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Sunday, July 13, 2025

[Email us](#) | www.wingateparkcountryclub.co.za | **Tel:** 012 997 1312



Welcome to Wingate!

Say hello to our newest members



A stroke of good luck

Brett Hein will be flying the Wingate flag at
St Andrews

The **Inaugural Cape of Good Hope Wine Series Lucky Draw** recently took place and we were informed that one of our members being **Brett Hein** won the trip to **St Andrews** at the end of September 2019.



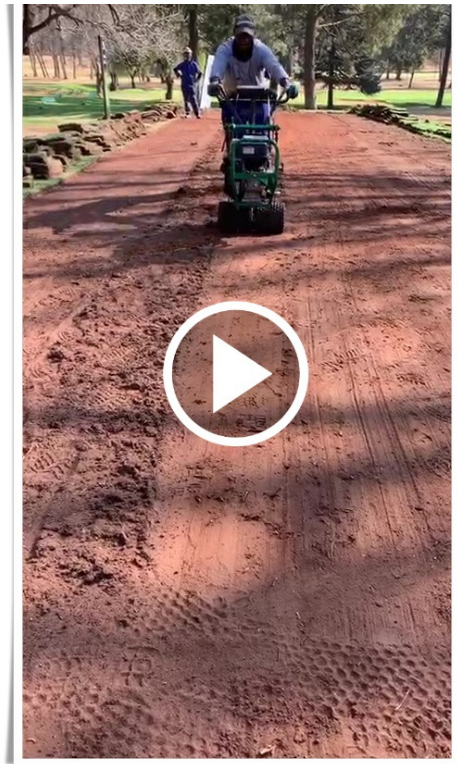


Course revamp

Laying down the groundwork for a better golf experience

We're rebuilding the tee at hole number 5. Take a look at our progress below.







Membership for Millennials

Become a member without breaking the bank

Calling all millennials, we have exciting news for you! We have a special offer on our membership for persons under the age of 35. For only **R790.00** (including playing card), you can enjoy the ultimate golfing experience at Wingate Country Club.

WINGATE PARK COUNTRY CLUB



UNDER 35 MEMBERSHIP

**R790.00 PER MONTH
INCLUDES PLAYING CARD**

[Join now >](#)

**Get your kid excited about
golf**

How we all fell in love with the game

Is your kid eager to join you on the course? We have just what your kid needs to learn the game and have fun while they are at it.



Benefits of being a

Junior Golfer

@ Wingate Park Country Club



Full Member of the Club



Pay NO Membership fees



**Greenfees only payable on
Weekends & Public Holidays**



**Only pay for your Handicap card
@ R610.00 per year**

[Sign-up now >](#)

Good reason to swing by

Play a round, grab a slice

Calling all pizza lovers for our Member's Special. For only **R100**, you can end off a round on our 9-hole with one of our delicious pizzas, washed down with a cold one. So be sure to swing by from Monday to Friday.



Spice up your day

It's taco time! For only **R65**, you can sink your teeth into two tasty chicken taco's and recieve a complimentary Stellenbrau beer or Gin Iced Tea on tap. Is your mouth watering at the thought? Pop in to try it out.

WINGATE PARK COUNTRY CLUB



[Make a reservation >](#)

Who conquered the course?

Competiton Results

Friday, 09 August

Betterball

1st: A Zietsman & C Lazarus - 44pts (c/o) (R500.00)
2nd: A Ackerman & P Els - 44pts (c/o) (R350.00)
3rd: Peet Snyders & Hendrik Visser - 43pts (R250.00)

Saturday, 10 August 2019 (AM)

Betterball Bonus Bogey

1st: Grant & Peet- +9 (R500.00)
2nd: E Odendaal - +8 (c/o) (R400.00)
3rd: H Gouws & R Gerber - +8(c/o) (R300.00)

Saturday, 17 August

Monthly Mug

1st: Ruan Brits - 44 pts (R900.00)
2nd: Norman Lansdell - 31 pts (R800.00)
BG: Hermanus Prinsloo - 72 Gross (R700.00)
3rd: Ruan Conradie - 39 pts (R600.00)
4th: I Schoeman - 38 pts(c/o) (R500.00)
5th: Buks Coetzer - 38 pts(c/o) (R400.00)

Sunday, 18 August

Betterball

1st: Ane Zietsman & Craig Rohland - 45pts (c/o) (R400.00)
2nd: Naan & Dan - 44pts (c/o) (R300.00)
3rd: N Jacob & R Dondar - 43pts (R200.00)

Spin: friend or foe?

