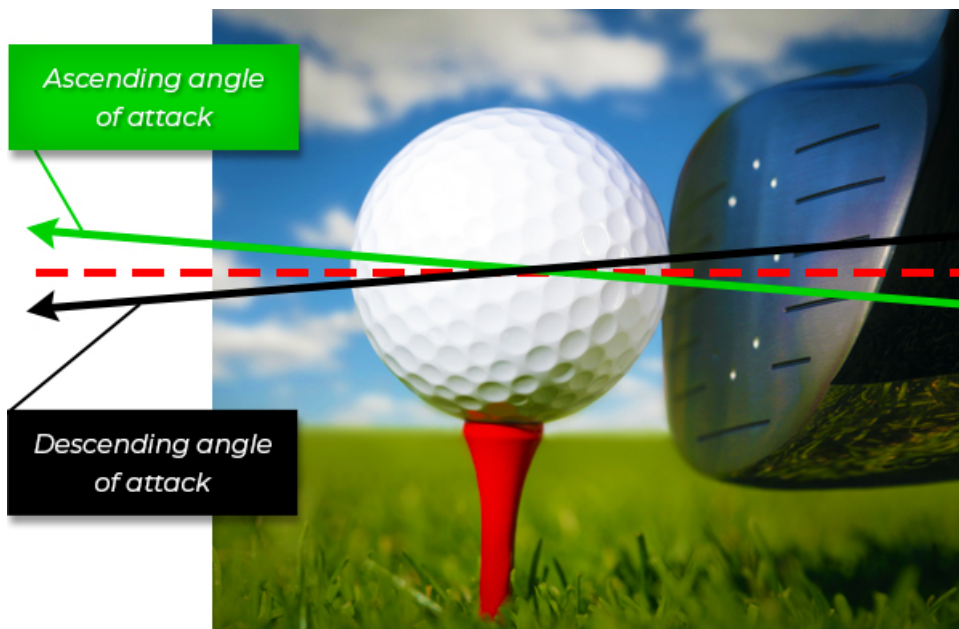
Do you struggle with striking the ball consistently out of the middle of the clubface? Matt's ball striking clinic will have you hitting those pure shots more often which will ultimately translate to lower scores!

[Contact Matt](#) for any enquiries.

Spin: friend or foe?

This impacts better players too

Last week we showed how many golfers have a simple swing fault that is robbing them of 21 metres. They strike their tee shots with a slightly descending blow (just 5°) rather than a slightly ascending blow.



One of the characteristics of better players is a better swing, but it's also often a faster swing speed. However, when we look at most of our better golfers, while they don't strike the ball on the tee with a descending blow, they're often "neutral", so even for them, the distance they're being robbed of is substantial.

Clubhead speed	Angle of attack	Launch angle	Spin rate	Total distance
100mph	0°	10°	2,600rpm	278 yards
100mph	5° up	12.5°	1,900rpm	293 yards

Don't let spin rob you

Book an assessment with us and let's find your personal launch DNA: the perfect match of launch and spin for the ball speed you're creating.

[Contact us >](#)

It's time to do something

This is wrong, let's reverse the trend

Between 2002 and 2012, the incidence of type-2 diabetes in children increased by 5% according to research done for the Center for Disease Control and Prevention. Further research indicates that we can expect to see an even faster acceleration by 2022.



You might think that golf isn't a sport or activity that burns the most calories. You might think that there are more intense sports. But you'll struggle to find a sport that gives a child so much.



We know golf is good for children

If you have a child or grandchild, then let's get them started playing golf.

We'll make it fun and enjoyable, social, and active. We want them to be healthier for their whole life. We want them to have those 5 years back. It's time to do something.

Contact us for an assessment >

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