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Wednesday, May 08, 2024

[Book an assessment](#) | www.metgolfshop.co.za | **Tel:** 021 430 6015



Kickstart your weekend on a high note

Leave the office a little bit earlier this Friday and join us for a round of golf!

R205 gets you 9 holes of golf, snacks and prizes. We'll also have some specials in the bar afterwards between **18:00 and 20:00**.

Book now at metgolfshop@corporategolf.co.za.



THE MET SUNDOWNER

FRIDAY 26 April 2019
TEE OFF FROM 16:06 - 16:48

R205 FOR 9 HOLES
(includes golf, snacks and prizes)

BOOKING: 0214306013
metgolfshop@corporategolf.co.za



JOIN US for sundowner **SPECIALS** from
18:00 - 20:00 in the bar



Golf on the go!

New! 9-hole membership

For players on the go!

- 9-hole membership fee does not include SAGA affiliation and handicap fees.
 - 9-hole membership does allow an official handicap.
- 9-hole membership does not allow entry to any 18-hole competitions (including Club Champs).
 - Debit orders are allowed.
- All membership fees can be pro-rata (where applicable).
 - There will be a 9-hole Club Championship Event.
- 9-hole members can play 18 holes (except on a Saturday or on a Thursday afternoon which is reserved for 18-hole member competitions).
- 9-hole members will have to pay for the first 9-holes at members rate, and the second 9-holes at an affiliated guest rate.

- There will be an order of merit for 9-hole members. This will be based on their aggregated 9-hole Stableford scores over a 6-month period.



Our ladies made us proud!

Congratulations to the Metropolitan Ladies Bronze League Team for winning their league match against Durbanville 2 – 1 on Tuesday @ Westlake! The league team consisted of **Michelle Hutcheson, Heather Stewart, Debbie Gibb, Lexi Swanepoel, Jill Rabie**, and **Sue Moubray**.

Well done ladies!



Who's been winning at the club?

Monday - Monday School

4-Ball Alliance – 2 x scores to count

Craig Smith, Andrew Drysdale, Roelof de Villiers, and Adrian Vorster 85pts

Tuesday Ladies Day - No competition

Wednesday - Members Competition

Individual Stableford
Charles Copping 37pts

Thursday - Members Competition

Betterball Medal
Nico de Lange and Cacho Cabral 58

Saturday (AM) - Members Competition

4-Ball Alliance – 2 x scores to count
Dave Jacobs, Rian van der Merwe, Hein van der Merwe, and Dave Heron
90pts

Saturday (PM) - Members Competition

4-Ball Alliance – 2 x scores to count
Bill Cornish, Terry Carmichael, Kathy Blumberg, and Mickey Forge 89pts

Simplify your short game

Reap the rewards of great wedge play

Over the past three weeks, we have discussed the importance of great distance control in your wedge game and how it can help you lower your scores, improve your skills and get more from your golf.

Create a wedge chart.

There are many advantages:

- *Greater distance control*
- *Improved accuracy*
- *Better shot execution under pressure*
- *Added confidence from a variety of distances*
- *Less technical swing thoughts*
- *Better game management.*

Wedge	Swing length	Yardage
60°	9 - 3	23m
60°	11 - 1	64m
60°	Full	92m
55°	9 - 3	32m
55°	11 - 1	98m
55°	Full	108m
50°	9 - 3	40m
50°	11 - 1	110m
50°	Full	122m
PW	9 - 3	43m
PW	11 - 1	118m
PW	Full	130m

Armed with your wedge chart and your favourite distance with your favourite wedge, you'll know where to lay-up if you can't get to the green with your approach. That's better game management. Every golfer, whatever their handicap, should have a wedge chart.



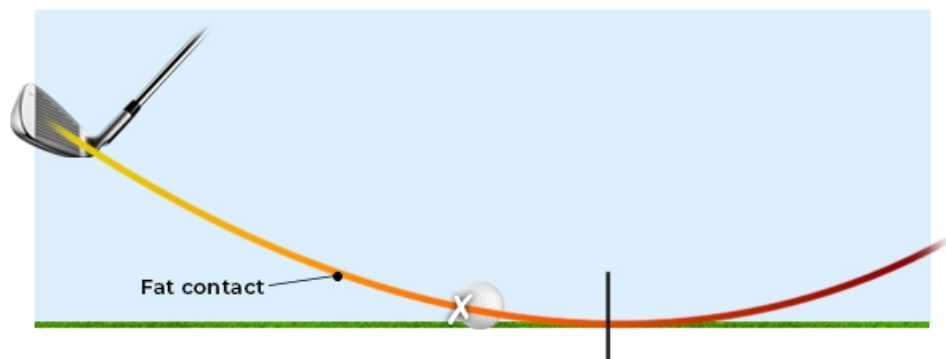
Fill your wedge chart

To gauge a distance for each of your swings for each wedge can be difficult without assistance. So why not book a session with us. Let's complete your wedge chart and at the same time, we can look over your three swings. Maybe there are other improvements.

Book a session > **Better ball striking**

You know you want it.

Too many golfers make poor contact with the ball with their irons because the low point of their swing is BEFORE the ball, resulting in fat or thin contact.



In the search for solid, quality ball striking you want to make contact with the ball, and then the turf. That requires a slightly descending blow or angle of attack.

What if I told you that one of the simple ways to improve your angle of attack on the ball, and therefore your ball striking is...



Yes, a towel!

[Learn more >](#)



You know your position at address and impact is different. The setup is exactly that. It's the correct setup to allow you to make a great swing, returning to what is sometimes referred to as the "stacked" position at impact. How do you look at impact?

Improvement makes the game more fun

Whatever your level, a small improvement in ball striking quality, makes a BIG change in how much fun you have out on the golf course. It's time for better.

[Contact us >](#)

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GOLF CLUB**

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