



On the tee with Trevor

Presidents Cup 2019

On completion of this week's BMW Championship, the top 8 players on the US and International Team for the 2019 Presidents Cup will be finalised.

Here are the Top 8 as they stand today:

Ranking	USA	International
1	Brooks Koepka	Marc Leishman (AUS)
2	Dustin Johnson	Louis Oosthuizen (SA)
3	Justin Thomas	Adam Scott (AUS)
4	Xander Schauffele	Hideki Matsuyama (JAP)
5	Matt Kuchar	Abraham Ancer (MEX)
6	Webb Simpson	Haotong Li (CHINA)
7	Bryson DeChambeau	Cameron Smith (AUS)
8	Patrick Cantlay	CT Pan (TAIWAN)

Makes for interesting read when you see that Tiger Woods is at 13th on the US Ranking. The question is - will he or won't he pick himself as Captain's Pick, especially since he withdrew after his first round at The Northern Trust, with an oblique muscle strain. It will be interesting to see.

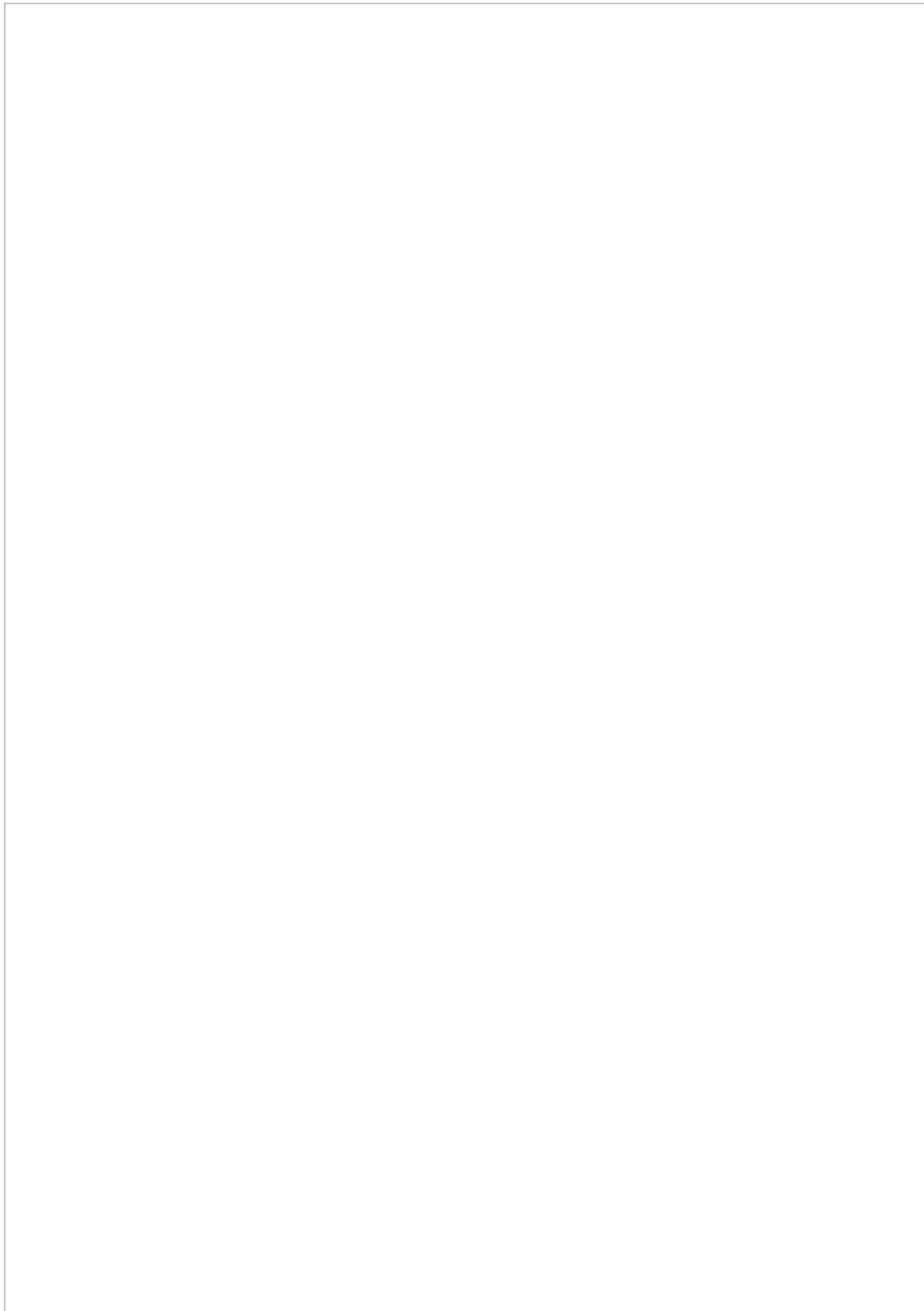
The Presidents Cup will be held at **The Royal Melbourne Golf Club** in Australia from **9th to 15th December**.

