Email us | www.sanlameergolf.co.za | Tel: (039) 313 5141

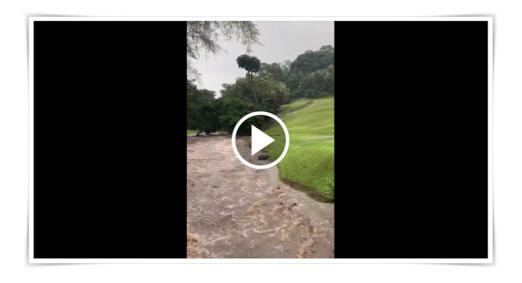


## A word from Meyer





We measured a total of **470 mm of rain** from Sunday (afternoon), **21 April – Wednesday (morning), 24 April** which caused some damage to our course which will take a bit of time to repair.



Here are 3 more videos of the floods if you are interested:

Video 1

Video 2

Video 3

The greenkeeping staff did a phenomenal job in the last week to get the course playable, the players are in awe of the progress we've made.

We started with the over-seeding of the greens just before the floods and we were delighted to see the seeds germinating despite the heavy rains.

We will do a couple of follow-up seedings to make sure all areas are covered.

Thanks for all the support and understanding received from everyone, we appreciate all the offers from homeowners to assist in the clean-up, you guys are great. We would also like to thank Southbroom golf club for offering our members a members green fee while our course was closed.

Our thoughts and prayers go out to families who have lost loved ones during the devastating floods.

## **Caddies**

San Lameer hosted a very successful league match, it was very disappointing that Scottburgh's two teams were not able to play this time but I look forward to seeing them out here next time. San Lameer won on 3 for 2.

Well done guys we are super proud of you and thank you for representing our club so well on the day. View the results here. View the results here.



Golf for a good cause

## Thanks to the 4 x 4 Men's Team Challenge we could give back to some great causes

San Lameer Country Club proudly donated a total amount of R50 000 to the following beneficiaries. **CHOC Childhood Cancer Foundation SA, CANSA The Cancer Association of South Africa** and **Hospice.** 

Every year San Lameer Country Club hosts the popular Men's  $4 \times 4$  Team Challenge and additional funds are raised at this tournament for this great cause.



## Reciprocity





We are very happy to inform you that we have joined hands with **Pezula Championship Course** in a reciprocal agreement. Any of our members can play at Pezula from **1 May 2019 – 30 September 2019** and qualify for a

special green fee of R460 pp. including cart sharing. Their members in return get the same deal playing at San Lameer.

Should you decide to make use of this great deal please send me a mail at <a href="mailto:meyer@sanlameer.co.za">meyer@sanlameer.co.za</a> to make the booking.

## Handicap news

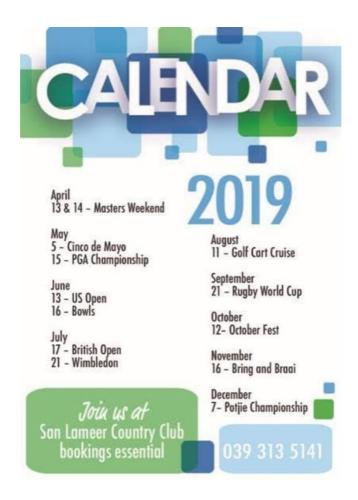
In January 2020 South Africa and the SADC countries, along with the rest of the world, will be going live with the World Handicap System.

The only significant changes to our current system will be that your Handicap Index will be calculated using the best 8 score differentials out of the last 20, with no reduction percentage, and the maximum score allowed on a hole when calculating your Adjusted Gross Score for Handicapping purposes will be Net Double Bogey (i.e. net 2 over par or zero Stableford points).

Read more here.

## Country Club monthly activation

We decided to have a fun activation every month for our local and visiting members. The aim of these activations is to build camaraderie and friendship between our homeowners and members and the charges for each event will be kept to a minimum to cover our costs. We would appreciate if you can diarise these dates accordingly. A poster for each activation will be distributed closer to each event.



## **Competition results**

10 April 2019 - <u>View results</u>.17 April 2019 - <u>View results</u>.

## **Upcoming events**



#### Why don't you join the Southbroom Ladies Classic?

The 2019 Southbroom Ladies Classic now in its 16th year! The Ladies Amateur Classic is held annually in early May. It is a highlight on the Southbroom Golf Club calendar and attracts a full field of over 128 ladies annually. The ladies come from all over South Africa to enjoy three days of Golf and the great camaraderie that Southbroom is renowned for.

This year it is from the 12th -14th May.

