Club Website | tuckerspointgolf.greensidegolfer.com | **Tel:** +1 441-298-6970



Welcome to October at Tucker's Point Club!

Club Event Calendar

We are pleased to be offering a wide range of events to keep all our Members entertained during October.

Full program of upcoming events

We are now accepting registrations for Mid-Term Camps

Explorers In Motion Halloween Camp

Oct 26th to 30th

Halloween Explorers Camp

8:15am to 5:30pm | Explorers Centre \$375 per child including lunch Explorers In Motion Events register here.

E: camps@inmotionbda.com

Fall Tennis Camp

Oct 26th to 30th

Fall Camp full details

Register online: www.tuckerspointtennis.com
Or E: ashley.brooks@rosewoodhotels.com



Tennis

Halloween Tennis Mixer

Thurs, Oct 29th | 6:30pm to 8:30pm

Tennis Mixer

All levels welcome. Doubles and singles format. Dressing up encouraged!

Members \$35 Guests \$40 | Register through Portal Event Calendar

Or E: ashley.brooks@rosewoodhotels.com

Fall Tennis After School Program

Juniors ages 3-14 years old

After School Program

Tiny Tots, Red Ball, Orange Ball, Green Ball and Yellow Ball.

All levels are welcome.

Please click here to register.

Social play is available as well, please reserve a court at tuckerspoint.com.

Adult Clinics

Mondays and Wednesdays 9am - 10am

Strategy/Play clinics with Coach Ashley

Tuesdays and Saturdays 9am - 10am

Cardio Tennis with Coach Ashley

Spaces are limited to 6 players

Sign up on-line at: **tuckerspoint.com** / Members Portal / Events Calendar.





Golf

Sundown Series

Oct 11th, Oct 25th, Nov 22nd

Sundown Series Calendar

Teams of two, Captain's choice, 9-Holes

Swizzle before and during round - Drinks and pizza served after

Cost: \$40 per Golf Member | \$75 per Member-Guest

E: dwayne.pearman@rosewoodhotels.com

Spooky Swing Golf Social

Sat, Oct 24th | 2:00pm Shotgun

Golf Social Calendar 2020 to 2021

9 holes, teams of two, Shambles, 75% hcp. | Drinks on course and food following play

\$95 Members| \$130 Member Guest

E: dwayne.pearman@rosewoodhotels.com

Club Championship

Sat and Sun, Nov 7th - 8th | 7:30am Tee Time

Golf Tournaments 2020 to 2021

36 holes, Individual Stoke Play, 90% Handicap for Net Division
Prize giving Sunday Evening

E: dwayne.pearman@rosewoodhotels.com

Junior Golf Academy Term Time Program

Learning a new skill while making lifelong friends. This is where golf becomes more than just a game. It becomes a way of life that adds many positive experiences to childhood.

Level 1 - "Play"

<u>Details</u> <u>Registration link.</u>

Level 2 - "Fundamentals"

<u>Details</u>

<u>Registration link</u>.

Level 3 - "Train"

<u>Details</u>

<u>Registration link.</u>

Level 4 - "Master"

<u>Details</u>

<u>Registration link.</u>

Please <u>let us know</u> if you have any questions about the junior programs.

October's Social Events are going to be spooktacular Club Event Calendar



Oktoberfest at the Beach Club

Oct 15th (16th and 17th sold out)

Oktoberfest 2020

Join us at the Beach Club from 7:00pm for traditional German Fare, German Weissbier and traditional German music to celebrate Oktoberfest! | \$90 pp (see below event if you are parents)

E: laura.constantin@rosewoodhotels.com

Kid's Hawaiian Luau Pool-side Party

Oct 16th and 17th

Luau Party

6:45 to 10:00pm | Explorers Club for drop off and collection

We are hosting a Hawaiian Luau by the pool so the kids can enjoy limbo dancing, party games, dinner and a screening of Moana to end the evening!

\$55 Members | \$65 Member Guest - includes dinner, juice and

all the props!

Explorers In Motion Events register here.

"Parent's Night Out" Pumpkin Carving

Wed, October 21st

Pumpkin Carving

6:00pm to 9:30pm | Explorers Centre \$60 Members | \$70 Member Guest - to include take-home pumpkin and dinner

Explorers In Motion Events register here.

E: camps@inmotionbda.com

"Parents Night Out" Neon Glow Party Games and Fun

Fri, Oct 23rd

Neon Glow Party

6:45pm to 10:00pm | Explorers Centre

Our young members will light up during this fun night that includes glow sticks, crafts, games, popcorn, dinner and more. Enjoy date night while your little one is entertained at the Explorers Club!

\$55 Members | \$65 Member Guest - to include glow sticks, games, popcorn and dinner

Explorers In Motion Events register here.

E: camps@inmotionbda.com

Terrifying Trivia!