Surf & Turf Special | 16 August

R85

Join the tides at our clubhouse for our tasty Surf & Turf Lunch Special. With a glass of complimentary Drostdy Hof Claret A in hand, you can sink your teeth into a succulent 200g steak and pile of calamari for only R85.

Is your mouth watering at the thought? Make a reservation [here](#).



Raubex development

Bridging the gap

We're excited about the new developments underway. A big thank you to Raubex, who has made it possible to rebuild the bridge! The rain can no longer stop us from playing our beloved sport.



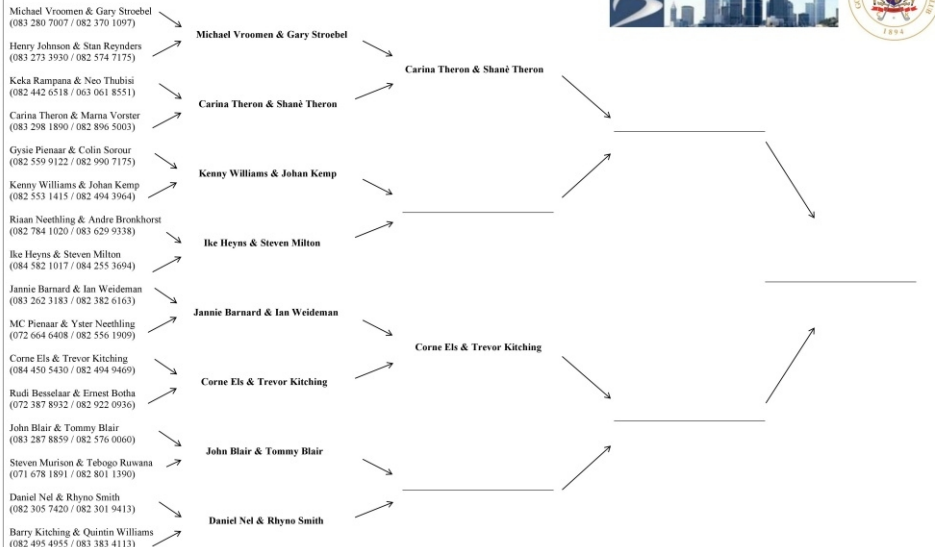
Betterball Matchplay

Meet your match

A big thank you to the Blair Group of Companies for their sponsorship.
Round 2 is to be completed before the end of August!

**BLOEMFONTEIN GOLF CLUB
BETTERBALL MATCHPLAY 2019**

BLAIR GROUP OF COMPANIES



Upcoming events

Save the date!

Saturday the 17th of August is a B.B.S, kindly sponsored by N.T.T Nissan



Wednesday the 21st of August is an I.P.S, we also have the Seniors joining us.

Thursday the 22nd of August is the Senforce Golf Day.

Friday the 23rd of August is Hoerskool Sentraal Golf Day.

Saturday the 24th of August is an I.P.S sponsored by the Club.

Get ready for our Rose Festival Golf Day

01 September 2019

A promotional poster for the Rose Festival Golf Day. The background is a sunset over a golf course. At the top, a framed box contains the text 'ROSE FESTIVAL GOLF DAY' in large, bold, black letters, with a single red rose below it. In the center, a large white golf ball sits on a green. To the left of the ball, a white silhouette of a golfer is shown in mid-swing. To the right, another white silhouette of a golfer is shown in mid-swing. At the bottom, a white heartbeat line runs across the width of the poster. On the left side of the heartbeat line, the text 'Contact 051 447 0571' is written. On the right side, there is a circular logo for the Bloemfontein Golf Club, featuring a crest with two lions and the text 'GOLF CLUB - BLOEMFONTEIN - GOLF CLUB' and '1894'.

