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Thursday, May 02, 2024

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Welcome to the team, Brandon!

Hello everyone, my name is Brandon. I recently moved to Cape Town after two years of working at Ruimsig Country Club in Johannesburg under Gavin Drummond. I am currently in my second year of my PGA course and will be a qualified PGA professional after completing my third year. I am looking forward to working with the team in the new shop and forming new relationships with the members of the club.

Brandon du Plessis

Metropolitan Pro Shop
Assistant Manager



Get your juniors into golf

HOLIDAY CAMP

EOGA GOLF ACADEMY / METROPOLITAN GC



**EVERY MONDAY,
WEDNESDAY
& FRIDAY**

CAMP DATES (DECEMBER)

WEEK 1: 9th , 11th , 13th
WEEK 2: 16th , 18th , 20th
WEEK 3: 23rd , 24th , 27th

AGES 4 - 8 (09:00 - 10:00)
R200 PER DAY R550 PER WEEK

AGES 9 - 12 (10:00 - 11:00)
R250 PER DAY R700 PER WEEK



(MAX 5 KIDS PER CLASS)
WEEKLY PRIZES UP FOR GRAB!!

FOR MORE INFO CONTACT
YUSUF ON 081 867 0616

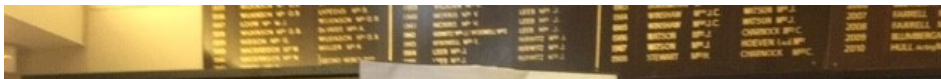




The Metropolitan Cup

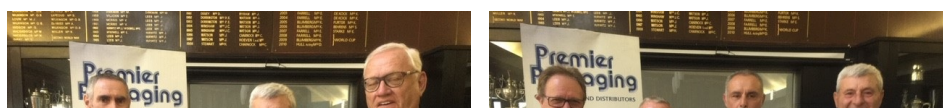
 						ROUND 1 PTS	ROUND 2 PTS	ROUND 3 PTS	ROUND 4 PTS	TOTAL
1	C. MIJLOF & D. GIBB	0	575	900	800	2275				
2	D. ZITIANELLIS & I KRITZAS	0	1000	500	700	2200				
3	T. DUNN & G. HAGELBERG	788	0	725	550	2063				
4	C. NUNES & R. FELDER	788	0	325	900	2013				
5	M. THEODOROPOULOS & D. WILLE	575		163	1000	1738				
6	S. MOUBRAY & SUE MOUBRAY	311	850	0	550	1711				
7	W. CORNISH & T. LUPTON	0	575	800	258	1633				
8	M. FORGE & K. BLUMBERG	0	575	500	550	1625				
9	K. BROAD & P. KATZ	575	0	225	700	1500				
T10	B. TURNER & P. GULLAN	788		650		1438				
T10	S. BOULOUKOS & J. SCHNEIDER		575	163	700	1438				
12	R. VAN SITTELT & J. DE VILLIERS	0	305	1000	125	1430				
13	P. DANIELZ & M. MATTHEE	575	305	500	0	1380				
14	K. BOTHA & L. ROSA		850	113	400	1363				
15	A. PAITAKI & M. SNYMAN	311	575	0	400	1286				
16	C. SMITH & M. SELIGSON	788	305		100	1193				
17	S. NEWLAN & E. STARKE	0	175	500	400	1075				
18	Y. MOUTIER & A. KASI	311	750	0		1061				
19	A. PARKER & C. MADDISON	1000	0			1000				
20	H. LITTLE & D. VAN RENSBURG	79		725	162	966				
21	G. NICHOLLAS & B. HUGHES	311	0	325	258	894				
22	M SHABASON & H. STERN	0	0	500	200	700				
23	M.HACKNER & H. PAROLIS	0	575			575				
24	G. WARD & COLIN SMITH	79	0	225	162	466				
T25	M. RAS & W. VAN BERGEN	311	45			356				
T25	M. TEIXEIRA & A. BISIG	311	45	0		356				
27	N. WALKER & W. WEICHBOLD	0	305	0		305				
28	T. COPELOWITZ & J. MCNAB (JNR)	79		0		79				
29	D. GORDON & F. COHEN	0	45	0		45				

Congratulations to **Debbie Gibb and Clifford Mijlof** for winning the Premier Packaging Metropolitan Cup with 2,275 points!





Captain Ioannis Kritzas and Dimitri Zitianellis came in close second with 2,200 points!





3rd Tony Dunn and Gunnar
Hagelberg



4th Richard Felder and Charlie
Nunes

The Met Sundowner

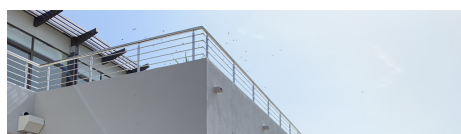
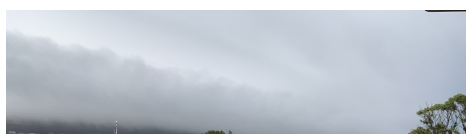
The first Met Sundowner of the summer took place on Friday. Prizes and a tasting on the first tee were sponsored by **Jameson**. Players enjoyed a pizza and Stella Artios included in the cost of R315 after the round!

