



## Club News

### Club Champs weekend!

Our 2019 Club Championships were postponed from April to August because of the floods we had in April,

but last weekend the players still had a torrid time, with drizzly cold rain all day Saturday and strong winds on Sunday. Nevertheless, it was still a great weekend and there was some really good golf played. Well done to everyone who finished on Saturday.

**Gavin Sole** won the Championship with 68 and 68 for 136, just 21 ahead of George Bothma and David Rush.

**Andre Attfield** won the B-Division, with a great second day ahead of Chris Miller.

**Jim Cook** won the C-Division, with 74 points way ahead of Gordon Moody on 66 points.

**Malcolm Greenland** won the over 60's medal, followed by Clive Miller and Chris Miller

**Janet Humphrey** won the Ladies Championship ahead of Rene Matthew.

**Jean Cole** won the Bronze Medal, followed by Irene Schanda and Solange Fox. **Irene Schanda** won the Bronze stableford, with Lorraine Cook in second place.

There was a great vibe in the clubhouse after play with a whole heap of war stories being recounted.



Top Left: ***Congratulations Club Champions! Jan Humphrey & Gavin Sole***

Top right: ***Jim Cook, Gavin Sole & Andre Attfield!***

Lower Right: ***Jan Humphrey, Jean Cole & Irene Schanda***

## Titleist Demo Day

Last Wednesday morning, **Ryan Birnie** from Titleist came down and did a demo at Southbroom with the latest irons. The T100, T200 and T300 irons are amazing. There are also blades that are stunning, but they are for the young guns. Amongst the T range with the correct shaft there are clubs for everyone, including the new TS1 and TS4 drivers. Then of course the new, seriously good putter range (which you will see on tour). Can't miss! Technology gets better all the time and Titleist really have something special

**Bob Carmichael** and **Errol Amm** testing the new equipment in pic below, with **Dane** in the background rolling in yet another putt.





*I am doing some really good specials on the AP1 & AP3 2019 irons, which include some lessons. So, please don't hesitate to give me a call. Great equipment and a good technique will go a long way toward your enjoyment of this wonderful game.*

## Around & About

**Heleen Hissey & Gwynne Wright** finished 2nd at the Hippo Trophy at Selborne this week. Well done Ladies!



*Heleen Hissey & Gwynne Wright*

## Dads Army News

The recent Dad's Army Competition was won on a count out by **Malcolm Moorley**. **Piet Joubert** lost the count out and received 'The Don't Panic' Trophy.

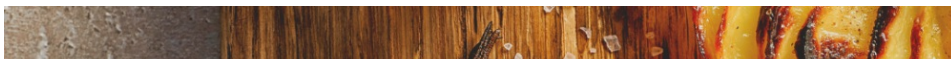


*Malcolm Moorley & Piet Joubert*

## What's coming up?

### Sunday Lunch

Be sure to swing by for Sunday Lunch this **Sunday, 25 August**. For only **R125 per person**, you can sink your teeth into our succulent roast port belly served with spinach, baby potatoes and butternut. Best of all, there will be apple crumble and vanilla ice-cream for dessert! Make a reservation at the clubhouse: 039 316 6026.







## Spring Dinner & Dance

Don't miss the **Spring Dinner Dance** on **Saturday, 31 August**.

Also commemorating Southbroom Golf Club's 80th Anniversary. The Legends will be entertaining us and there will be a full buffet! Book in the office: 039 316 6026.



# the LEGENDS.

AT SOUTHBROOM GOLF CLUB

**SPRING DINNER & DANCE**  
**AUGUST 31, 2019**  
**FROM 6.30PM | R200 PP**

**BOOKING ESSENTIAL**  
039 316 6026



**Southbroom Golf Club**  
**celebrating**  
**80 years!**



## Southbroom Mixed Classic

The next big event coming up is the **6th Mixed Classic**. See the invite below and don't delay if you want to enter, as the field is max 128 players!



