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Saturday, May 04, 2024

[Book an assessment](#) | www.metgolfshop.co.za | **Tel:** 021 430 6015



Time to mix it up

Monthly Mixed

Join us next weekend for our Monthly Mixed followed by some delicious wine tasting and snacks.

Format: 4Ball Alliance, 2 scores to count

When: Sunday 28 July

Cost: R320 pp



Metropolitan Golf Club Monthly Mixed

Sun 28 July
4 ball alliance, 2 scores to count
tee times from 11:38

R320 pp

Join us for wine tasting and snacks

Sponsored by



[Book your spot >](#)

Join us for The Open!

It's going to be an absolute humdinger!

This Saturday after golf and Sunday **from 11:00**, 19th at the Met will be hosting a viewing party and Vanessa will be cooking up a storm!

KWV specials on Saturday and Cruxland gin specials on Sunday.

Buy one special on the given days to stand a chance to win great hampers sponsored by KWV and Cruxland.

You don't want to miss it!



Be sure to enter the draw in the Pro Shop for a chance to win **big** in shop vouchers!

Wine not?

Thursday's competition has been postponed due to weather, but don't forget to join us on Saturday for the **Cape of Good Hope Wine Series Competition!**



An exciting new Pairs Team Golf Tournament that culminates with a National Final at the aspirational Leopard Creek golf course.

Tournament Champions will be invited to play in the Pro-Am of the Alfred Dunhill Championship at Leopard Creek.



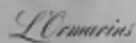
Enter your Club's Qualifier and you could represent your Golf Club at the Regional Finals.



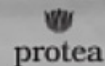
Golfers playing in their Club's Qualifier are automatically entered into a Lucky Draw for a VIP Guest Hospitality Experience in Scotland!

Your Cape of Good Hope Wine Series Club Qualifier is on:

18th & 27th July 2019



TERRA DEL CAPO



www.rupertwines.com

[Book your spot >](#)

League

Our ladies are cleaning up!

Congratulations to the **Met Ladies Bronze League Team** for winning **all 3**

matches against Clovelly @ the Met on Tuesday! Debbie Gibb and Lexi Swanepoel won 7/6, Eileen Farrell and Sue Moubray 6/5, and Heather Stewart and Claire Hoard 1/0!

Well done ladies!

Who's been winning at the Club?

Monday School

4 Ball Alliance – 2 X Scores To Count

Clifford Mijlof, Nick Fredman, Spiro Bouloukos and Colin Bell - **84pts**

Wednesday

Members Competition - Betterball Stableford

Quinton Van Niekerk And Tyler Shandra - **45pts**

Thursday

Members Competition - Betterball Bogey Plus

Dave Gruss And Hutton Little **+11**

Saturday (AM)

Members Competition - American Scramble

Gary Light, Robbie Trumann, Grant Muller, And James Ryan - **58.6 nett**

Saturday (PM)

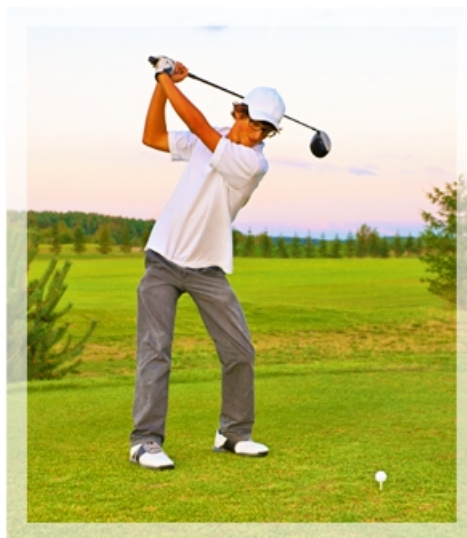
Members Competition - American Scramble

Luis Rosa, Jackie Schneider, Spiro Bouloukos, And Andrew Norman - **57.1 nett**

Centre of Gravity (CoG) matters

To old & young, male & female, skilled & inexperienced

Whether you swing your driver particularly fast or very slow, the CoG location of your driver impacts significantly on your tee shot performance and playing experience.



Although the CoG location in different drivers might be a few mm apart (in depth and in height), it will have a significant impact on your launch angle and the spin rate on the golf ball. That really, really matters to your experience on the golf course.

40 METRES



Especially to those with slower swing speeds or those with very, very fast swing speeds the difference in tee shot improvement we can create, just by changing launch conditions, can be beyond 40 metres. That's not just a great feeling when you hit the ball further; that could mean an easier #8 iron second shot vs. a more difficult #5 iron. Who wouldn't want that?

Fix your millimetres and metres

Get every metre off the tee your potential deserves. Come and have a tee shot assessment and let's see how we can add 20, 30 and even more metres to your tee shots.

[Contact us >](#)

Be like Ernie...



XXIO

BE LIKE ERNIE.

PLAY XXIO X TO EXPERIENCE EASIER DISTANCE,
EASIER ACCURACY, EASIER GOLF.
NOTHING COMPARES TO THE INCREDIBLE
LIGHTWEIGHT FEEL & GAME-CHANGING DISTANCE
YOU WILL EXPERIENCE WITH XXIO (ZEK-SI-OH).
EXOTIC MATERIALS & UNPARALLELED CRAFTSMANSHIP
FOR MODERATE SWING SPEED GOLFERS.

ERNIE'S DRIVER
OF CHOICE
XXIO X 10.5 DRIVER
PX BLUE 6.5 SHAFT

A better life for them

You didn't grow up like this

We used to hear about “computer game addiction” as a crisis with a few oddballs in far-away lands. There is now a “Fortnite Craze” – a computer game that has children locked in their bedroom. Addicted. And it's here and now. Not in far-away places.



[Watch now >](#)

Our whole society needs to react to these challenges. We need to find ways to create more fun and enjoyment in the real world. Golf is the greatest game ever invented. No requirement to be a jock. Boys and Girls. Very social. Outdoors. Healthy.



Let us add balance

Have your child enroll into one of our group sessions to learn to play golf, and we'll have them outdoors, interacting, learning new skills, and having a whole stack of fun they can take out onto the golf course. They won't stop playing computer games, but for a couple of hours each time we'll have them off the phone, out from in front of the screen, engaging in fun activity.

Contact us >



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GOLF CLUB**

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