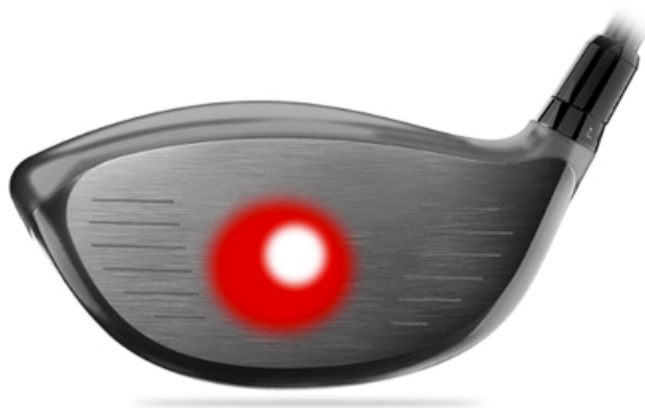
The impact zone and launch

In the last weeks we've described how a simple swing fault (the angle of attack) can lower launch angle and increase spin, robbing you of 20+ metres of tee shot distance. Miss the sweet spot, and you lose more than ball speed,

you also impact your launch DNA.



A common error we see is golfers consistently making contact below the sweet spot. It might still feel solid, but tests run by Golf Magazine revealed a likely loss of up to 4° of launch angle and an increase of nearly 800rpm. For the regular golfer that's a loss of between 10 and 15 metres.



Most manufacturers are now working hard to release new drivers that protect launch and spin, as well as ball speed away from the sweet spot. That helps make significant improvements to average distance as well as increasing the distance on your perfect strikes.

Don't let spin rob you

Book an assessment with us and let's find your personal launch DNA: the

Book an assessment with us and let's find your personal launch DNA: the perfect match of launch and spin for the ball speed you're creating.

Contact us >

It's time to do something

Everyone benefits

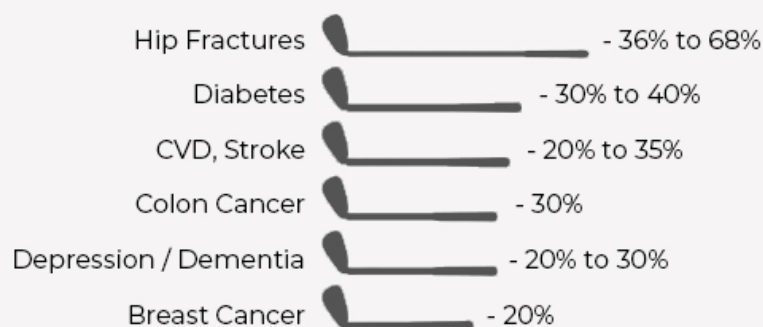
Scientific research indicates that, despite the medical advances that are curing many diseases, the life-expectancy of the latest generation is going to be 5 years less than we currently live!

Last week we reported on the alarming rise in type-2 diabetes in children, youths, and teens. We promoted golf as part of an active lifestyle. Well guess what? *"Golf is proven to be great for your health over your whole lifetime."*



Golf and Health and the University of Edinburgh published an infographic that highlighted the level of reduced risk of chronic health conditions if you have an active lifestyle.

Physical activity is associated with reduced risks of chronic conditions



Walking the course

4 - 8 miles

If you didn't think that golf was an



7-8 times

11 – 17,000 Steps

1,200 Kcal

active lifestyle then note
just how active it is.

Help your family live an active lifestyle

So, as well as improving the life of a child or grandchild, introducing golf to a spouse or sibling whatever their age will improve their lifestyle and contribute to a longer and better life. It's time to do something.

[Contact us for an assessment >](#)

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