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Monday, April 29, 2024

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## What's hot in the Pro Shop?

**From 30 April**

Big clearance sale on selected **men's outerwear**.

**1 - 31st May**

Buy any 2 logo caps for only **R599**

**1 May Only**

Buy any men's/ladies' **Cutter and Buck Shirts** and get **20%** off on any golf cap.



**1-9 May**

Buy any pair of sunglasses and get a bottle of Luca Sunscreen for **free**

**While stocks last**

Barlow Pass Jackets at **R1999** and receive a free ahead cap or an Ahead Sun Protection Skin



### **Grey Jacket**

Ease of movement, comfort, and breathability with weather protection. Our most intelligent water-and wind-resistant technology performs when and where you need it.



*Was R1999. Now R999.*

...and many more not to miss out on! Come and spoil yourself with some outerwear before this winter really hits.

[Contact us](#) for any enquiries.

*Mother's Day specials will arrive soon.*

## **Learn to lean forward**

The most common thing that causes poor contact in shots around the green is the hands and wrists trying to scoop the ball in the air.



The scooping action results in punishing shots that are bladed over the green or hit fat and fall short of the target. The scooping action of your hands and wrists causes the shaft of the club to lean away from the target at impact. This backward leaning shaft creates a thicker sole (bounce) which makes it difficult to hit the ball solidly. If you want to strike the ball solidly you must replace your scoop with a technique that creates a forward leaning shaft at impact.

The most effective training aid for preventing your scoop and creating forward shaft lean is **The Punisher**. First grip your chipping club normally; grip a second club underneath the first one down close to the hosel or clubhead. The second grip should now be sticking out under your left armpit. Try keeping the second shaft away from your left side as you swing through. During the chipping motion, if you are a scooper, the extended part of the club will punish you by bumping into your side. **Instant feedback!**

Be careful not to take too long of a swing. After eliminating the scoop you will eliminate the punishing fat and thin shots from your short game.

## Thank you from Srixon

We would just like to also thank all the members and guest whom supported us with the **Srixon** brand exposure of all their new products on the market, please [contact the pro shop](#) if you would like to spend time with Riaan, the Srixon rep, to do a proper full fitting for yourself.



## EOGA at Arabella

EOGA keeps on working for you even during the winter months. Don't miss out on these 2 recurring events. Pilates is essential in the training of a strong golfer and a members' clinic to make sure your golf keeps on improving!


**EOGA**  
 Golf Academy

**MEMBERS' CLINIC**

With EOGA coach André Loots

**THURSDAY 2 MAY**

**R200/person or R300/couple**

**9am - 10am**

Meet at the range

**Focus on:** controlling distances and trajectory with pitch shots and short irons

**andre@eoga.co.za 0828604977**


**PILATES CLASS**

**R150/person  
R250/couple**

To help with your golf and your general well being

**EVERY WEDNESDAY**

**8am - 9am At Arabella gym**

**ONLY 6 SPOTS**

**Book with André 082 860 4977**

**JOIN US FOR OUR EOGA PILATES CLASS WITH INSTRUCTOR AMELDA**




## Everyone wants forgiveness

## The very best ball strikers too

The lower your handicap, the less space you have for error. So wouldn't it be nice to have a little forgiveness built into your game? But, first we know you don't want to compromise some key features:

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### **Smaller profile**

You want control over ball flight, so the profile of the club is smaller. The CoG is higher and closer to the face.

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### **Forged**

It's likely you want to "feel" the ball off the face and enjoy a great response through your hands. Incidentally, these clubs also provide a really nice sound on contact.

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### **No offset**

You have no trouble squaring the face so the shaft and clubface line up.

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The great news is that the hitting zone has been extended on many better 2018 and 2019 Players Iron models to accommodate slight miss-hits towards the heel or toe. Ball speed is protected, and the distance the ball will travel is unchanged. That's a critical part of the accuracy a low handicap golfer must have.



*Small change; Big improvement*

### **Play the perfect partnership**

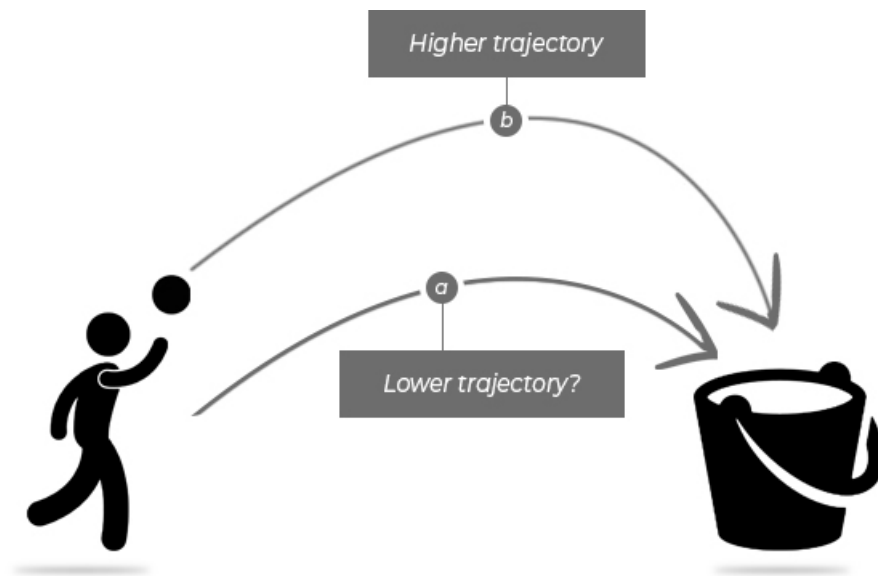
Exploit the advantages technology is giving you, especially if you have little room for error in your round. But, don't neglect the biggest advantage: Get fitted for a setup that makes it easier to hit the perfect golf shot.

[Contact us >](#)

**Knock it down. Knock it close.**



If we asked you to stand 20 metres from this bucket and use an under-arm throw to get a golf ball in the bucket, would you use a lower trajectory (a) or a higher trajectory (b)?



Almost everyone correctly tackles this challenge by using a lower trajectory.



*So why do most amateur golfers  
try and hit wedge shots as  
high as possible?*



## Knock it close with your wedge

Watch the golf on TV  
mostly with a lower t  
easier for them to con

**Arabella**  
GOLF



itting wedge shots  
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o be accurate. Time to

**Contact us >**

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