Wed, Oct 28th | 7:00pm | Sul Verde

Join us for a quiz night at Sul Verde, tables of up to ten and \$10 to play E: melody.linberg@rosewoodhotels.com

A Haunted Storytelling Dinner

(Adults only!)

Fri or Sat, Oct 30th or 31st

Haunted Storytelling Dinner

7:00pm to 10:00pm | Island Brasserie | \$95 per person

A delectable three course meal with the thrill of terrifying Ghost Stories

brought to life by Kristin White from Haunted Tours

E: serge.bottelli@rosewoodhotels.com

Trick or Treat Halloween Disco

(Kids only!)

Fri or Sat, Oct 30th or 31st

Trick or Treat Disco

6:45pm to 10:00pm | The Ballroom | \$65 per child including dinner
Enjoy the thrill of trick or treat across the resort, then back to the ballroom
for a ghostly disco and spooky dinner! Costumes, masks and
loot bags a must!

\$65 Members | \$75 Member Guest

Explorers In Motion Events register here.

E: camps@inmotionbda.com

Halloween Family-Style Costume Brunch

Sun, Nov 1st

Halloween Brunch

Sul Verde | 11:00am or 1:00pm or 3:30pm | A: \$90 K: \$40
Featuring the Thriller Dancers! Served at the table family style. Enjoy lunch
with some scary skeletons!

E: serge.bottelli@rosewoodhotels.com

"Top of the Pops" - Live Music Quiz with DJ Felix

Weds, Nov 4th – Beach Club Weds, Nov 25th – Sul Verde Weds, Dec 16th – Sul Verde

Music Quiz

An evening of mind-bending pop trivia questions.

7:00pm arrival | 7:30pm Quiz - \$75 for Music Quiz and 3 course dinner Hosted by Bermuda's premier DJ, Felix will take you through the 70's 80's and 90's in this unique quiz.

E: melody.linberg@rosewoodhotels.com

But wait there's more...

November is around the corner

So save the dates!

Every Friday in November

"Parents Night Out"

A different them each week drop the children off at 6:30pm and pick-up is at 9:30pm

Dinner and drinks included. Prices vary based on activity.

E: camps@inmotionbda.bm

Laurent-Perrier Champagne Tasting And Small Plate Food Pairing

Sun, Nov 15th - 3:30pm to 6:30pm

The Conservatory Bar with Live Music from Steve Crawford \$230 per person | Limit of 50 people

RSVP: serge.bottelli@rosewoodhotels.com

Family Centre Annual Fundraising Dinner

Passport Around the World - Fri, Nov 20th

The Ballroom and Gallery

Receive your passport and enjoy selected food pared with drinks from around the world, all the while supporting the Family Centre charity.

Thanksgiving

Wed, 25th - Music Quiz with DJ Felix

Thurs, 26th - Thanksgiving Dinner at Island Brasserie

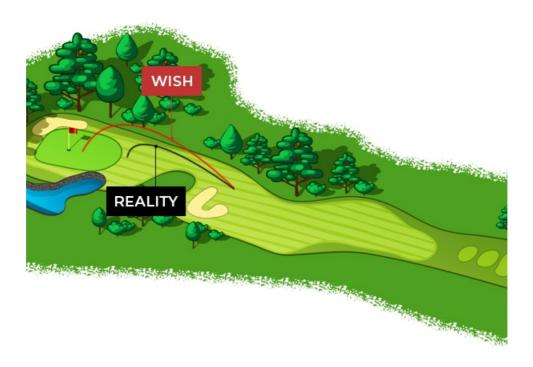
Fri, 27th - Dinner and Request Night with Tony Bari at Island Brasserie

Sat, 28th - Gombey's and Swizzle on the Croquet lawn

Sat and Sun 28th and 29th - 1:00pm to 5:30pm - Weekend Kid's Club

Know your game Was it ego?

Your ball is soaring high and straight on line towards the flag. You swivel the iron in your hands with satisfaction. But it lands short. You're shocked. It's a still day, there's no elevation difference, what went wrong? Ego could be the culprit.



Many golfers base their carry distances on a perfect strike, rather than how they USUALLY strike the ball. And because of that, they often take too little club. Knowing how far you hit every club is going to save you shots, and shocks. If you're unsure about your true carry distances, then when we next see you, let's talk about it, or

Start a conversation now >

Get stronger, go longer More power with less effort

The core – trunk and hips – forms the base of any dynamic movement, like the golf swing. The stronger it is, the more easily you can generate power and distance.



Plank for extra yards

A strong core helps you generate more swing speed. The plank is a simple yet effective way to strengthen it.





If you're unsure how to perform this exercise, please ask a fitness expert.

They can also show you progressions if you want more of a challenge.



More ways to work your core

The plank is just one of many core exercises. Check out these other great options.

Learn more >

Build your core and go longer

If you're interested in how better fitness can improve your golf and your health, we can help you get stronger.

Contact us >









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