

Sunday, May 19, 2024

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## Your 2019 golf resolutions

Amongst the resolutions people will have made for 2019, many will fall under the categories of "Health & well-being"; "Social engagement"; and "Time for yourself". Guess what? Golf delivers on all of those.

Some of you will be reading this from warmer climates. Get out. Walk. Play golf. It's good for your whole well-being.

Those of you who can't fly south should still find the time to get outside. Keep walking. Stay fit and healthy. The good weather will come again.

## We have you covered

No matter what the weather



Get a jump on your 2019 golfing season!

Are you tired of playing poorly?

Assess your game!

Set your performance goals!

Have a plan for winter going into spring and beyond!

Monitor your progress!

All of these goals can be achieved through sessions in our simulator, with practice and coaching using ball flight and club analysis. You will have the opportunity to play your favorite golf courses while working on your course management skills.

**30 Minutes \$75.00**

**1 Hour \$125.00**

**Group of 3 \$55.00 per person**

*Simulator price includes use of the simulator/teaching and coaching.*

For more information contact Rick by email: [rickkrebsgolf@yahoo.com](mailto:rickkrebsgolf@yahoo.com) or call **443-286-1986**.

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