#### Thank you & yours sincerely,

#### Sheena James, Derek James & The Ladies Classic Committee

Contact details:

Tournament Director Derek James: 039 316 6051 or

Southbroomproshop@gmail.com

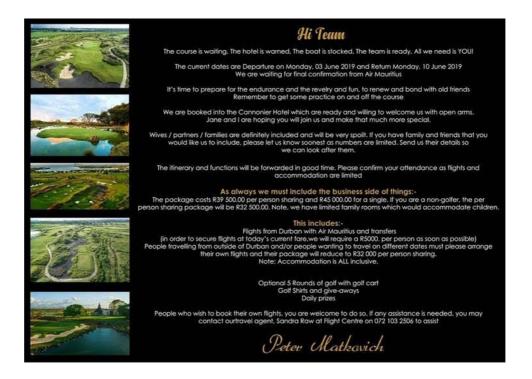
Tournament Secretary Sheena James: 083 302 7252 or e-mail

djsheena@venturenet.co.za

Manager Gavin Sole: **039 316 6026** or e-mail <a href="mailto:sgc@venturenet.co.za">sgc@venturenet.co.za</a>

#### Matkovich Challenge

Keen to join Peter Matkovich on one of his tour in Mauritius? Please <u>let me</u>
<a href="mailto:know">know</a> should you be interested.



## Beer for a year!

Thanks to **Heineken** who got on board with a great initiative for our members. The first member to make a hole-in-one on our beautiful hole 9, will win Sol beer for a year (12 cases).



Not for Sale to Persons Under the Age of 18. Enjoy Responsibly.

## 2019 golf calendar

#### May

18 May – Pro Deo Golf Day 22 –25 May – Tee for Two

#### June

5 – 8 June – The Invitational 11 June – Engen Golf Day

#### July

10 July – Mercedes Benz Ladies Golf Day 22 July – Senior Women's Golf 27 – 29 July – PGA Fundraiser

#### **August**

1 – 3 August – 4 x 4 Men's Challenge 26 – 30 August – SA Kids Golf – Junior Africa Challenge

#### September

8-12 September – National PGA Pro Am 17 September – ARC Golf Day

#### October

25-27 October – Compleat Golfer 5 star Experience

#### **November**

3 November – KZN Open 5 – 8 November – Hollowtining 18 November – Senior Women's Golf

#### December

14 December - Els for Autism
17 December - Club Championships
21 December - Presidents Cup
23 December - San Lameer Open

#### 2020 Calendar

1 January – Greenkeeper's Revenge 31 May – 3 June - Senior Women's Nationals

## **Treat yourself**



# May Special

#### Couples De-Stress 90 min

- 60min Aromatherapy Massage
- 15min Head Massage
- 15min Foot Massage

#### R1990 Per Couple

Valid till 31 May 2019

San Lameer Resort Hotel & Spa 039 313 0642 sanlameer@camelotspa.co.za www.camelotspasanlameer.co.za



Motivational quote of the week

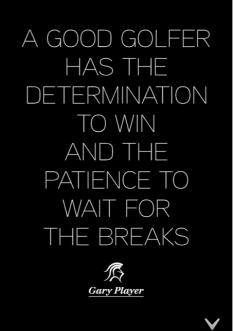
NEVER TOO OLD
TO
SET ANOTHER GOAL
OR TO
DREAM A NEW DREAM

Stop waiting
for things
to happen,
go out
and make
them happen

- C.S. LEWIS
TRAIN SMART - TRAIN HARD - CUSTOM FITNESS JOURNAL

## Golf quote of the week





## **Everyone wants forgiveness**

#### The very best ball strikers too

The lower your handicap, the less space you have for error. So wouldn't it be nice to have a little forgiveness built into your game? But, first we know you don't want to compromise some key features:

#### Smaller profile

You want control over ball flight, so the profile of the club is smaller. The CoG is higher and closer to the face.

#### Forged

It's likely you want to "feel" the ball off the face and enjoy a great response through your hands. Incidentally, these clubs also provide a really nice sound on contact.

#### No offset

You have no trouble squaring the face so the shaft and clubface line up.



The great news is that the hitting zone has been extended on many better 2018 and 2019 Players Iron models to accommodate slight miss-hits towards the heel or toe. Ball speed is protected, and the distance the ball will travel is unchanged. That's a critical part of the accuracy a low handicap golfer must have.



Small change; Big improvement

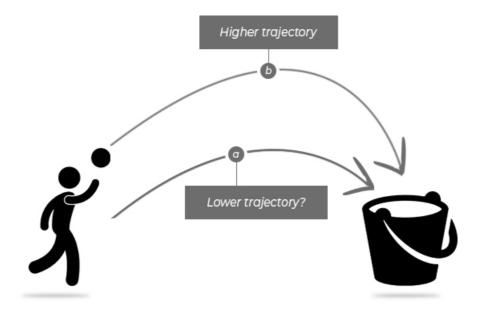
#### Play the perfect partnership

Exploit the advantages technology is giving you, especially if you have little room for error in your round. But, don't neglect the biggest advantage: Get fitted for a setup that makes it easier to hit the perfect golf shot.

Knock it downackusock it close.



If we asked you to stand 20 metres from this bucket and use an under-arm throw to get a golf ball in the bucket, would you use a lower trajectory (a) or a higher trajectory (b)?



Almost everyone correctly tackles this challenge by using a lower trajectory.



So why do most amateur golfers try and hit wedge shots as high as possible?





#### Knock it close with your wedge

Watch the golf on TV and you'll see Professionals hitting wedge shots mostly with a lower trajectc of spin. It makes it much easier for them to control dis an Lameer sier to be accurate. Time to

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