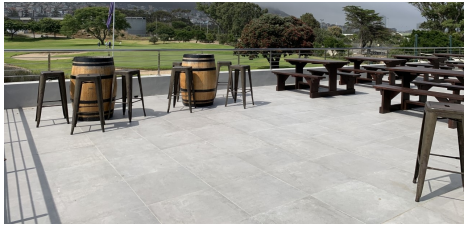
The next Sundowner will be in the new year! We hope to see you all there!



The new deck is now open!

Bring your friends for a Sundowner and enjoy the beautiful view! There is nothing else like it!





Granny Cup

Congratulations to our newest granny, Eileen Farrell!

Eileen participated in her very first Granny Cup on Tuesday and won with 38 points in the Individual Stableford Competition!



Who's been winning?

Monday School Comp

25 November 2019

4-Ball Alliance - 2 x Scores to count

Pos	Names	Score	Voucher
1st	James McNab Johan de Villiers Arnold Aichinger	87 pts	R75

	Keith Gilmour		
2nd	Jack Rathouse	86 pts c/i	R40
	Nick Fredman		
	Mike Wolffe		

Nearest the Pin:

18th Colin Bell Wine

Two clubs R20: Keith Gilmour, Colin Bell

Granny Trophy

Tuesday, 26 November 2019

Individual Stableford

Pos	Name	Score	Voucher
1st	Eileen Farrel	38	R100
2nd	Roberta Ewan	37	R80

Individual Stableford

1st	Penny Murdock	36	R100
2nd	Sue Moubray	35	R80

Nearest to the pin

6th Hole: Eileen Farrel Balls

9th Hole: Trish Weir Balls

Wednesday 27 november 2019

Combined Stableford

Pos	Names	Score	Voucher
1st	Spiro bouloukos and Ian Maclarty	73 pts c/i	R150
2nd	Trevor Potheary and John Crawford	73 pts c/o	R100
3rd	Steve Newlan and Ioannis Kritzas	68 pts c/i	R50

Nearest to the pins

18th Hole: Yves Moutier R100

Two club (paying out R60): Ian Maclarty, Dave Gordon, Jarryd Frauenstein, Vicki Morton, and Yves Moutier.

Thursday 28 November 2019

-
Betterball Medal

Pos	Names	Score	Voucher
1st	Tony Lupton, Roy Mccallum	58 nett	R225
2nd	Kevin Botha, Vic Allen	59 nett	R175
3rd	Neville Walker, Paul Klein	62 nett c/i	R125
4th	Steve Newlan, Luis Rosa	62 nett c/o	R75

Nearest to the Pin:

9th Dave Heron R100

15th Hilton Stern R100

Two club paying out R27: Dave Gordon, Jack Schneider, Strati Zitianellis, Mike Liebrecht, Tony Lupton, Bill Cornish, Mike Texeira, Dave Heron, Kevin Botha, Ioannis Kritzas.

Exceptional rounds:

Kevin Botha- 64 nett (84-20)

Cliffy Mijlof- 65 nett (79-14)

Lowest gross:

Craig Smith -71 gross

Saturday Competition

30 November 2019

Betterball medal

AM

Pos	Names	Score	Voucher
1st	Jarryd Phillips and Wes Preece	59	R225
2nd	S. Uppink and S. Bagg	62	R150
3rd	Grant Muller and Robbie Trueman	62 C/O	R75

Nearest to the Pin:

9th Lauren van Rensburg R100

15th Jarryd Phillips R100

2 clubs paying out R36: Chris van Rensburg, Jarryd Phillips, Mark Sacks, Dave Jacobs, Ian Norden, Sam Roets.

Premier Packaging

Betterball Medal

PM

Pos	Names	Score	Voucher
1st	Mario Theodoropoulos and Derek Wille	62	R185
2nd	Richard Felder and Charlie Nunes	63	R170
3rd	Cliff Mijlof and Debbie Gibb	64	R160
4th	Jannie Kritzas and Demetri Zitianellis	65 C/I	R150

Nearest to the pins:

6th Farrel Cohen R100

9th Richard Felder R100

Straightest drive (all day)

5th Colin Bell

Nearest (all day)

18th Steve Moubray

Two club paying out R38: Farrel Cohen, Andrew Norman, Colin Smith, Billy Hughes, Greg Nichollas, Michele Marrai, Steve Moubray, Richard Felder and Gunnar Hagelberg.

