Book an assessment | www.metgolfshop.co.za | Tel: 021 430 6015



Are you in the mix?

It's never too late to be a champion

We're counting down the days until our Monthly Mixed Championship takes place at the Metropolitan on the **24th of November**. Read below for more details.



JOIN US AT THE METROPOLITAN **MONTHLY MIXED**

Kindly sponsored by



DATE: 24TH NOVEMBER 2019 AFTERNOON FIELD

FORMAT: 4.B.B.B MEDAL MIXED CHAMPIONSHIPS

VISITORS ARE ELIGIBLE FOR 1ST PLACE

TROPHY FOR METROPOLITAN MEMBERS

R320 PER PLAYER

Includes a light snack platter per 4-ball BOOKINGS: Kathy 021 430 6013

Book your spot >

Wine not?

The best way to get into the holiday spirit

Join us on **Friday, 6 December** for a fun-filled evening where you can enjoy great music, wine tasting by KWV and a mouth-watering cheese and tapas selection. Invite your friends and family and let's make this a night to remember. Book your table with Vanessa at **076 280 5419** or

info@19thhole.golf.

FRIDAY, 6 DECEMBER 2019

From 19:00

Join us for live music, wine tasting, and a cheese & tapas selection

R120pp



Book your table with Vanessa on 076 280 5419 or info@19thhole.golf





The Thursday Trophy

Going for gold

Congratulations to **Tony Dunn, Clifford Mijlof, Richard Felder, and Charlie Nunes** for winning the Thursday Trophy! They won the progressive Alliance Competition with 90pts, taking the title from the Zitianellis boys and Ari Vayanos!

The Met Ladies are golfing for a good cause!

Playing with the Pro

Little on Tuesday morning! They outbid the competition at the Ladies

Open and won themselves an 18-hole playing lesson that they will never forget!



Good reason to be proud!

Brigitte Schubert handing over R15 000 that she raised for the volunteer firemen on her birthday after Ladies Golf on Tuesday evening. Way to make the Met proud!



Who conquered the Challenge?



Premier Packaging Golf Challenge Leaderboard

1	D. ZITIANELLIS & I KRITZAS		311PTS	1000PTS	1311PTS
2	S. MOUBRAY & SUE MOUBRA	ΑY	311PTS	850PTS	1161PTS
3	C. MULOF & D. GIBB		575PTS	575 PTS	1150PTS
T4	C. SM ITH & M. SELIGSON		788PTS	305 PTS	1093PTS
T4	T. DUNN & G. HAGELBERG		788PTS	305 PTS	1093PTS
6	Y. MOUTIER & A. KASI		311PTS	750 PTS	1061PTS
7	A. PARKER & C. MADDISON		1000PTS	OPTS	1000PTS
8	C. NUNES & R. FELDER		788PTS	175 PTS	963PTS
9	A. PAITAKI & M. SNYMAN		311PTS	575 PTS	886PTS
10	P. DANIELZ & M. MATTHEE		575PTS	305 PTS	880PTS
11	K. BOTHA & L. ROSA			850 PTS	850PTS
12	B. TURNER & P. GULLAN		788PTS		788PTS
13	K. BROAD & P. KATZ		575PTS	175 PTS	750PTS
T14	M. FORGE & K. BLUMBERG		79 PTS	575 PTS	654PTS
T14	W. CORNISH & T. LUPTON		79 PTS	575 PTS	654PTS
T16	M. THEODOROPOULOS & D.	WILLE	575PTS		575PTS
T16	S. BOULOUKOS & J. SCHNEID	ER		575 PTS	575PTS
T16	M.HACKNER & H. PAROLIS		OPTS	575 PTS	575PTS
19	S. NEWLAN & E. STARKE		79 PTS	175 PTS	429PTS
20	R. VAN SITTERT & J. DE VILLIE	RS	79 PTS	305 PTS	384PTS
T21	G. NICHOLLAS & B. HUGHES		311PTS	45PTS	356PTS
T21	M. RAS & W. VAN BERGEN		311PTS	45PTS	356PTS
T21	M. TEIXEIRA & A. BISIG		311PTS	45PTS	356PTS
24	N. WALKER & W. WEICHBOLI	D	OPTS	305 PTS	305PTS
25	G. WARD & COLIN SMITH		79 PTS	45PTS	124PTS
T26	H. LITTLE & D. VAN RENSBUR	G	79 PTS		79PTS
T26	T. COPELOWITZ & J. MCNAB	(JNR)	79 PTS		79PTS
28	D. GORDON & F. COHEN		OPTS	45PTS	45PTS

