Email Us | delmargolfcenter.greensidegolfer.com | **Tel:** 858-509-5130



### Swing, snap and share

It's time to get snapping and capturing your golf adventures! If you've attended any of our events or played a round of golf, please share your stories and photos with us and you could be featured in our next newsletter.



Submit here >

Don't forget to follow us:





## **Race Day Schedule**



## **Race Schedule**

### The Driving Range will be closed on:

July 17 (Wednesday) - Opening Day of the Del Mar Thoroughbred Club (Range Closed all day)

July 20 (Saturday) - Reggae Fest w/ Ziggy Marley (Range Closes at 1:00 pm—last ball sold 12:00)

August 3 (Saturday) - Beer Festival (Range Closes at 1:00 pm—last ball sold 12:00)

August 10 (Saturday) - Food Truck Festival (Range Closes at 1:00 pm—last ball sold 12:00)

August 17 (Saturday) - Pacific Classic (Range Closes at 1:00 pm—last ball sold 12:00)

August 31 (Saturday) - Angels and Airways Concert (Range Closes at 1:00 pm—last ball sold 12:00)

We MAY be forced to close other days for Concerts and Events, please call 858-509-5130 on the day of to confirm hours

Pelly's Mini Golf and the Short Game area will be open on the above dates.





If you have any questions, please

Contact us >

# Is your equipment helping you to play better?

There was an issue recently where a Tour player's driver was deemed nonconforming. It failed the Characteristic Time (CT) test. There's a message here for all golfers.

But first, drivers are conforming if they test at 239 milliseconds (on the face) with a tolerance of 18 milliseconds. That means the limit is set at 257 milliseconds. This driver tested at 245 and then 255 and finally at 258 and so was deemed non-conforming. The brand and the professional weren't trying to cheat. They were trying to make sure their equipment was competitive.

The message I would want to pass on is that you should be trying to make sure that any equipment you buy is making you as "competitive" as possible without breaking the rules. That means exploiting technology. It also means getting fitted. Use the technology for your swing. Contact us.

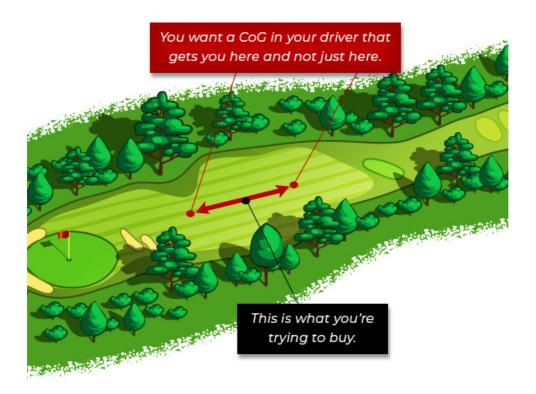
## Center of Gravity (CoG) matters

### It's why an assessment and fitting matters

If two drivers with exactly the same loft and shaft can have a difference of 20 plus yards in how far you hit the ball off the tee, then there's one irrefutable conclusion.



What you should be buying is yards NOT a driver. Yes, every time you're buying a driver, we should be helping you to find the configuration that maximizes your ball speed and then matches that to an angle of launch and spin rate on the ball to get you the biggest distance improvement without you losing control.



Matching swing speed, ball speed, launch angle, and spin rate on tee shots, will make upwards of 40 yards of difference for some golfers. How much difference would it make to you?

### Come and grab some yards

Get every yard off the tee your potential deserves. Come and have a tee shot assessment and let's see how we can add 20, 30 and even more yards to your tee shots.

Contact us >

It's time to do something

**Everyone benefits** 

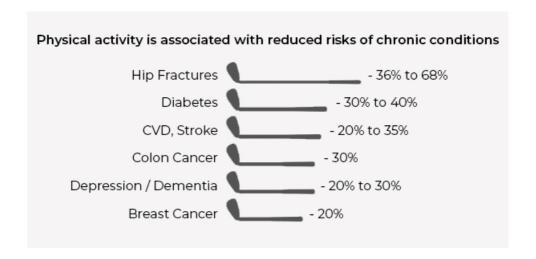
Scientific research indicates that, despite the medical advances that are curing many diseases, the life-expectancy of the latest generation is going to be 5 years less than we currently live!

Last week we reported on the alarming rise in type-2 diabetes in children, youths, and teens.

We promoted golf as part of an active lifestyle. Well guess what? "Golf is proven to be great for your health over your whole lifetime."



Golf and Health and the University of Edinburgh published an infographic that highlighted the level of reduced risk of chronic health conditions if you have an active lifestyle.





If you didn't think that golf was an active lifestyle then note just how active it is.

Help your family live an active lifestyle

So, as well as improving the life of a child or grandchild, introducing golf to a spouse or sibling whatever their age will improve their lifestyle and contribute to a longer and better life. It's time to do something.

Contact us for an assessment >

### Get in touch

Call 858-509-5130 | Contact us | Visit our website | Visit us | Book a lesson | Leave a review

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