**ROSE
FESTIVAL
GOLF DAY**

1 SEPTEMBER 2019
BLOEMFONTEIN
GOLF CLUB
R250 (INCLUDES SUPPER)

REGISTRATION:
11H00
GUNSHOT START:
12H00
FORMAT: BBS
GREAT PRIZES

Contact 051 447 0571

GOLF CLUB - BLOEMFONTEIN - GOLF CLUB
1894

[Book a spot >](#)

A radio advertisement for OFM. The background is a green golf course with a golf club and a golf ball in the foreground. The text is centered and reads: 'For the latest on the Bloemfontein Golf Club tune in every Tuesday after 9am. OFM proud partner, sponsor and supporter.' To the right of the text is the OFM logo, which consists of a stylized 'O' with '94-97' above it and 'FM' to its right.

**For the latest on the Bloemfontein Golf Club
tune in every Tuesday after 9am.**

**OFM proud partner, sponsor
and supporter.**

**94-97
OFM**

Warm your spirits this winter

Surprise her with a special getaway

When winter comes whirling in, we usually take cover under heavy jackets, woolly jerseys and duvets. The biggest challenge each morning is put one toe out of bed onto the freezing tile floor!

But winter can be fun, and warm, and snug. You just need the right people and the right setting!

Before winter properly sets in, make way for our Winter Special! This includes a bed & breakfast and a complimentary glass of red wine or gluhwein. Relax after dinner with a hot cup of coffee in the one hand and dessert in the other.

To book your winter retreat, call us on **051 871 4200** or

info@blackmountainhotel.co.za.

Winter Special

Valid from 1 April

R 530.00* Per Person Sharing | Per Night
Inclusive of bed and breakfast.
Enjoy a complimentary glass of Red wine
OR Gluhwein on arrival

After dinner in the Moroka Restaurant, join us in the lounge for a FREE Lavazza Cappuccino and a Chef's choice of dessert.

With loads of other activities to keep you warm and snug this winter, visit us at Black Mountain Leisure and Conference Hotel. Only 40min drive from Bloemfontein

BLACK MOUNTAIN
Leisure & Conference Hotel

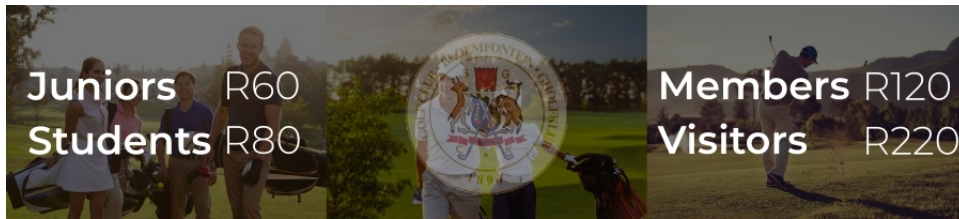
Tel: 051 871 4200 / info@blackmountainhotel.co.za



How to spend your Sundays

Make golf a family sport

Pack in your whole family for a grand day out on the course every Sunday!



[Book now >](#)

A stroke of good luck

Your chance to score with Stella Artois

The next draw will take place on **Friday the 16th of August.**

The rollover draw has been replaced with a 50 ticket draw @ **R10.00** per ticket, the winning number drawn will win 50% of the value of the numbers sold and 6 Stella Artois beers.



Membership

We make it easy!

Through these tough economical times, we at the Bloemfontein Golf Club have started implementing affordable ways of paying your annual membership fees. We have a monthly debit order facility that has been very successful.

Please give either Lodia or Carla a call at **051 447 0571**, who will assist you in renewing your membership, or to become a new member.

Happy birthday!

Who's celebrating birthday's this week?

16 August: René du Plessis

17 August: Aaron Wesi, Ian Newman, Gary Kemp, Jacques Watson

19 August: Peter Rogers

20 August: Ronnie Modiri

22 August: Shorty Hartman, Eugene Saffy, Anthony Gysman



Who's been winning this week?

Results

Saturday, 10 August

B.B.B.B

Sponsored by K.W.W



1st with +10 was Steven Milton & Ike Heyns

2nd with + 9 was Jaap & Elsa Botha (winning the c/o)

3rd with +9 was Wynand vd Berg & Renald Barry

4th with + 8 was Neo Thubisi & Steven Murrison

Congratulations to Therion Nel and Christiaan Burke on making the Free State Men's I.P.T Team.

