<u>Club Website</u> | <u>www.stfrancislinksgolfpros.co.za</u> | **Tel:** +27 42 200 4500



Santa says

Our future Golfers and Residents

"The Game of a lifetime" is best learned when you are young (or young hearted)



Micah Van Eyssen, trophy winner!

I was one who was exposed to golf at a young age (4) and could not get enough of it as a junior. My first golf course was from tree to tree and yard to yard (fortunately, we did not have fences).

So here I am nearly 60 years later still loving (and hating) the great game of golf. I am sure I peaked as a player at about 15 when I could play all the shots without fear. Today, I am sure that I have forgotten more than most people have ever learned. As frustrating and challenging as the game can be, we all

come back for more. The biggest challenge for adults who play the game is

managing failure. We make mistakes in life and we learn from them, adjusting and modifying our actions to avoid making them again. Success seems to be measured in achievement, no matter what the size. Happiness comes from solving problems and we all know that life gives us enough problems to solve.

but, maybe we are simply forgetting to be kids when we play. Kids only cry when someone is watching. When they fall and no one is watching, they simply brush themselves off and go again. For a kid, giving up is not on the cards. And with any form of success, the success is the result of commitment. Practice leads to paralysis; perfect practice leads to success.

I am reading a very clever book called The Art of Not Giving a F^&%. Don't be put off by the title as it's not what it seems. This bestseller emphasises that one should embrace the journey, embrace the fact that there will be problems along the way. It's up to us to make sure the problems we face are those we can solve - and solving problems brings happiness. This book comes at a good time for me as golf seems to be the problem, yet I am not embracing the journey by going to the range and working it out. As a kid, I practised and practised some more. As a golfer with a great future behind me, I need to play like I did when I was young, focusing on "I think I can, I think I can, I think I can" rather than "I hope I don't". As a kid, I set goals for improvement and scoring. I played games from the greenside for hours and it paid off. As adults, few of us dedicate our time to "the scoring shots" and that is what this course is all about. When I was young, my first scoring goals were based on averaging 5s. If I could average 5s I could shoot 90. Then I moved on to 4s on the 3-pars and 6s on the 5-pars. That brought my target down to the low 80s. By the age of 12, my short game was steller and although I couldn't reach some of the par-4s in regulation, I could chip or pitch and putt.

As we reopen the course after a superb spring programme, I look at this time as the start of a new season. In lowa, where I grew up, the new season followed about 5 months of snow and cold. I could always start with a clean slate and a great attitude. Let's all be kids again and approach the great game with commitment and baby steps to little successes. I need to hear my own words, Every great shot in **golf** (and in life) starts with a **smile**. Play one great shot at a time.

Christo is great with the kids and one of his students is Fred and Kelly Van Eyssens' son, Micah. They started together when Micah was four and now he is six and swinging the club beeeeautifully!

Christo posted this...

Those who frequent our practice facilities will know Micah van Eyssen. He has been a committed junior golfer for a few years already and now he has the competitive "itch".

Congratulations, Micah, on finishing third in the annual SA Kids
Championship hosted by San Lameer Country Club. Just as an important
part of the team, Fred (super dad), was with him on the bag.
Looking forward to seeing more achievements from this young golfer.





Micah signing his card and properly dressed in SFL apparel!

The Links Cup

September 27-28 | Sign up!





Book now >

The St Francis Links Hotel by Mantis

Show units are under construction

The proposed St Francis Links Hotel by Mantis is being sold as a sectional title scheme. Now, three units are being built as show units to promote sales.





The show unit, comprised of 1 two-bedroom unit and 2, one-bedroom units will be complete for the season.

The Hotel will consist of **60** one and two-bedroom suites, modelled after the successful hotel development at Pearl Valley, where the 2nd phase was launched recently. The Clubhouse will be home to reception manned 24/7.

the Food and Beverage services, AquaSpa and of course, the home of the Jack Nicklaus Signature Course! **Pam Golding Properties** are handling the sales for the Hotel. **Neil Fox** is the lead person. Email Neil Fox on neil.fox@pamgolding.co.za. **Saria Blaauw** is assisting and they are dividing their time at The Links.

Events to take part in





Selective Lighting Friday Competition

Ernie and Linda Müller and their Team from Selective Lighting are making Fridays extra special at St Francis Links. Once a month, they host the Selective Lighting/The Fireworks Friday Competition. We shotgun start the players for 9 holes. Starting times are based on the season, 14:30 in the cooler season and 15:30 in the summer months. Be a part of growing the Club and join us for nine and some good times after golf! Please enter in advance for numbers.

Open Wednesdays

ITEC are our sponsors for Open Wednesday (2nd Wednesday) with meat and added prizes. Invite your friends to enjoy SA's best with special rates for golf, snacks after the game and great prizes – Hey, sometimes Curry Night follows – stay or take away!

Monday Roll-up!

Pitch up and play (9 holes or 18 Par-3 from 2pm). Let's add you to the Whatsapp group.

All Day Saturdays

Morning and afternoon fields - the afternoon field will be booked from 12 noon backwards with emphasis on ready golf.