**SOUTHBROOM** 6th



CELEBRATING  
SOUTHBROOM GOLF COURSE  
TURNING 80  
1939 - 2019

# MIXED CLASSIC

SAT 12 & SUN 13 OCT 2019  
REGISTRATION FRI 11 OCT

Pack your clubs & join us playing

## Around the World in 80 Days!

GOOD FRIENDS  
FOOD & FASHION  
2 DAYS GOLF ~ BB STAB  
GREAT ENTERTAINMENT



[View invite >](#)

[Enter now >](#)

## The Score Card

### Friday 16th August

#### *Business Day*

1st: Geoff Skelton, Gavin Sole, Derrik & Bruce Matthew - 98 pts

2nd: Bob O'Callaghan, Ken Crawford, Malcolm Greenland & Clive Miller - 90 pts

#### *Chicken Run*

Raeffe Dyer - 19 pts

Sue Kups - 17 pts

Dave Neilson - 17 pts

### Club Championships

#### **Men's Club Championship Results** *(one man /one prize)*

|                              |                     |                   |
|------------------------------|---------------------|-------------------|
| <b>A-Division Medal 2019</b> | <b>Winner - 136</b> | <b>Gavin Sole</b> |
|                              | Runner-up - 157     | George Bothma     |
|                              | Third -157          | Dave Rush         |
| <b>Overall Nett Medal</b>    | Winner - 148        | Mike Anthony      |

|                                |                     |                          |
|--------------------------------|---------------------|--------------------------|
|                                | Runner-up - 156     | Malcolm Greenland        |
| <b>Sat Net Medal</b>           | Winner - 76         | Errol Amm                |
| <b>Sun Net Medal</b>           | Winner - 75         | Grant Richards           |
| <b>B-Division Medal 2019</b>   | <b>Winner - 173</b> | <b>Andre Attfield</b>    |
|                                | Runner-up - 177     | Chris Miller             |
|                                | 3rd place - 181     | Bob Clark                |
| <b>Overall Stab</b>            | Winner - 66         | Alex Crawford            |
| <b>Overall Stab</b>            | Runner-up - 59      | Graham Sole              |
| <b>B-Div Sat Stab</b>          | Winner - 33         | Dave Fox                 |
| <b>B-Div Sun Stab</b>          | Winner - 30         | Gary Brackley            |
| <b>C-Division Stab 2019</b>    | <b>Winner - 74</b>  | <b>Jim Cook</b>          |
|                                | Runner-up - 66      | Gordon Moody             |
|                                | 3rd place - 60      | Malcolm Moorley          |
| <b>C-Div Sat Stab</b>          | Winner - 27         | Dave Page                |
| <b>C-Div Sun Stab</b>          | Winner - 27         | James Fergus             |
| <b>Best Gross over 60</b>      | <b>Winner - 164</b> | <b>Malcolm Greenland</b> |
| sponsored by Malcolm Greenland | Runner-up - 170     | Clive Miller             |
|                                | 3rd place - 177     | Chris Miller             |

***Ladies' Club Championship results (one lady, one prize)***

|  |  |                       |
|--|--|-----------------------|
| <b>Silver Division</b> (Medal 0-15.3 HI) | <b>1st Trophy - 182</b>                | <b>Janet Humphrey</b> |
|  | Runner-up - 191                        | Rene Matthew          |
| <b>Bronze Medal</b> (Medal 15.4-36)      | <b>1st (Pat O'Conner Trophy) - 203</b> | <b>Jean Cole</b>      |
|  | Runner-up - 210                        | Solange Fox           |
| <b>Bronze Stab</b> (Ind Stab)            | <b>1st (June Turner Trophy) - 54</b>   | <b>Irene Schanda</b>  |
|  | Runner-up - 51                         | Lorraine Cook         |
| <b>Best Sat Stab</b>                     | <b>Winner - 23</b>                     | <b>Di Morris</b>      |
| <b>Best Sun Stab</b>                     | <b>Winner - 33</b>                     | <b>Jill Webster</b>   |

