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Friday, April 19, 2024

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Welcome aboard!

Congratulations to our new Metropolitan Board Members

Captain: Ioannis Kritzas

Vice Captain: Spiro Bouloukos

Others:

Dave Heron

Steve Moubray

Greg Nichollas

Thank you to **James McNab** for a great two years as Captain! His hard work and dedication to the club will not be forgotten. It is the end of an era, but we look forward to new beginnings and wish Ioannis Kritzas the best of luck in filling the Captain's shoes!



League news

The **Met Ladies Bronze League team** lost 1 – 2 to Parow at Clovelly country club on Tuesday. Debbie Gibb and Lexi Swanepoel won their match 1 up on the 18th hole. Angie Kaplan and Sue Moubray were close behind losing only 2 down on the 18th. Well done to Penny Murdock and Heather Stewart who also held on with only 3 holes to go! The course was in excellent condition and fun was had by all!

Cape of Good Hope Wine Series

The **Cape of Good Hope Wine Series** final is taking place here at the met on Tuesday the 27th!

Good luck to Clifford Mijlof and Richard Felder, and to Jarryd Phillips and George Norris who will be representing the met!

Kit yourself out for summer



It won't be long before we break down the wall to our new Pro Shop! Look out for the signs in the shop and take advantage of these unbelievable prices before it's too late!

Polos from **R300**

Shorts from **R399**

Trousers from **R499**

Golf bags from **R1850**

15% off all hats

Due to popular demand...



The days of digging through buckets to find your experienced golf balls are gone! They are now pre-sorted and packaged for you to grab and take out onto the course!

Packs of 6 (**R60**) and 12 (**R120**).

[Reserve yours >](#)

Do you feel lucky?

It's that time of the year again! Enter for the Met Ladies Open Raffle for a chance to win big! Remember, it's for a great cause!

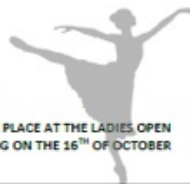
WIN A DAY AND NIGHT OUT IN CAPE TOWN!



- ONE NIGHT STAY FOR TWO IN A SEA FACING ROOM AT THE PRESIDENT HOTEL IN BANTRY BAY (INCLUDING THE PRESIDENTS FAMOUS BREAKFAST)
- A ROUND OF GOLF FOR TWO AT THE METROPOLITAN GOLF CLUB IN MOUILLIE POINT
- DINNER FOR TWO AT GOLOSSO IN SEA POINT

TICKETS - (1) FOR R100 / (3) FOR R200

IN SUPPORT OF:



*DRAW WILL TAKE PLACE AT THE LADIES OPEN PRIZE GIVING ON THE 16TH OF OCTOBER

[Get your ticket >](#)

Who's been winning at the Met?

Monday School

4 Ball Alliance – 2 X Scores To Count

Luis Rosa, Stefan Malherbe, Dave Heron and Alec Ilic - **90pts**

Wednesday Members Competition

Betterball Stableford

Trevor Potheary And John Crawford - **45pts C/I**

Thursday Members Competition

Betterball Stableford

Mickey Forge And Dave Herron - **47pts**

Saturday (AM) Members Competition

Betterball Bogey Plus

Gary Light And Grant Muller **+9**

Saturday (PM) Members Competition

Betterball Bogey Plus

Steve Moubray And Paul Danielz **+11**

Shooting between 85 & 100?

Then you'll get the most benefit from a fitting

Too many golfers think that a fitting is for the very best players. In fact, if you're shooting between 85 and 100, you'll see a much bigger difference to your scorecard than anyone else if you play with fitted golf clubs.



Clubs that fit your swing, size, athleticism, and your strength will not only minimise the impact of poor shots; they will make it easier to develop a better swing technique.



If hole after hole, you're hitting
fairway after fairway
how great is the game?

It's not so much that you've found the fairway that's enjoyable (although it is). It's the fact that you've set up an approach shot to the green and it's now all about opportunity and not recovery.



More fairways?

We're not trying to turn most of you into a Tour Professional. We help you find ways to get more fulfillment out of your experience on the golf course. If you want to find more fairways off the tee, then we're ready and waiting.

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GOLF CLUB**

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