Visitors:

Collin gordon

Exceptional rounds:

Farrel Cohen - 66 (8) 74

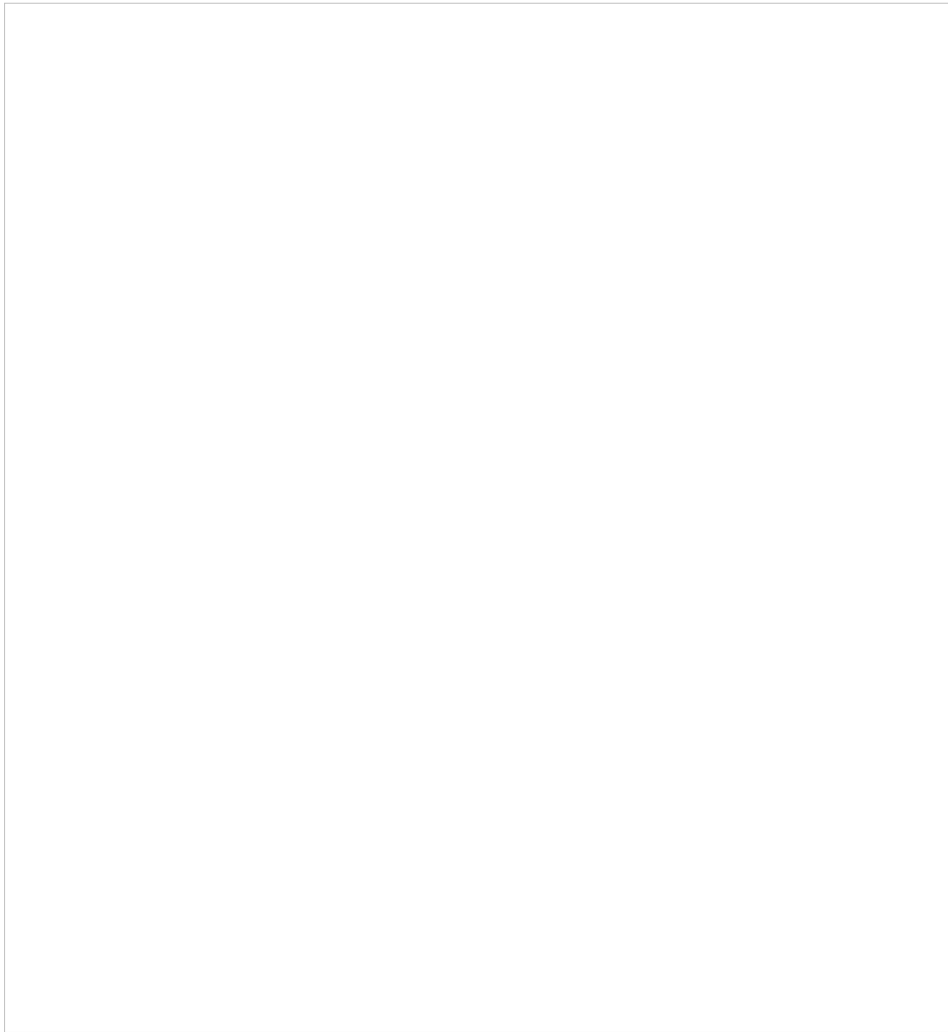
Mario Theodoropoulos - 64 (15) 79

Lowest gross:

Greg Nichollas - 74

Farrel Cohen - 74

A career in golf



What matters most to you?

It's the question

'WHY?'

Last week we asked if you could answer one question. With the ability to be entirely anonymous. We wanted to know how you viewed your position on a simple continuum. Where do you see yourself on your golfing journey?



At one end there's space for the person who sees golf totally as a competitive sport, and on the other end there's those that see it as a social and recreational activity. We're asking golfers to position themselves. Next month we'll publish a SUMMARY of how our community of golfers see the game.

If you haven't already done so

So, if haven't given a response then please follow the link below. It's a very short and fun private survey – no personal details required, so go on

Think about your golf

Answer now >

Trying to

BREAK 85?

The second statistic we want you to collect over 4 rounds, is your average score on Par 3s that are within iron shot range. If you missed last week's article, and the first statistic [click here](#).

If you're often under 90 but struggle to get below 85 regularly, then there's a good chance that becoming consistent on the Par 3s will get you there.



Two 3s and two 4s on your card and you're doing well. Three 3s and provided your steady elsewhere then you're likely to be below 85.

Improvements you can make that pay off on any approach shot:



If we can make sure your rotation and ball striking is led by your large muscles and not your hands, then we can improve your consistency of contact and accuracy of result.

There're a number of consistent club and shot selection errors we see from less experienced or skilled golfers that often cost them a stroke per Par 3. It's an easy fix.



"Improving your ball striking consistency, club selection, and shot selection on Par 3s will have a big impact on your approach shot performance on every hole."

Book your skills assessment

Get an insight into your game. Discover what you could improve quickly.

Let's plan an improvement journey together.

Contact us >

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GOLF CLUB**

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