

[View online](#) for a better experience

[Subscribe](#) | [Unsubscribe](#)

[Download a printer friendly copy](#)

Tuesday, April 30, 2024

Email us | www.derekjames.co.za | Tel: 039 316 6051



Club News

Club Champs weekend!

We are looking forward to a great Club Champs weekend!

Hole-in-one for Derrik Matthew

Derrik Matthew enjoyed his second hole-in-one on Saturday 10 August and no better place to have it than on the 4th hole! Congratulations Derrik! We have now had **3 members** with holes-in-one at Southbroom within 3 weeks, that sure feels like a record!



Derrik Matthew hole-in-one on the 4th!

The Presidents Trophies

The Presidents Trophies were played for on Saturday 3 August. Congratulations to **Lesley Godley & Jill Webster** on winning the Ladies Presidents Trophy. Lady President **Irene Schanda** presented all the prizes and spoiled the ladies with her signature baking and Mozart treats. It was a lovely afternoon. Sad to say goodbye to **Jenny Westray** who is moving to Cape Town. We know you will love being closer to your daughter Jen, but you will be missed at Southbroom!



All the winners!



Best wishes Jenny Westray



Lesley Godley, Lady President Irene Schanda & Jill Webster!

The Men's Presidents Trophy was presented to **Phil Verwey & Martin Hutton** by Club President Vic Pretorius. Well played, gentlemen.



Condolences | Mary Halle

Well known & well loved Southbroomer **Mary Halle** passed away this week. We extend our sincere condolences to her beloved husband David Halle and her 3 sons Mark, Ian & Craig Adendorff and to all their families & many friends. A very special, kind lady with an awesome smile and a gardening guru who loved her roses. There will be no memorial as per her request. Rest in Peace Mary.



Mary & David Halle

Course maintenance

A touch of course maintenance was underway this week removing the excess silt from the 8th hazard deposited by the excessive rain in April.



What's coming up?

Don't miss the Spring Dinner Dance on Saturday 31 August. Also commemorating Southbroom Golf Club's 80th Anniversary. Book in the office.

The next big tournament coming up is the 6th **Mixed Classic in October**. See invite below and don't delay if you want to enter as the maximum field is 28 players! If you can't make it this year but would like to be on the 2020 invite list, please hit the reply button and let us know.



CELEBRATING
SOUTHBROOM GOLF COURSE
TURNING 80
1939 - 2019

SOUTHBROOM^{6th} MIXED CLASSIC

SAT 12 & SUN 13 OCT 2019
REGISTRATION FRI 11 OCT

Pack your clubs & join us playing

Around the World in 80 Days!

GOOD FRIENDS
FOOD & FASHION
2 DAYS GOLF ~ BB STAB
GREAT ENTERTAINMENT



[View invite >](#)

[Enter now >](#)



The Score Card

Friday 2nd August

Chicken Run

Colin Mckay - 20 pts

Malcolm Greenland & Wilhelm Steynberg - 19 pts

Saturday 3rd August

Ladies Presidents Trophy - BB Stab

1st - Jill Webster & Lesley Godley - 45 pts

2nd - Margot Vd Gaag & Ghost - 43 pts

T3 - Jean Cole & Trish Amm & Lynn Doveton & Felix Lund - 42 pts

Men - Presidents Trophy - BB Stab

1st - Phil Verwey & Martin Hutton 51 pts

2nd - Gerard Olivie & Sean Miller 47 pts

3rd - Dennis Kemper & Jonas Molner 43 pts

4th - John Neaves & Rob Meydell 42 pts

5th - Bruce & Derrik Matthew 41 pts

Sunday 4th August

Surf to the Turf Golf Day, Scramble Drive Alliance

1st - Ronnie Mtshaka, Koko Zithumane, Sbu Ntozakhe, Zwe Gumede - 108 pts

2nd - Graham Massyn, VZ Greyling, Matt Cowley & Melissa Eaton - 105 pts

3rd - Sizwe Mbili, Rob Ndovela, Ngilane & Nelson Nhlumayo - 103 pts

4th - Geoff Evans, Glynn, Raeffe Dyer & Lynx Dyer - 100 pts

5th - Theo Peyios, Neville Storbeck, Mark Snyman & Ronnie Wesner - 99 pts

Wednesday 7th August

Ladies - 3 Ball Alliance 2 Scores to count

1st - Shelley Myers, Irene Schanda & Val Volck - 73 pts

2nd - Heleen Hissey, Carol Lamb & Della Kempthorne - 70 pts

Wednesday 7th August

Men - BB Stab

1st - Paul Lawson & Jim Cook - 46 pts

2nd - Derrik & Bruce Matthew - 45 pts

T3 - 43 pts Alec & Ken Crawford - Andre Steyn & Craig Treherne - Gerald FitzGerald & Bob Clark

