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Saturday, July 12, 2025

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Time for an upgrade?

1st - 30th of April

Buy **any Callaway clothing** and receive two sleeves of Callaway Supersoft golf balls for free.

Swing for a cause

Marriot Bonvoy Golf Day
10 May 2019

Click on image to enlarge



African Pride Arabella Hotel & Spa, Autograph Collection, South Africa

Swing for a cause at The Marriott Bonvoy™ Golf Day powered by Reach For A Dream Foundation

Tee off at the stunning 18-hole, Par 72 Championship Arabella Golf Course in Kleinmond, South Africa and perfect your swing on the pristine fairways and putting greens.

Enjoy live entertainment and all-inclusive food and beverages throughout this golf day that helps children with life-threatening illnesses live out their dreams.

Relax with a stay at the luxurious African Pride Arabella Hotel & Spa, Autograph Collection after a long day on the course. This experience is a definite hole-in-one!

Experience Includes:

- One spot in the Marriott Bonvoy four ball team at the Marriott Bonvoy Golf Day powered by Reach For A Dream Foundation at the Arabella Golf Course for one person (10 May 2019)
- Single-night stay, including breakfast at Arabella Hotel & Spa in a Deluxe room (Check-in Friday, 10 May 2019 and Check out Saturday, 11 May 2019)
- One voucher for the award-winning Arabella Spa (up to R750 value)
- Experience is for two people sharing

Bid now on this Member exclusive experience, using your Marriott Bonvoy points

To bid, please visit: moments.marriottbonvoy.com



Golf and charity have always gone hand in hand.

Contact us for any further enquiries or visit
moments.marriottbonvoy.com to make your bid.

This is definitely a golf day which should not be missed!

Simplify your short game

Practice, check, repeat on the course

Knowing exactly how far you hit each wedge with a short, medium and full swing is vital if you want to become an accurate wedge player. You can also start to practice different shots.

9-3 swing



11-1 swing



Full swing



Bump and runs.
Flop shot.

Low shot into back pin position. Low controlled shot into the wind.

High approach shot into front pin position.

Wedge	Swing length	Yardage
60°	9 - 3	23m
60°	11 - 1	64m
60°	Full	92m
55°	9 - 3	32m
55°	11 - 1	98m
55°	Full	108m
50°	9 - 3	40m
50°	11 - 1	110m
50°	Full	122m
PW	9 - 3	43m
PW	11 - 1	118m
PW	Full	130m

Armed with your wedge chart and your favorite distance with your favorite wedge, you'll know where to lay-up if you can't get to the green with your approach. That's better game management. Every golfer, whatever their handicap, should have a wedge chart.

Fill your wedge chart

To gauge a distance for each of your swings for each wedge can be difficult without assistance. So why not book a session with us. Let's complete your wedge chart and at the same time, we can look over your three swings.

Maybe there are other improvements.

[Book a session >](#)

Better ball striking

Struggling? Is it the release?

Last week we told you that one of the primary reasons that some golfers make poor contact is their weight movement on the downswing.



Instead of the weight moving from the back foot to front foot through the downswing, some golfers attempt to lift the ball at contact by making an ascending blow on the ball. This almost always involves the weight traveling the wrong direction – front foot to back foot - in the downswing.

The other cause of inconsistent and poor ball striking we see is the early release of the club; sometimes known as "casting".

In this image, the clubhead is being released very early, and the angle between the lead arm and the shaft has been lost too soon in the swing. Clubhead speed will be lost at impact, and so will ball striking consistency.

Good ball striking requires that the clubhead is released to the ball later rather than earlier in the downswing. Look how the angle between lead arm and shaft has been retained.



Most amateur golfers finish short of their target, even after they've given it everything. If you're a mid to lower handicap, you need accuracy, and that's as much about distance. So think about taking one club more than you need and shortening the backswing and follow-through slightly.

What would improve your ball striking?

Is there a single fault that is impacting on the consistency and quality of your ball striking? How easily can it be fixed? It's worth finding out because solid, consistent contact with your irons is one of the best feelings in golf.

It's time for better.

Contact us >



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