

[View online](#) for a better experience

[Subscribe](#) | [Unsubscribe](#)

[Download a printer friendly copy](#)

Tuesday, July 08, 2025

[Email us](#) | www.wingateparkcountryclub.co.za | **Tel:** 012 997 1312



Ground under repair

It's going to be greener on our side

We are in the process of planting new grass for Springtime, all hard areas are being loosened and must be handled as GUR areas.



Don't let the frost get you down

Slice off the fairways

During the early hours of the Winter Mornings the Fairway might be a bit frosted. If you see any frost, try and stay on the side of the fairways.



A rundown on nine-hole scores

Handicaps News July 2019



This month we look at nine-hole scores and the changes that will be introduced on October 1 2019, as part of the transition to the World Handicap System.

Click [here](#) to read more.

Mix up your game

These courses are worth a shot

We are proud to have reciprocity with a several clubs, so that you can enjoy the ultimate golfing experience. Take a look at the following clubs that we have reciprocity with.



Wingate Park **Country Club**

Is happy to announce
that we have
Reciprocity with the
following Country Clubs



Made with PosterMyWall.com

Do you have what it takes...

to be a champion at the Wingate Cup

24 August 2019

WINGATE



24 AUGUST 2019

Hole 1-9 BB Stableford
Hole 10-18 Combined Stableford

Made with PosterMyWall.com

**Let your kids learn to love a
lifetime sport**

It won't end in heartbreak



Benefits of being a

Junior Golfer

@ Wingate Park Country Club



Full Member of the Club



Pay NO Membership fees



**Greenfees only payable on
Weekends & Public Holidays**



**Only pay for you Handicap card
@ R610.00 per year**

Made with PosterMyWall.com

There is no better way to bond with the family than a fun golfing experience together. So, why not introduce your junior to the game?

[Contact us](#) to sign them up.

**The right way to cause a
racquet**

Try your hand at tennis

Tennis is a game for everyone, make sure you are practicing correctly with
Coach Hendrik.



It's always a smashing good time on the court



How to treat a special lady

Honey, let's go out for a Night of Fine Dining

08 August 2019, 19:00

Treat a special someone to a Night of Fine Dining at the Wingate Country Club on the 8th of August 2019. For just R600 per couple, you can enjoy a 4-course meal, along with a wine pairing.

Looking to spark the romance? Join us for a magical evening with good food and company.

RSVP before 01 August 2019.

A Night of Fine Dining

*R600.00 per couple
4 Course Meal with a wine pairing*

Menu

Starter

A duo of smoked Scottish Salmon roulade medallions and Vietnamese spring parcel served with cucumber chutney

Intermediate

Fresh Watermelon and Lemon Sorbet

Main Course

Karoo Loin of Lamb served with a wild mushroom parcel, poached asparagus and garlic foam.

Dessert

A Trio of desserts
Brandy Snap Cigars
Baked Cheesecake Meringue
Chocolate Mousse Tower



Venue : Wingate Park Country Club

Date : 8 August 2019

Time : 19:00

Attire : Smart Casual

RSVP before 1 August 2019

Limited to 10 Couples

Made with PosterMyWall.com

Who conquered the course this week?

Results for Race To Wingate

1st: Vian Harper - 111pts (R2000)

2nd Pieter Cooper - 109pts (R1500)
3rd Natasha Anthony - 108pts (R1000)
4th Casper Kruger - 107pts (R800)
5th Norman Lansdell - 105pts (R700)
6th JC van Niekerk - 104pts (R600)
7th Yvonne O'Neil - 100pts (R500)

Weekend Results

Saturday, 27 July

Combined Stableford

AM

1st: H vd Merwe & J Seaward - 68pts (R500.00)
2nd: C Mouton & C Mouton - 66pts (R400.00)
3rd: E Wilken & E Odendaal - 64pts (R300.00)

PM

1st: R Brown & S Brown - 76pts (c/o) (R500.00)
2nd: F Wolmerans & H Prinsloo - 76pts (c/o) (R350.00)
3rd: N Lansdell & G Neiteler - 72pts (c/o) (R250.00)

