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A new US Open Champion

Great job, **Gary Woodland**. A first major victory. The US Open Champion. And achieved at Pebble Beach while holding off a charging Brooks Koepka. It doesn't get much better. Beyond everything you'll read about this victory, there are a couple of points that are very relevant to all of us.

First, if you can put the ball in play off the tee and putt when you do get to the dance floor, then you're going to enjoy your game. Think about your game. If you don't find the fairway often enough from the tee, what can you do to improve your performance?

Second, Woodland is another example of how important it is to play multiple sports. A good basketball player who played in State Championships before focusing on golf. If you have young children, then be careful not to have them specialize too early. Make golf one of the sports they play.

Could you save 5 shots per round?

Fraction of an inch and a matter of degrees

If you want to be a better putter; to become deadly within 12 feet; then become a fanatic about your setup and posture at address.



Remember, if your face angle is just 2° out, from just 6 feet you're already going to miss. Every one of you can invest some effort into setting up with the putter face square to the target line.

A setup with your eyes inside, or outside the golf ball, makes it much more difficult to aim correctly. That might mean you're square to the wrong target line.

Most putters are 35" in length and that leads many golfers to stand too upright forcing their eyes inside the line of the ball.



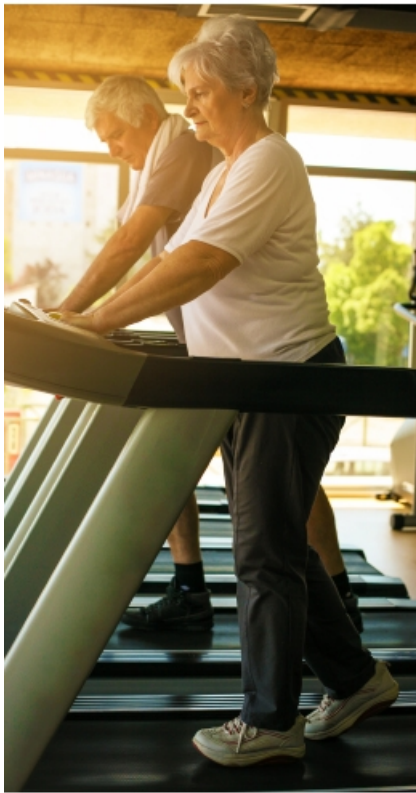
Get a check-up

Improving your ability to square the putter face at impact will likely take up to 5 shots off your scorecard. There are some simple keys to that improvement. Setup and putter are part of that equation. So come and see us.

[Book a check-up >](#)

Enjoy the journey

Golf and fitness have a lot of similarities especially when it comes to reaching for goals. For instance most people will describe their fitness goal as something like: "I want to lose weight". But, for most, "losing weight" isn't enough motivation to either start, or complete the journey.



You need to think through WHY you want to lose weight. What is the emotional experience you want to enjoy or pain you want to remove by losing weight? If you want to travel the journey to less weight that's what you need to connect to.



It's the same with golf.

Lowering your handicap is rarely enough motivation to be better.

Why would you want to be better?

What joy would you like to experience?

What pain would you like to remove?



Start a journey

Come and share your hopes and fears with us. Let us help you with an assessment that helps us guide you on a journey to overcome the challenges of golf, and gain more of the amazing rewards this game offers.

Decide to start a new journey now. Let's get better together.

Contact us >

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