Monday Men's Book Club

5pm in Jack's Bar (no reading required).

Ladies' Tea (and coffee)

Every Tuesday at 10am on the Veranda.

Major events and winners



Major Events and Winners

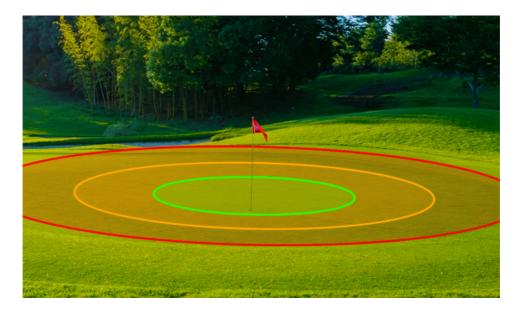
3	Jan	Men's Member-Member Partnership, Ernest and Jordan Bendeman, Champions
9	Jan	ITEC Open Wednesday
12	Jan	Windhoek Pairs qualifying, Lynn Slogrove and Margo McGregor
9	Feb	Windhoek Pairs qualifying, Norman Pretorius and MJ De Bruyn
13	Feb	ITEC Open Wednesday
13	Mar	ITEC Open Wednesday
16	Mar	Windhoek Pairs qualifying, Percy Owen and Norman Dyer
5	Apr	Selective Lighting/Fire Works 9-Hole Comp
10	Apr	ITEC Open Wednesday
26-28	Apr	Club Championships, Boetie Zietsman and Dr Lynn Slogrove, Champions
3	May	Selective Lighting/Fire Works 9-Hole Comp
8	May	ITEC Open Wednesday
17-19	May	Annual St Francis Bridge Tournament
24	May	Aqua Gym Golf Day
30-31	May	Woodlands Dairy Charity Days for HOSPICE
1	Jun	The Bard 'au Ladies' Invitational Elmarie Maarschalk and Heilie Uys, Champions
12	Jun	ITEC Open Wednesday
14	Jun	Selective Lighting/Fire Works 9-Hole Comp
26-28	Jun	Nomads National Order of Merit – Juniors
1-4	Jul	SA Boys Championships, Jordan Duminy
5	Jul	Selective Lighting/Fire Works 9-Hole Comp
10	Jul	ITEC Open Wednesday
19-21	Jul	Men's Invitational, Bryce Dakin and Darryl VD Vyver, Champions
1	Aug	Victory School Golf Day
2	Aug	Selective Lighting/Fire Works 9-Hole Comp
4-5	Aug	EP Amateur Championships
10-11	Aug	EP Amateur Championships – Matchplay finals
19-3	Aug/Sep	Closed for Spring Programme
6	Sep	Selective Lighting/Fire Works 9-Hole Comp
11	Sep	ITEC Open Wednesday
27-28	Sep	LINKS CUP
4	Oct	Stulting Golf Day
9	Oct	ITEC Open Wednesday
1	Nov	Selective Lighting/Fire Works 9-Hole Comp
7	Nov	Eastern Province SENIORS
13	Nov	ITEC Open Wednesday
27	Nov	Members' Oscars
7	Dec	Ladies' Member-Member
8	Dec	Ultimate Par-3 Championships
13-14	Dec	The Pam Golding Annual
16	Dec	The Kromme-Enviro Trust Amazing Race
19	Dec	NSRI Golf Day

Click to enlarge

magic

Three dimensions for a **BETTER APPROACH**

We want you to evolve your thinking about your approach shots. Get more demanding about the results you want. Work with us on improving your performance.



Let's start with what you should demand from the partnership that is your swing and your irons.

DISTANCE:



Adding distance means you're playing a shorter club. That means literally a shorter length club. That makes it easier to square the club face and launch the ball high and with accuracy.

ACCURACY:



Squaring the face to target and



squaring the sole to the ground at impact means you'll hit more shots tighter to the target. Technique is important. Fitting is imperative. Yes, fitting is imperative to accuracy.

STOPPING POWER:



Once your approach hits the green you want stopping power. That requires spin and an angle of descent that means the ball will sit. So, you want technology in your iron that launches your ball on a great trajectory.

Now improve your approach

Book an assessment with us now. Let us look at your swing and technique; your irons and how the technology helps you. Let us improve the three dimensions above. Improve these and it increases the number of magical moments on the course.

Make more magic >

Fall in love with golf





This is

NOT THE PURPOSE of introducing your children to the GREATEST GAME.

We're not trying to create the next great tour superstar. We're trying to help junior golfers fall in love with the game of golf.



If we can do that, they'll be healthier, happier, and have a game and friends for a lifetime.

Whether they've played the game before play the game now or have

virienter they ve played the garne before, play the garne flovi, or flave

never played the game, we'll promise you that we'll take care of them, and set them on the pathway to a lifelong love affair with the game.



Sign your children up for one of our fun junior golf programmes.

Contact us >

Get in touch

Call 042 200 4500. | Contact us | Visit our website | Visit us | Read my golf
tips | Book a lesson | Book a round | Leave a review

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