Friday 9th August

Chicken Run

Andre Steyn - 23 pts

Alec Crawford - 21 pts

Andrew Leckie, Malcolm Greenland, Jan Roos & James Fergus - 17 pts

Saturday 10th August

Open Alliance - 2 Scores to Count

1st - Arthur Lee, Juri Matthee, Malcolm Moorley & Piet Joubert - 87 pts

2nd - Steve Wells, Shelley Myers, Irene & Erwin Schanda - 84 pts

T3 - Dave Page, Bob Carmichael, Derrik & Bruce Matthew - 83 pts

T3 - Derek James, Di Morris, Eli Bachman & Andy Bossard - 83 pts

Wednesday 14th August

Ladies - BB Stab

1st - Sandy FitzGerald & Lorraine Cook - 48pts

2nd - Trish Amm & Sandy pivot - 43pts

3rd - Heleen Hissy & Della Kempthorne - 40 pts

Men - BB Stab

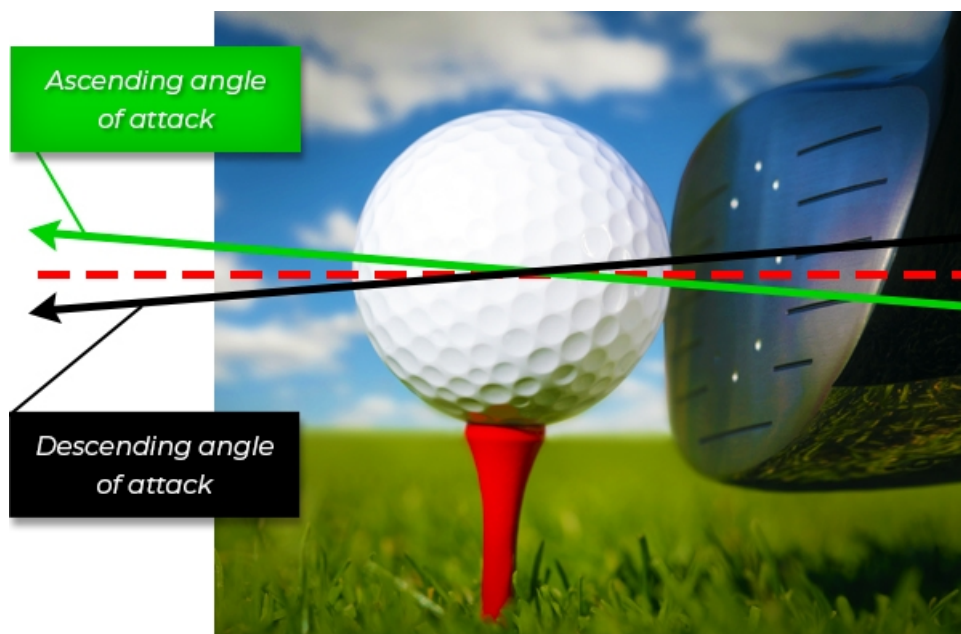
1st - Vic Pretorius & Bob Carmichael - 42 pts on count out

t2nd - Brian Brasher & Jim Cook, Martin Hutton & Van Zyl Greyling - 42 pts

Spin: friend or foe?

This impacts better players too

Last week we showed how many golfers have a simple swing fault that is robbing them of 21 metres. They strike their tee shots with a slightly descending blow (just 5°) rather than a slightly ascending blow.



One of the characteristics of better players is a better swing, but it's also often a faster swing speed. However, when we look at most of our better golfers, while they don't strike the ball on the tee with a descending blow, they're often "neutral", so even for them, the distance they're being robbed of is substantial.

Clubhead speed	Angle of attack	Launch angle	Spin rate	Total distance
100mph	0°	10°	2,600rpm	278 yards
100mph	5° up	12.5°	1,900rpm	293 yards

Don't let spin rob you

Book an assessment with us and let's find your personal launch DNA: the perfect match of launch and spin for the ball speed you're creating.

[Contact us >](#)

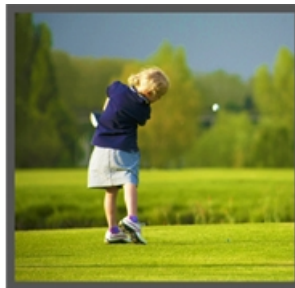
It's time to do something

This is wrong, let's reverse the trend

Between 2002 and 2012, the incidence of type-2 diabetes in children increased by 5% according to research done for the Center for Disease Control and Prevention. Further research indicates that we can expect to see an even faster acceleration by 2022.



You might think that golf isn't a sport or activity that burns the most calories. You might think that there are more intense sports. But you'll struggle to find a sport that gives a child so much.



We know golf is good for children

If you have a child or grandchild, then let's get them started playing golf.

We'll make it fun and enjoyable, social, and active. We want them to be healthier for their whole life. We want them to have those 5 years back. It's time to do something.

[Contact us for an assessment >](#)

Share



This mail was sent to {{contact.contact_email}} by Derek James and is provided as a service for the members and guests of Southbroom Pro Shop and has been supported and sponsored by advertisers in this email and our partner suppliers. For any queries contact us on 039 316 6051.

*Sent on behalf of Southbroom Pro Shop by
RetailTribe: Unit 8 | Blaauwklip Office Park | Stellenbosch | 7600 | 021 880 2693*

Trouble viewing this newsletter? [View it online](#) | [Download a printer friendly copy](#)
[Subscribe here](#) | [Unsubscribe here](#)