

Friday, May 03, 2024

[Email Us](#) | robnoelgolfacademy@greensidegolfer.com | **Tel:** 985-809-0060



There's weather happening today...

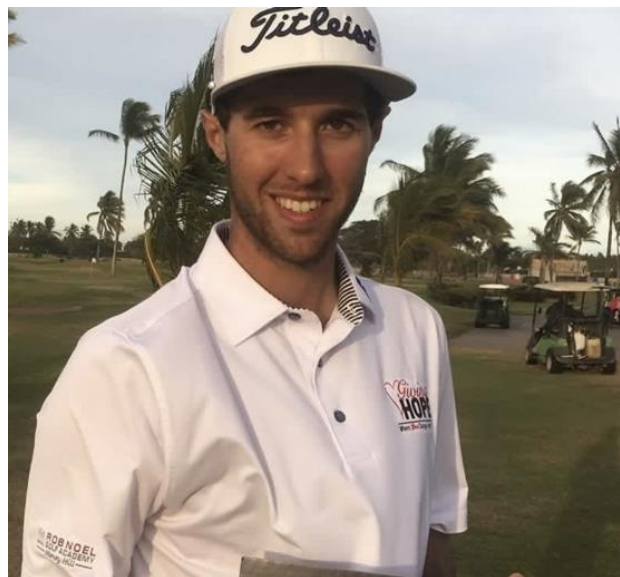
But both facilities are open

We are 35 degrees at the moment with a lot of wind. Tomorrow is going to be colder then right back into the 60s.

Hopefully, this will be the end of winter for LA, because I think we are all ready to get on with spring weather so that we can help you get your game into shape.

Jacob does it again!

Jacob Bergeron put the hammer down today to earn a PGA Tour Latin America Tour card.





Congratulations Jacob we are so proud of you.

SJGT event at Peninsula Golf and CC

Congratulations to our RNGA students **Quinn Garcia**, for placing 2nd in the Boys 14-15. Also to **Liza Lapeyre** for placing 2nd overall girls.

We are always so proud of how you play, keep up the hard work!

Strengthen your core

If you want to make 2019 a better golf season, then a better rotation helps everything: distance, accuracy, consistency. Extra power in your swing will be better channeled, producing sweeter golf shots.



A good core training program will incorporate functional movements that challenge the abdominals. Speak to **Cissi Foster** about how you can improve your core NOW before the season gets started.



[Contact us >](#)

Testimonial Tuesday

"Craig was very helpful. Got some good advice on driving and chipping." ~ Lloyd



Please let us know how we are doing by sending us your testimonies!

We know that better golf means you'll play more. So contact us to make that happen.

[Contact us >](#)

Feel the thrill

Two steps to the ride of your life

Generating longer distance from the tee with a perfect strike is made a lot easier if you're playing with two components fitted for your tee shot.

The shaft flex and the way the shaft performs needs to match both your clubhead speed and how you "load" the shaft. Do you have an even tempo or do you start back aggressively?



The clubhead design needs to work with your swing speed and strike pattern to transfer your clubhead speed into the maximum ball speed on the best trajectory with the optimum spin rate.

**Center of Gravity
location**



**Hitting zone size
and location**



Loft





CoG location has a much greater impact on launch angle and spin rate than golfers imagine.



This is an obvious search for golfers. Some drivers are designed to better accommodate certain strike patterns.



Loft is again an obvious selection criteria, but it's a selection that needs to take into account the shaft and CoG location.

We're delivering thrills

Playing the wind

Creating the perfect match of ball speed and spin rate can mean the difference between a shot that carries the distance you'll get off the tee. A change of just 1° and 500rpm can unlock 20 yards. How much potential can we unlock for you? Act now.

Knock it down. Great for all conditions

Playing pitch shots into or with or across the wind needs you be able to play the "knockdown", lower trajectory pitch shot. This is a great shot, even without the wind. It's so much easier to control distance.



Jordan Spieth - www.golfdigest.com

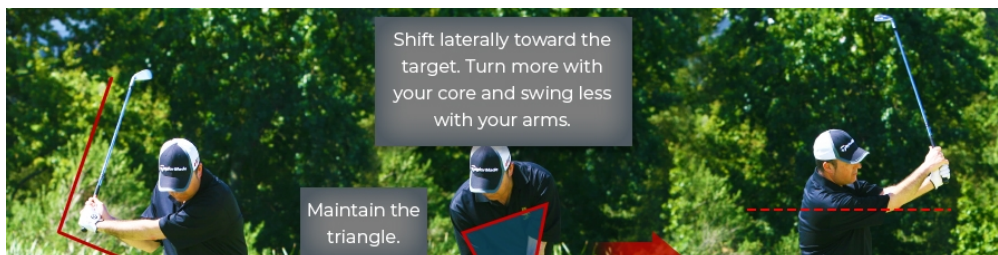
Watching the Professionals play on TV you'll see a lot of shots that finish like this. The ball flies lower and stops quicker. Your control and consistency are improved.

Stance width is reduced. Weight remains forward throughout the swing, with the hands staying ahead of the clubface to deloft the club.

The upper body has rotated, but the movement of the arms is restrained. The angle of attack on the ball is very shallow, and you hardly see a divot.

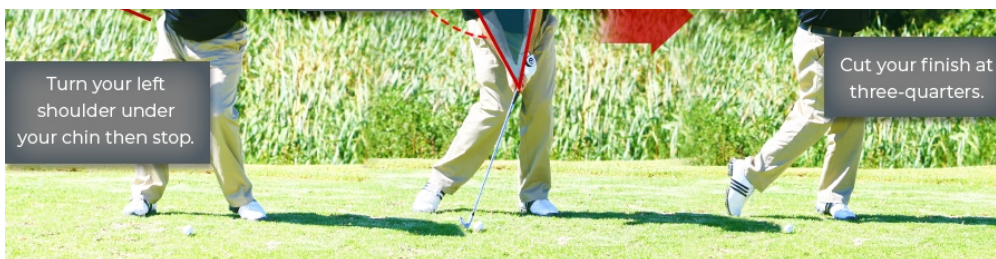
The trajectory of the ball will be lower.

Generally, you don't need more height on wedge shots. You want control of distance. Wind, or no wind, you'll have better control of distance, with a lower trajectory wedge shot.



Shift laterally toward the target. Turn more with your core and swing less with your arms.

Maintain the triangle.



Choosing between a high 56° wedge shot or a knockdown three-quarter 52° wedge approach; the best players will take the knockdown every time.

Learn to play this shot

Take your wedge and practice this shot. When you feel you have it, then dial in your distances.

Wind conditions will have far less impact. You'll have far more control.

Unsure about the technique?

[Contact us >](#)

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