

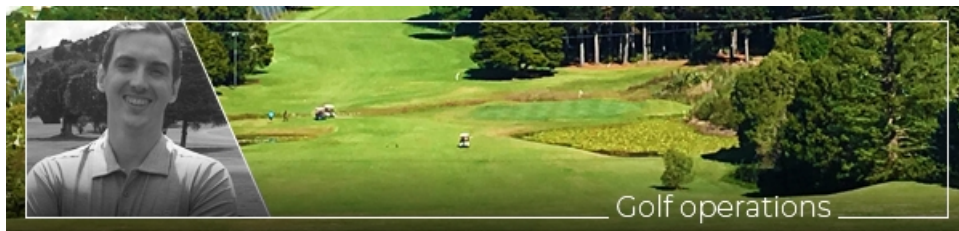
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Tuesday, April 30, 2024

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Whangarei Golf Club Schools Cross Country Event sponsored by Pak n Save

15th August

Dear Members,

The Club is holding its annual **Inter-Schools Cross Country Challenge**. If you remember from the past two years, we close the course for the day to let the local schools use our beautiful course.

Last year's event was a great community day with over 650 participants and many more spectators. The **I have a Dream Foundation**, **Sport Northland** and **Golf NZ** were all involved. The Mayor of Whangarei was there and congratulated the Club with a lovely letter praising the day. **Pak n Save** has kindly sponsored the Cross Country and Tikipunga High students have been helping to arrange the day. A big thank you to all who have been involved so far.

Any Members who would like to volunteer on the day to help with marshalling, please [contact the Pro Shop](#).

Also, it is an open invitation to all our Members to come along and spectate this great event. We hope to see you there!

Congratulations Peter McTaggart

Well done **Peter** on winning the Pacific Homes Carters Trade Cup with 39 stableford points on Friday.



Men's Strokeplay Championships RD 1

14th September

Men, please mark the date and spread the word that round one of the Club's most prestigious cup is to take place next month. Register your name in the Pro Shop. Let's get a strong attendance for this one. There will be divisions so we look forward to seeing you all at this event.

FootJoy Shoe Fitting Day

Wednesday 7th August 10:30am-2:30pm

All the shoes, all the styles and sizing! Come along and size yourself up for a new pair of FootJoy's latest and greatest. Andrew Horan returns (you may remember him from our highly successful Titleist Club fitting experience) and he is bringing the entire range with him for our Members to try.



[Click here](#) to book a time through the Pro Shop.

Reminder! Norman's Appreciation Day 18th August

A reminder to all golfers (not only Members) to register for Norman's Appreciation Day on the 18th which will be a 9-hole Ambrose followed by potluck lunch. Its **\$10** entry with proceeds going to Norman and his family as a thank you for his many years of service to our Club.

Register your entry in the Shop or call us **09 437 0775**

Matchplay Results - RD 1

Seniors

We saw a win for Craig Palmer who will face Bruce McLeod in the final.

Intermediates

A win for Steven Jones will see him face Eric Adams in the next round. Dirk Mostert advances to face John Gordon. Wins for Peter McTaggart (again!) and Stuart Grey will see them face off in the next round. And finally Moka Te Wake won his match to secure his place in the next round against George Stoufis.

Juniors

Maurice Fletcher won to secure his next match against Glenn Jonas. Keith Henley will face Mike Collins who both won their first round matches.

D-Grade Champion

Don Robertson

The next round of the Club Matchplay is to be played by the **17th August**.

Spin: friend or foe?

How can you influence spin rates?

Manufacturers have long known that regular golfers needed a higher launch angle on tee shots. For a while, they tried to urge golfers to play super-high lofted drivers. But while increasing the dynamic launch angle (the actual angle the ball launches), it also created the side-effect of too much backspin for many.



If you create too much backspin for your ball speed on your tee shot then you create too much lift. The ball will balloon and then fall too quickly to the ground, robbing you of distance.

By fixing a very common swing fault, most golfers can increase the launch angle and lower spin rates to increase distance off the tee substantially.



Many golfers have a slight downward angle of attack on the ball with a driver, but that has the effect of lowering launch angle and increasing spin rate. A very poor scenario for most golfers.



21 extra metres

TrackMan data shows us that a golfer with an 80mph swing speed who changes their angle of attack from -5° to $+5^{\circ}$ increases their dynamic launch angle by 4° , but even more importantly reduces their spin rate by over 1,000rpm. And that means 21 extra metres.

Book an assessment with us and let's find your personal launch DNA: the perfect match of launch and spin for the ball speed you're creating.

[Contact us >](#)

It's time to do something

A staggering fact

Scientific research indicates that, despite the medical advances that are curing many diseases, the life-expectancy of the latest generation is going to be 5 years less than we currently live!



We're not here to lecture anyone on diet, nutrition, or "screen-time". But we do believe that we need to get our children to embrace a more active lifestyle.



That's why we want to help

If you have a child or grandchild, then let's get them started playing golf. We'll make it fun and enjoyable, social, and active. We want them to be healthier for their whole life. We want them to have those 5 years back. It's time to do something.

[Contact us for an assessment >](#)
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