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Friday, May 03, 2024

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**All of the fun!**

**Get the kids outside and keep them busy this summer!**



## KIDS ACTIVITY PROGRAMME

TIME	ACTIVITY
08h00 - 09h00	KIDS CLUB OPENS
09h00 - 12h00	KIDS SPORTS TIME (Mini Cricket / Putt putt / Soccer)
12h00 - 13h00	LUNCH WITH MOM AND DAD
13h00 - 17h00	FUN ACTIVITY (Arts & Crafts / Jumping Castle / Treasure Hunt / Cookie Decorations)
17h00 - 18h00	MOVIE NIGHT with popcorn
18h00	KIDS DINNER at Jamani Restaurant Supervised by Mom or Dad

**ALL ACTIVITIES ARE HOSTED AT OUR KIDS CLUB REGISTRATION: 09h00-17h00**  
**BOOKINGS ESSENTIAL. TO BOOK, PLEASE CONTACT +27 (0) 28 284 0000**

No food orders or drinks allowed in the Kids Club. Kids Club may close earlier due to amount of kids. Parents must accompany children to registration at Kids Club. No persons under the age of 18 years to register or collect children from the Kids Club. Programme subject to change due to weather and the amount of children attending the Kids Club. **DISCLAIMER** Whilst every precaution will be taken to ensure the well-being of the children participating in the activities, the owners and managers of African Pride Arabella Hotel & Spa, Autograph Collection do not accept liability for any loss or damage to property, injuries or any misfortune suffered by the child/ children in connection with or arising out of any activities howsoever caused. \*Kids aged 4 years and younger, not accompanied by a parent or guardian, are allocated a child-minder at a charge of R135 per hour (min 2 hours).

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ARABELLA HOTEL & SPA  
KLEINMOND, WESTERN CAPE  
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HOTELS

## Hot summer specials!

### Get kitted out for the upcoming season

Make sure to make your way into the Shop to take advantage of these great specials just in time for the summer golf season. Remember, when you look good, you play even better!

*Click to enlarge*



Reserve your item >

# Stay in style, play in paradise

Check out these amazing golf stay & play packages and enjoy a night or two at one of South Africa's finest golf courses!

Powered by **GOLF GUYS**  
Travel in style Exactly like nothing else

travel in style ... Exactly like nothing else:



Chauffeur driver • 80-litre fridge • Ducted Air conditioning • 12 leather seats  
Tables with cup holders • USB, 2 point and 3 point plugs • WIFI • DSTV • 2 plasma TVs • Bluetooth • Sound  
system • Changeable lighting • Double volume trailer

<b>GOLF STAY &amp; PLAY PACKAGE</b>	<b>Single (1 person)</b>	<b>Double 2 (people)</b>
<ul style="list-style-type: none"> <li>Inclusive of dinner, bed &amp; breakfast per room per night</li> <li>18 hole round of golf and</li> <li>VIP charter transfer</li> </ul>	<b>R 3 420</b>	<b>R4 710</b>
<b>*Without dinner</b>	<b>R 2 670</b>	<b>R4 740</b>

<b>TWILIGHT PACKAGE</b>	<b>Single (1 person)</b>	<b>Double (2 people)</b>
<ul style="list-style-type: none"> <li>Inclusive of dinner, bed &amp; breakfast per room per night</li> <li>9 hole round of golf and</li> <li>VIP charter transfer</li> </ul>	<b>R2, 969</b>	<b>R4, 438</b>
<b>*Without dinner</b>	<b>R2, 729</b>	<b>R3, 538</b>

To book, contact Arabella Golf direct on +27 (28) 284 0105 or email [arabellagolf@autographhotels.com](mailto:arabellagolf@autographhotels.com)

Terms and Conditions: Minimum 12, based on small group of 12 persons or 6 couples can be booked and used per day. Rooms must be booked in conjunction with the golf rounds and are subject to availability at all times. Bookable through Arabella direct only. Valid from 01 September – 30 November 2019



**ARABELLA  
GOLF CLUB**  
*South Africa*

African Pride Arabella Hotel & Spa, Autograph Collection  
On the Arabella Country Estate, R44 Kleinmond,  
Hermanus, Western Cape, South Africa  
+27 (0) 28 284 0000  
[arabellahotelandspa.com](http://arabellahotelandspa.com)



[Book your stay >](#)

## EOGA tip of the week

**Would you like to experience some bunker magic?**

Many golfers absolutely dread bunker play and have very little, if any, confidence.

If this is you, ignore everything you've been trying until now and try the



following tips to see a dramatic improvement.

**1. Setup: stay square**

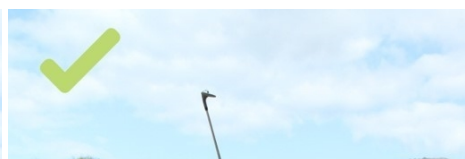
- Setting up open is probably the most harmful thing you can do.
- Go for a square aim so that you can allow the club head to overtake more.
- Keep the club handle behind the ball at contact.





## 2. Swing feeling: Keep your body still!

- This is where having a strong core and strong glutes helps.
  - Try and glue your posture so that your strike area stays consistent.
  - Try and swing only with your arms and club, and not your body.
- Remember that a weight shift and hip turn is for full swing mechanics; it helps you to strike the ball first. This is **not** what you want for bunker shots.





### 3. Enjoy the success!

If you would like to get personalised advice, contact **André** at [andre@eoga.co.za](mailto:andre@eoga.co.za) and **082 860 4977**.

# Fitting for approach shot

magic

# magic

Delivering a

## **BETTER APPROACH**

When we fit you for new irons, we can add "distance" which means a shorter club. And using a club with a shorter shaft on approach shots leads to more accuracy.



Many club makers have identified 37 as an important point in shaft length.

Above that length and most golfer's consistency of contact starts to deteriorate rapidly. So allowing you to hit a 37" #7 iron rather than a 'longer' #6 iron is a big deal.



### **THE CLUBFACE – METALWOOD OR IRON –**

*has been part of a materials and design revolution. New materials allow them to be thinner and faster. New internal design is supporting the next generation of irons to allow even more speed across more of the face.*

### **Now improve your approach**

Book an assessment with us now. Let us look at your swing and technique; your irons and how the technology helps you. Let us improve the number of magical moments you have on the course.

**Make more magic >**

## Fall in love with golf







# **MASTERING** a skill is great for **SELF-CONFIDENCE.**

The boost, thrill, and growth we see in a child when they start to master a particular golf skill gives us tremendous fulfillment. As we start to see them fall in love with the game and find new connections with others on a similar journey, we know we're doing our job.



GOLF



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