Round 3 will take place on the **16th of November.** The format will be a Combined Stableford.

Start the weekend on a high note

The Met Sundowner is back!

Keep the afternoon of Friday, the **29th of November** open for the Met sundowner! Prizes will be sponsored by Jameson.

Please phone the club to book in advance. Details will follow next week!

Who's been winning?

Wednesday, 06 November 2019

Betterball Stableford

1st: Marc Delaporte and Rob Sylvester - 40pts (R100)

2nd: Steve Newlan and Craig Campbell - 36pts (R75)

Nearest to the 9th Pin: Marc Delaporte (R50)

Two Club paying out R80: Kevin Botha

Thursday, 7 November 2019

Progressive Alliance - 1,2,3 Scores to Count

1st: Tony Dunn, Cliff Mijlof, Richard Felder And Charlie Nunes – 90 (R130)2nd: Doug Van Rensburg, Pat Syndercombe, Roy Mccallum And TonyLupton – 88 (R110)

3rd: Hutton Little, Spiro Bouloukos, Gunnar Hagelberg And Shane Jabaar – 85 (R90)

Kissing the Tits: Demetri Zitainellis, Strati Zitianellis, Peter Zitianellis and Ari Vayanos - 73

Nearest to the 6th Pin: Roberto Regasto (R100)

Nearest to the 18th Pin: Yves Moutier (R100)

Two Club paying out R50: Dave Gordon, Doug Van Rensburg, Patrick Syndercombe, Richard Felder And Jarryd Frauenstein x 2

Visitors: Nico Van Der Westhuizen - Atlantis

Saturday Competition, 09 November 2019 - AM

Betterball Bogey Plus

1st: Gary Light, Grant Muller - +11 (R115)
2nd: Mike Parfett, Paul Sheldon - +8 C/I (R100)
3rd: Robbie Trueman, James Ryan - +8 C/O (R90)

Nearest to the 9th Pin: Warren Jacobs (R100)

Nearest to the 15th Pin: Mike Parfett (R100)

Two Clubs paying out R34: Mike Parfett, B. Baltmeir, Muller Van Der Walt x

3

Saturday Competition, 9 November 2019 - Pm

Premier Packaging - Betterball Bogey Plus

1st: Demetri Zitianellis, Ioannis Kritzas - + 9 (R225)

2nd: Kevin Botha, Luis Rosa - +8 C/I (R175)

3rd: Steve Moubray, Sue Moubray - +8 C/O (R125)

4th: Hutton Little, James Mcnab - +8 C/O (R75)

Nearest to the 6th Pin: Rourke Broad (R100) Nearest to the 15th Pin: Sue Moubray (R100)

Longest Drive (All Day) - 11th: Kathy Blumberg

Nearest (All Day) - 18th: Sam Roets

Two Club paying out R41: Eve Starke, Craig Smith, Debbie Gibb, Sue Moubray, Keith Broad, Paul Danielz, Hutton Little

Exceptional Rounds:

Eve Starke - 66 Nett (74-8)

Tony Lupton - 66 Nett (77-11)

Lowest Gross: Craig Smith - 72 Gross

So much more than distance



Launching it far off the tee is more effective when you're accurate as well.

The new **Cleveland Launcher HB Turbo Driver** checks both boxes, even on off-centre strikes.