Sunday, 28 July

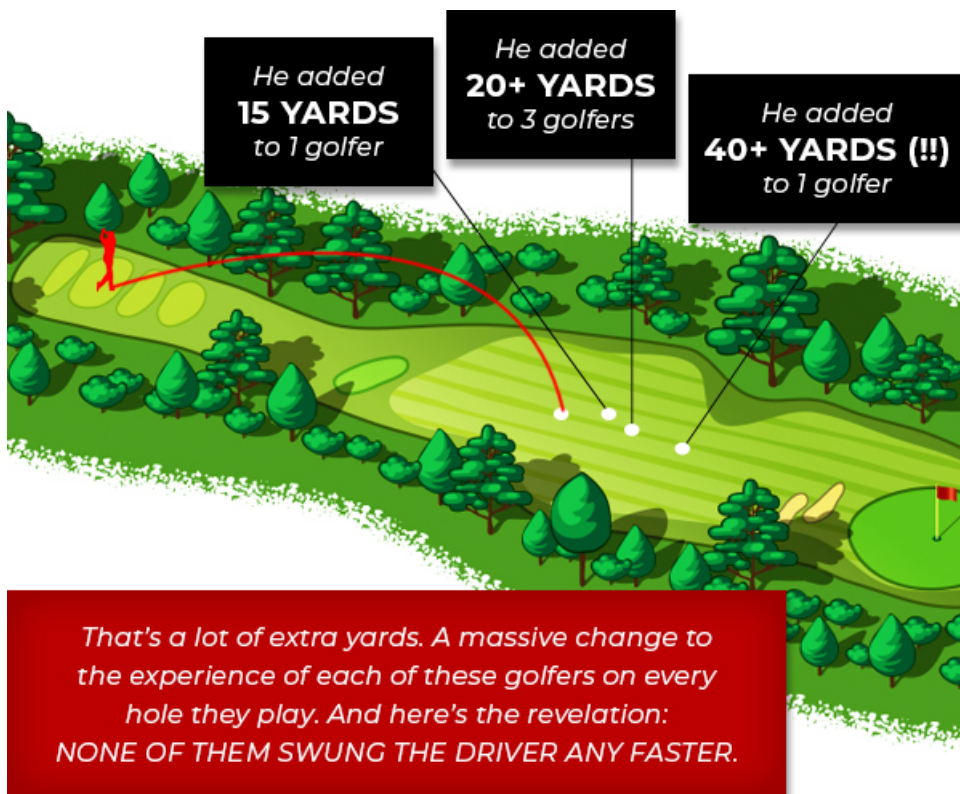
IPS

1st: Wayne Michael - 40 c/o (R500)
2nd: Moshaad Motani - 40 c/o (R400)
3rd: Mike Figueira - 36 c/o (R500)

Spin: friend or foe?

This is a bigger deal than many think

A colleague of ours recently picked five golfers at random in his club. Three men and two women of differing ages. He spent 20 minutes with each one and their driver (along with alternative configurations).



Changing the spin rate with the same swing speed has a huge impact on the distance the ball travels. Too much backspin for the ball speed and the ball will have too much lift and balloon. Too little spin and the ball doesn't have enough lift and dies quickly. (Read The Magnus effect and Bernoulli's principle if you want more physics).

The laws of physics (proven with the data from hundreds of thousands of golf swings) means that those with slower swing speeds generally benefit from a higher launch angle and more spin, than someone with more aggressive swing speeds.



Matching swing speed, ball speed, launch angle, and spin rate on tee shots, will make upwards of 40 metres of difference for some golfers. How much difference would it make to you?

Don't let spin rob you

Book an assessment with us and let's find your personal launch DNA: the perfect match of launch and spin for the ball speed you're creating.

[Contact us >](#)

It's time to do something

What is happening to our children?

Right now, we have a younger generation who are expected to LOSE 5 years of expected life because of childhood obesity, poor nutrition and activity, and the rise of type-2 diabetes and coronary disease. Golf can help reverse this trend.



We need children to become more active. Of course, they need to participate in more than one activity, but golf should be one of the activities. It has everything for a child.



 <https://crown-golf.co.uk>

Start your child now

With young children we're not thinking about creating Tour superstars, we're trying to introduce them to a past-time that will offer them the chance to live an active and social lifestyle that will make them healthier for their whole life. It's time to do something.

Contact us for an assessment >

Share



This mail was sent to {{contact.contact_email}} by Wingate Park Country Club and is provided as a service for the members and guests of Wingate Park Country Club and has been supported and sponsored by advertisers in this email and our partner suppliers. For any queries contact us on 012 997 1312.

*Sent on behalf of Wingate Park Country Club by
RetailTribe: Unit 8 | Blaauwklip Office Park | Stellenbosch | 7600 | 021 880 2693*

Trouble viewing this newsletter? [View it online](#) | [Download a printer friendly copy](#)
[Subscribe here](#) | [Unsubscribe here](#)