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Saturday, July 05, 2025

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Let's fight cancer together

Finding a cure is our goal, spreading awareness plays a role

Hi,

In December, I'm taking on **The Longest Day** - the ultimate golfing challenge. I'll be testing my skill, strength and stamina by playing 4 rounds of golf in a single day to support Cancer Council and raise funds for those affected by cancer.

Please sponsor me and support my efforts to give back and change lives.

Australia has one of the highest rates of skin cancer in the world, with two in three Australians diagnosed with skin cancer by the age of 70, and I want to do something to help change this!

Simply click the link below to make a donation to my page.

<https://www.longestday.org.au/fundraisers/alexsutherland>

Cancer Council is a community funded organisation, working in local communities to help support people as they navigate their cancer journey.

Their work is really important, and I want to do what I can to help. But there is only so much I can do on my own.

You can help too, by donating to my page. Any amount you can give makes a difference!

You can also support me by encouraging others to get involved, too. Please email the link to my page to your friends and family, or share it on social media.

Thank you so much for your support - it is truly appreciated.

Best wishes,

Alex

**There's more than one way
to make par**

When a hole-in-one isn't a hole-in-one!



Does anyone remember Fred Couples hole-in-three on the famous island-green 17th hole at TPC Sawgrass back in 1999? Last Saturday Eastlake member **Ross Coleman** managed something similar when he holed his tee shot on the 16th hole. Unfortunately it was with his second ball as his original tee shot went deep into the bushes. It was a great way to make a 3 and a more rare feat than having a hole-in-one.

Congrats Ross, hopefully the next one comes on the original tee shot!

Club Championships 2019

Congratulations to all those who have taken part and especially to those who've made it this far! We're almost at the finish line and will shortly know who are Eastlake's Club Champions for 2019.

Good luck to all our finalists playing this weekend!

Click to enlarge

A Grade Club Championships 2019

Quarter Final 09/11/2019 to 09/11/2019			Semi Final 16/11/2019 to 16/11/2019			Championship 23/11/2019 to 23/11/2019		
<div>🏆 HARLEY HOLOHAN</div>	1	3 & 1	<div>HARLEY HOLOHAN</div> <div>1</div> <div>3 & 2</div>			<div>SCOTT ROBERTSON</div> <div>MICHAEL STEPHENS</div>		
<div>ROBERT FARRUGIA</div>	8							
<div>MARK PEEBLES</div>	4							
<div>🏆 SCOTT ROBERTSON</div>	5							
<div>DAVID GALLOWAY</div>	2	7 & 6	<div>🏆 MICHAEL STEPHENS</div> <div>7</div> <div>5 & 3</div>					
<div>🏆 MICHAEL STEPHENS</div>	7							
<div>1 UP</div>								
<div>🏆 CHRIS HICKS</div>	3							
<div>DARREN SPALDING</div>	6	3 & 2	<div>CHRIS HICKS</div> <div>3</div>					

A-Res Grade Club Championships 2019

Quarter Final 09/11/2019 to 09/11/2019			Semi Final 16/11/2019 to 16/11/2019			Championship 23/11/2019 to 23/11/2019		
GREG ANGELDU 1			MARTY MELROSE 8			MARTY MELROSE 8		
3 & 2								
MARTY MELROSE 8			DANIEL MARK 5			6 & 5		
MATTHEW HICKS 4			THOMMO THOMPSON 2			THOMMO THOMPSON 2		
6 & 4								
DANIEL MARK 5			JASON MARKEZIC 3			JASON MARKEZIC 3		
THOMMO THOMPSON 2			JASON MARKEZIC 3			W/O		
PETER GIBSON 7			2 UP			W/O		
JASON MARKEZIC 3			4 & 3			W/O		
ALAN HAJJE 6								

B Grade Club Championships 2019

Quarter Final 09/11/2019			Semi Final 16/11/2019 to 16/11/2019			Championship 23/11/2019 to 23/11/2019		
PETER GIOLAKARIS	1	19 HOLE	PAUL MARK 8 1 UP			MARTIN ROBINSON 4		
PAUL MARK	8							
MARTIN ROBINSON	4	10 & 8						
MICHAEL LACHERDIS	5							
PAUL MUIR	2	4 & 3	RAY MCMAHON 7			RAY MCMAHON 7		
RAY MCMAHON	7							
SMITTY SMITH	3	3 & 2	SMITTY SMITH 3			7 & 6		
SHANE SCHNEIDER	-							

C Grade Club Championships 2019

Quarter Final 09/11/2019 to 09/11/2019			Semi Final 16/11/2019 to 16/11/2019			Championship 23/11/2019 to 23/11/2019				
ALEX GRISHIN	1	19 HOLE								
♣ STEPHEN LEE	8		♣ STEPHEN LEE			8	1 UP			
♣ WALTER DEVECHES	4		WALTER DEVECHES			4				
MATTHEW GOOLD	5									
7 & 6										
DAVE ROBERTS	2	19 HOLE				STEPHEN LEE			8	
♣ MARK RODGER	7		♣ MARK RODGER			7	MARK RODGER			7
GEOFFREY CAREY	3									
♣ ROBERT FALLIDI	6		ROBERT FALLIDI			6	19 HOLE			

Eastlake weekend raffle

Congratulations to all the winners!

1st: Paul Muir – Footjoy pants

2nd: Andy Muller – 45 Minute lesson

3rd: Paul Gale – Eastlake logo hat

4th: Toby Clare – Bushnell water bottle

5th: Matt Cox – Spike wrench

Make sure you don't miss out this weekend to stand the chance of winning some awesome prizes!

Let's find your letter

HOP AND STOP SPIN

THE NEW VOKEY SM7 WEDGE



MORE SPIN ACROSS YOUR SET

Whether you're hitting a low bounce wedge from a firm lie or a high bounce from a soft lie, having reliable spin across your wedge set is important for improved short game control.

NOT JUST A PRETTY FACE

Vokey's Spin Milled grooves in the SM7 are narrower and deeper in the low lofts (46-54), while being wider and shallower in the high lofts (56-62). This gives you added spin on all your wedge shots. And that spin will last, thanks to a unique heat treatment process.



“Having this much spin gives you added support on those tricky up and downs and makes the game a lot more fun.”

**We help you find the right letter.
You hit your number.**

There are 23 wedge configurations to choose from, but once we know your swing type, we can set you up to take on any short game challenge with confidence.

Better wedge play >

Fix par 3 mistakes

TEEING UP TOO HIGH



Teeing your ball up on par 3s makes clean impact a bit easier, but go too high and you lose ball speed and land short of the green.

HIGH face impact

By teeing up too high you increase the chances of striking the ball high up on the club face and losing lots of ball speed.

So even if your club selection is spot on, you would still fall short of the green.



“If you’re taking a short iron on a par 3, tee your ball up lower, think level with the blades of grass. With a long iron, you’ll want to go fractionally higher, as though the ball is lying atop a fluffy fairway.”



Do you know your numbers?

Next time you’re on the range take ten shots with the same club at the same target and note your average distance and dispersion.

Use the TEEING AREA WISELY

Before you tee up at all, think about positioning yourself at a spot on the tee box that gives you the best angle into the green based on your natural shot pattern as well as the conditions.



Better course management

Swing improvement takes time, but good strategy brings immediate results. We'll help you make better decisions on the golf course that will put you into more scoring positions.

Play 9 with us >



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