Wednesday, 14 August

The Stella Artois Business League



1st with 91 pts was Lindsay Saker

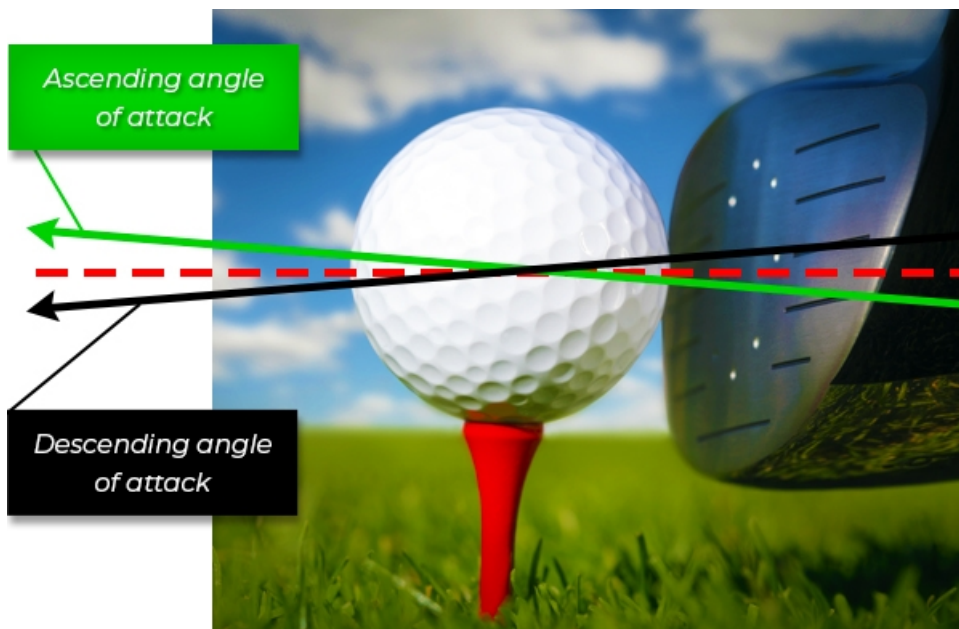
2nd with 90 pts was New Shop Creations

3rd with 89 pts was Nexia SAB & T

Spin: friend or foe?

This impacts better players too

Last week we showed how many golfers have a simple swing fault that is robbing them of 21 metres. They strike their tee shots with a slightly descending blow (just 5°) rather than a slightly ascending blow.



One of the characteristics of better players is a better swing, but it's also often a faster swing speed. However, when we look at most of our better golfers, while they don't strike the ball on the tee with a descending blow, they're often "neutral", so even for them, the distance they're being robbed of is substantial.

Clubhead speed	Angle of attack	Launch angle	Spin rate	Total distance
100mph	0°	10°	2,600rpm	278 yards
100mph	5° up	12.5°	1,900rpm	293 yards

It's time to do something

Don't let spin rob you

Book an assessment with us and let's find your personal launch DNA: the perfect match of launch and spin for the ball speed you're creating.

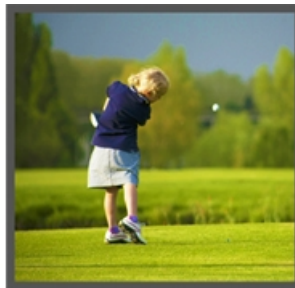
This is wrong, let's reverse the trend

Contact us >

Between 2002 and 2012, the incidence of type-2 diabetes in children increased by 5% according to research done for the Center for Disease Control and Prevention. Further research indicates that we can expect to see an even faster acceleration by 2022.



You might think that golf isn't a sport or activity that burns the most calories. You might think that there are more intense sports. But you'll struggle to find a sport that gives a child so much.



We know golf is good for children

If you have a child or grandchild, then let's get them started playing golf.

We'll make it fun and enjoyable, social, and active. We want them to be healthier for their whole life. We want them to have those 5 years back. It's time to do something.

[Contact us for an assessment >](#)



To ensure delivery, please add bloemgolf@greensidegolfer.retailtribenews.com to your contacts.

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