**Wednesday 21st August**

*Ladies PD Stab*



#### *Ladies BB Stab*

1st: Jill Webster Lorraine Cook - 46pts

2nd: Sharon Turnbull Jackson & Heleen Hissey - 40pts

3rd: Di Morris & Augi D'Ewes 39pts

#### *Men's BB Stab*

1st: Errol Amm & Don Osbourn - 45 pts

t2nd: Roger Hissey & Paul Lawson - 44 pts

Jim Cook & Olliver Ransome - 44pts

Steve du Toit & Werner Duggan - 44 pts

t2nd: Brian Brasher & Jim Cook, Martin Hutton & Van Zyl Greyling - 42 pts

## Spin: friend or foe?

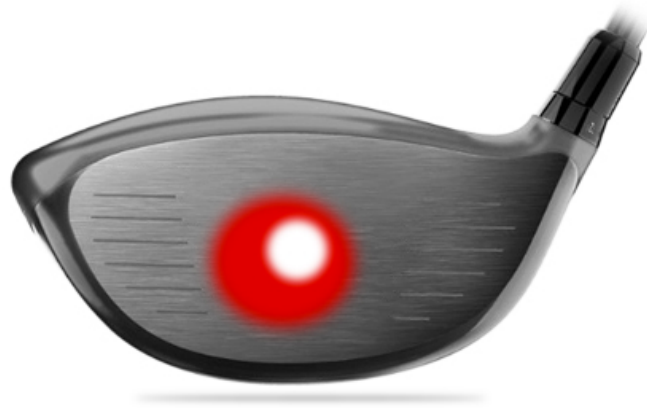
### The impact zone and launch

In the last weeks we've described how a simple swing fault (the angle of attack) can lower launch angle and increase spin, robbing you of 20+ metres of tee shot distance. Miss the sweet spot, and you lose more than ball speed, you also impact your launch DNA.



A common error we see is golfers consistently making contact below the sweet spot. It might still feel solid, but tests run by Golf Magazine revealed a

likely loss of up to 4° of launch angle and an increase of nearly 800rpm. For the regular golfer that's a loss of between 10 and 15 metres.



*Most manufacturers are now working hard to release new drivers that protect launch and spin, as well as ball speed away from the sweet spot. That helps make significant improvements to average distance as well as increasing the distance on your perfect strikes.*

### Don't let spin rob you

Book an assessment with us and let's find your personal launch DNA: the perfect match of launch and spin for the ball speed you're creating.

Contact us >

## It's time to do something

### Everyone benefits

Scientific research indicates that, despite the medical advances that are curing many diseases, the life-expectancy of the latest generation is going to be 5 years less than we currently live!

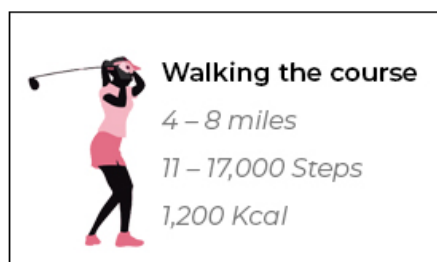
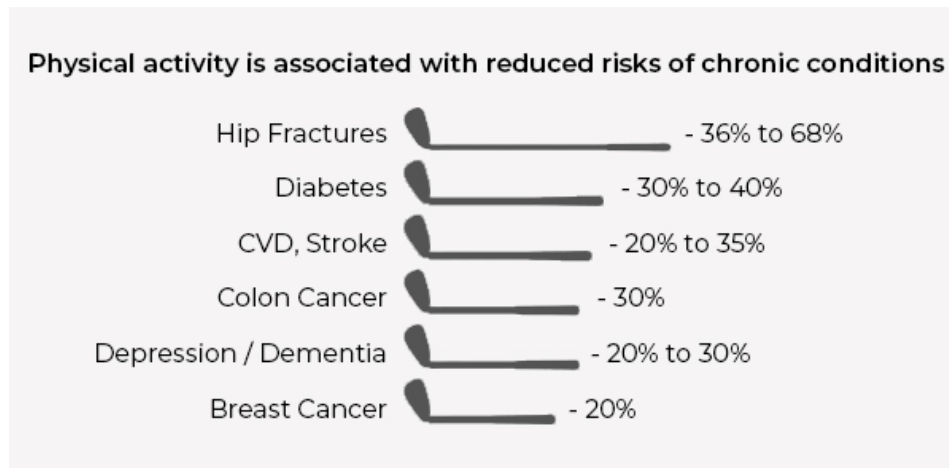
Last week we reported on the alarming rise in type-2 diabetes in children, youths, and teens.



We promoted golf as part of an active lifestyle. Well guess what? *"Golf is proven to be great for your health over your whole lifetime."*



Golf and Health and the University of Edinburgh published an infographic that highlighted the level of reduced risk of chronic health conditions if you have an active lifestyle.



If you didn't think that golf was an active lifestyle then note just how active it is.

## Help your family live an active lifestyle

So, as well as improving the life of a child or grandchild, introducing golf to a spouse or sibling whatever their age will improve their lifestyle and contribute to a longer and better life. It's time to do something.

[Contact us for an assessment >](#)

Get in touch

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