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Sunday, May 05, 2024

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Annual Holiday Sale



Christmas is less than 3 weeks away!

Stop by the Pro Shop on Friday, Saturday, or Sunday during the first three weekends in December to take advantage of the annual Holiday Sale.

All merchandise will be discounted and your savings could range from 15%, all the way to 100% on all in-stock apparel. One lucky member will receive his/her entire purchase for free by unwrapping the 100% off present under

the tree. We will be offering complimentary gift-wrapping on all purchases and hope to see you at the Pro Shop this December.

It's time to save this festive season.

[Season savings questions >](#)

Buying Club Registration

Members who wish to sign up for the Pro Shop Buying Program and receive up to **25% off all purchases** in 2020 may do so during the month of December.

Members who are currently signed up will be automatically renewed for next year. Buying Club members will be charged \$500 in December and that \$500 will be added to the credit book to use on purchases throughout the upcoming season.

If you have any questions, please

[Let us know >](#)

Winter Lessons

The winter months provide an excellent opportunity to sharpen your swing and be ready for the start of the 2020 golf season. If you would like to schedule lessons over the winter months to work on your golf game, please email the Professional Staff members at the following email addresses:

Kyle Bauer – kyle@glenviewclub.com

Chris Green – chrisgreengolf@gmail.com

Justin Pollock – jpollock@pga.com

Pro Shop hours

December

Wednesday through Sunday 9am-5pm.

The gifts we offer you



Having confidence and trust in your ability to hit any target you set for yourself, is a sweet place to be. The right iron setup helps you hit more accurate shots more consistently and can go a long way to helping you believe.



LIE ANGLE IMPACTS ACCURACY

A lie angle that is too flat causes slices, while one that is too upright can lead to hook shots. The very best golfers can compensate for an incorrect lie angle. For the rest of us, it means less accurate shots and a less consistent swing.



The lie angle cannot always be changed easily, so it's best to make sure yours is correct for a new set of clubs before you buy them.

YOUR TRUE LIE ANGLE

Due to swing compensations, lie angle at address doesn't necessarily indicate lie angle at impact. So we should check your lie angle during a swing.



GENERATE MORE POWER without adding strain.



Just because you play less golf in winter doesn't mean you can't work on your game. Let's use this time to work on distance.



Generating more power can put a strain on your hips and back, and over the long-term, lead to injury. But a stronger core protects you while adding distance.

More power without increased injury risk

The *SIDE PLANK* strengthens your core, butt and shoulders, key muscles for your swing and posture. Hold yourself up on one forearm with your feet stacked. Hold for 5 - 10 seconds and repeat on the other side.



If you're unsure how to perform this exercise, please ask a fitness professional. They could also show you progressions if you want more of a challenge.



Yoga builds core strength and flexibility for a more powerful golf swing. And anybody can do it.

Add distance to your game and better movement to your life

Strengthening your core can help you add more yards on the course, and improve your overall quality of life.

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