KEEPING YOU IN THE CLEAR

Longer and straighter off the tee.



Higher ball speed across the face

Perfect centre strikes are rare, so having a face that is fast and far beyond the sweet spot helps you hit longer shots more often.



Launch it with ease

A low CoG helps you get the ball flying high and far. A unique crown step and superlight hosel push the Launcher HB Turbo's CoG lower for increased launch and distance.

BEYOND YOUR DRIVE

Your joy shouldn't end with a long, straight drive. The new **Cleveland Launcher HB Turbo Fairway** and **Halo Hybrid** give you easier launch for a shorter, more enjoyable approach.

Learn more >



Go for the green in two

When a fairway is this long and this forgiving, you've got to go for the green. The new Turbo Fairway.



Don't just get out of sticky situations

Go from trouble to scoring opportunity.

The new Halo Hybrid.

",,

"But remember, if you have the wrong lie angle, they're not easy. If you have the wrong shaft, they're not easy. Make the most of this brand new technology and get a fitting.

Take full advantage

Don't lose the advantages this technology gives you by playing something that isn't fitted.

To your best launch >

You've come this far, now get closer



Pick your spot. Play the shot. The new CLEVELAND CBX 2 WEDGE

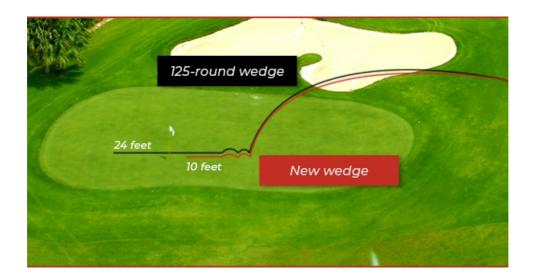


Easier shot placement

Every green is different. Size, slope, hardness, and flag location vary. Having added access to spin makes hitting your chosen spot on the green a lot easier.

The new Cleveland CBX 2 Wedge face has been created to give everyday golfers access to Tour-level spin.

More stopping power



14-foot difference

Rollout has been measured on a wedge that played 125 rounds versus a new wedge. The results showed that a fresh wedge can give you up to 14 feet more stopping power than an old one.

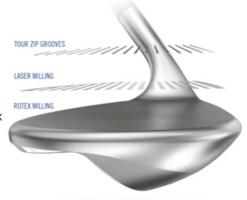


Stick it to the flag

At the end of a round, take your wedges to the practice green and check your shot dispersion.

Groove upon groove upon groove

Cleveland has layered their sharpest Tour Zip Grooves ever to give the CBX 2 Wedge a 4th generation Rotex Face, and give you easier access to added spin and control.





Are you a wedge wizard?

Better players want full spin when executing demanding open-face shots, and they want it from a more compact wedge design. For these players, there is the Cleveland RTX 4 Wedge.





Playing with an old wedge?

You could be selling yourself short.
With today's equipment even having a great wedge technique doesn't mean you're accessing all the spin and control you could be. Bring your wedges to the practice green with us, and let's see where you are.

Contact us >

Fix par 3 mistakes





Many golfers base their approach to a par 3 on the ideal shot shape and then try to hit that shot. But using your natural shot shape to your advantage will help you hit more par 3 greens.

Work with your NATURAL SHOT SHAPE

If you know you tend to push the ball a little with a slight fade, you can count on aiming slightly left of your target on the green, instead of trying to force a straight shot or draw.





Never set up where a straight shot gets you into trouble.

Don't use hazards as markers to aim because if you do hit it dead straight, you're probably going to drop shots.



Know the DEADLY MISS

From the tee, identify the most dangerous hazard. Then think about how your natural shot shape pulls you into those hazards or helps you evade them. By understanding your swing you can set yourself up to minimise risk and hit the green more often.

Better course management

Swing improvement takes time, but good strategy brings immediate results. We'll help you make better decisions on the golf course that will put you into more scoring positions.

Play 9 with us >

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